

HEALING ESSENCES FROM THE HEART OF NATURE



Our Personal Favorites

This month, all of us at Alaskan Essences would like to share our personal favorites with you and offer them at a 25% discount!

Read our stories and experiences below!

These Products are Discounted by 25% thru October 31

Yarrow • Sphagnum Moss • Bog • Mangano Calcite Beyond Words Communication Formula & Spray Soul Support Emergency Formula & Spray Animal Care Rescue Formula & Spray

This discount may **NOT** be combined with any other customer discounts Click <u>HERE</u> to find these special essences in the <u>ONLINE</u> STORE.







Yarrow

Sphagnum Moss

Beyond Words

Derek (shipping associate): <u>Yarrow</u>

"Yarrow was my first experience with flower essences. When I came to work at Alaskan Essences I started to work with the flower cards and Yarrow often came up for me. It was tapping me on the shoulder, but I was new to the process and didn't really understand what was happening. After speaking to my team members, and diving in deeper, I started to realize why Yarrow was coming up, and why I needed it. I never realized the extent of energy I was taking on, and I certainly didn't understand that I needed assistance with my sensitivity, but Yarrow was extremely helpful in figuring out how to create better boundaries for myself. It continues to come up at different times for me and has always been an important essence as I continue to work with the Alaskan Essences. I am, as we all are, a work in progress."

Jeanne (production manager): <u>Sphagnum Moss</u>

"I was pondering what my go-to essence is. I really love them all and co-workers joke that what ever essence we are talking about in the moment is my favorite. I say, "Oh, that's one of my favorite essences!" So the one that stands out for me now is Sphagnum Moss. Over the years, day in and year out, there are moments when I will hear my inner voice being critical or judgmental of some aspect of myself. When I observe this critical voice speaking up, I will remember that I have Sphagnum Moss as an ally. I put a few drops under my tongue and a few into my water bottle. In most situations this helps me shift quickly from criticism to loving kindness."

Merle (office manager): <u>Beyond Words</u>

"I am a wildlife photographer. I love our Mother Earth, and I do art shows in which I sell my photographs. In talking with people during these shows, I am often shy and a bit reserved, maybe even private. I can say that for obvious reasons, Beyond Words 'Communication Formula' is very helpful. I take the drops and use the spray in my booth at every show. Beyond Words helps me communicate authentically and from the heart. It helps me organize my thoughts to answer the questions I get about where, why and how I get my photos. It also makes it easier to speak with people who have different views on wildlife and the importance of preserving the natural environment. Using Beyond Words, I am more comfortable in my own skin. I listen better and I can respond with awareness and guidance. It makes my experience much richer and more successful."







Bog

Soul Support

Mangano Calcite

Kelly (production assistant): Bog

"I become most delighted in my day when the environmental essence, Bog, is in the run to be mothered (that's what we call the process of making stock bottles). I immediately feel **the deep embrace of maternal nurturing**, the mother earth kind ...like I am being given a long warm hug under a waterfall. My mind rests, the chatter stops, and I AM. I AM ultimately love and loved. This sweet feeling settles deep in my heart and into my individual cells. I feel welcomed amongst the fairies. We frolic among lush orchids...serendipity lingers...and everything just seems at peace in the world."

Kirk (shipping manager): <u>Soul Support</u>

"One of my Alaskan Essences favorites, certainly what I use most frequently, is Soul Support 'Emergency Formula.' It's often the first thing that comes to mind in stressful situations, whether for myself or a loved one. I've used Soul Support prior to and during difficult conversations to help me be as calm as possible and to help me settle down after them. I offered Soul Support spray to a family member who received bad news and to a friend after she shared about the challenges in her life. It was close at hand during the process of a friend crossing over. Soul Support Spray has helped me to be more relaxed as I prepared to go to the dentist and while sitting in the chair. The drops calmed me as I prepared to see my doctor. The spray is part of my preparations for doing healing work and is nearby if needed while in session. When our Brittany Spaniel gets more excited than usual, spraying Soul Support onto my palm before petting him, helps to calm him. Bottles of Soul Support are located at different places throughout our home as well as in our vehicles. Whether I use the drops or the spray is mostly a matter of what is available at the moment and the circumstances. I've found both to be very effective."

Judith (director): <u>Mangano Calcite</u>

"Many years ago during a very difficult time in my life, my best friend sent me a tiny package with two gemstones. He said, "I don't know why, but these wanted to be with you so I sent them." When I unwrapped and held the gemstones I immediately felt an emotional wave go through me. The Mangano Calcites were saying 'all is well now, you're safe'. Since then, every time I select essences for clients, I know that when Mangano Calcite gem elixir comes up, the person needs the comfort of feeling safe no matter what emotional turmoil is going on."



Suzie, Molly, Conner and Carla (team members): Animal Care Last but not least, our hound Suzie, our mule Molly, and the two recently adopted Percherons from the draft horse rescue, Connor and Carla, have favorite essences. Okay, we know they are not really staff, but they are definitely part of the Alaskan Essences team. Suzie keeps Judith company in her office and she loves to be petted by anyone coming in. The horses are always a great go-to for anyone on a break and they don't mind a good scratch on the head or belly! They all agree that when they came here, receiving Animal Care 'Rescue Formula' as the first line of support helped them make the transition into their new life.

SHOP: Flower Essences, Gem Elixirs, Environmental Essences, Combination Formulas, Sprays, Hydrosols. DOWNLOAD: <u>Catalog</u>, <u>Cross-reference</u> and <u>Brochures</u>.



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