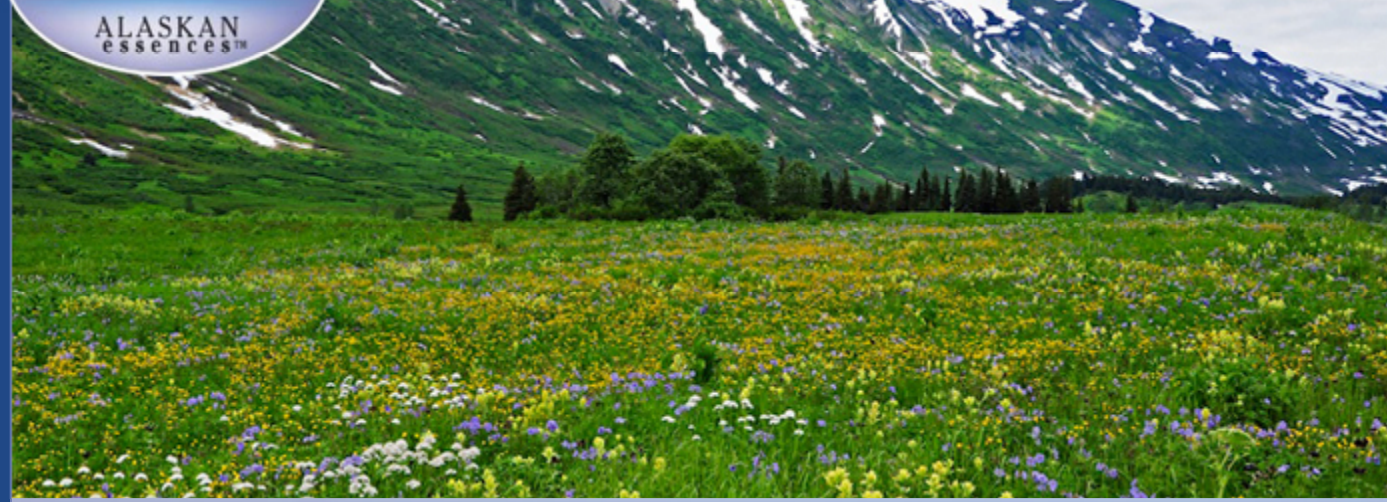




HEALING ESSENCES FROM THE HEART OF NATURE®



November 2016 Specials

Releasing Emotional Trauma

Unresolved trauma is essentially life experience that has not yet been integrated. Emotional trauma can be difficult to integrate because of the associated pain and suffering that is imprinted in the nervous system and on our cellular memory. All trauma has an emotional component, but emotional trauma feels more personal and it is often amplified because so many people have had similar experiences with the same painful results. It is therefore important to strengthen our emotional boundaries before we begin the process of releasing this kind of trauma.

The following essences can help us build up our emotional boundaries, restore the integrity of our auric field, and increase the balance and stability of our heart and physical bodies so we can more easily release emotional trauma from all levels of our being. These essences are discounted by **25%** in the month of November.

Balsam Poplar • Covellite • Rhodochrosite River Beauty • Yarrow

1/4-oz/7.5ml stock regular: \$9.45 - **Special \$7.09**

1-oz/30ml stock regular: \$13.95 - **Special \$10.46**

Soul Support

1/4-oz/7.5ml stock regular: \$9.95 - **Special \$7.46**

1-oz/30ml stock regular: \$14.95 - **Special \$11.21**

****Purchase all six of these specially discounted essences and receive them in a sturdy and attractive kit box.**

This discount may NOT be combined with any other customer discounts.

Balsam Poplar

Covellite

Rhodochrosite

Balsam Poplar is particularly helpful for those who have experienced some sort of sexual or physical abuse in their lives, especially when the trauma from this experience has begun to affect the functioning of the body in some way. In such instances, the essence can also be used externally by adding it to a massage oil or to the bath to help release the impact of this trauma from the physical body.

Covellite addresses feelings of vulnerability. The degree of vulnerability we feel is directly related to the integrity of our energy field, which can be compromised by past trauma and injury. Covellite works to rebuild the energy matrix in the areas of the aura that have been the most impacted, so that instead of feeling vulnerable and reacting defensively, we feel solidity and strength.

Rhodochrosite increases energy, balance, and stability in the heart and the physical body after an emotionally shocking or traumatic experience. It softens the sharp pain that comes from such an experience and helps us release any energy of conflict so our healing can proceed. In all cases, Rhodochrosite works to strengthen the heart to the point where we can move past our pain and trauma to a place of feeling whole again.

River Beauty soothes the effects of emotional abuse and trauma and supports the necessary process of emotional reorientation and recovery one must go through after the shock has passed. It can also be used to help us release the powerful emotions of grief and sadness and exchange them for the clear and vibrant energy of nature.

Soul Support is our emergency care formula. It can be used to help us maintain our emotional strength, balance and stability during and after any kind of traumatic situation, including accidents, injuries, violent outbursts, arguments, and disagreements. In addition, our Soul Support Spray can be used to calm, ground, and center the energy in the environment and is useful when oral application is impossible or inconvenient.

Yarrow helps us understand the origins of difficult or traumatic experiences. It shows us that beneath each event there was a part of our energy field that was not intact and this played a part in attracting the traumatic experience to us. The essence then helps us restore the integrity to this part of our field so we can proceed to understand the lesson contained within the experience and shift the whole process to completion.

River Beauty

Soul Support

Yarrow

Don't miss our FREE WEBINAR on Releasing Emotional Trauma with the Alaskan Essences

Saturday, November 19 - 11:00 am to 12:30 pm MDT - 90 minutes

In this webinar Steve Johnson will share his insights on the topic of emotional release and offer in-depth information on how these six essences can help us conclude with a Q&A session where attendees can submit questions via chat to Steve. Registration is now open. Please click [here](#) to register.

New Interactive Product Catalog

Our new Product Catalog contains up to date information on all of the essences, sprays, and related products that we currently offer. The catalog is free and you can view it online or [download it in PDF format](#).

Follow us on [Facebook](#) to learn more about Alaskan Essences products, trainings & special discounts.

Visit our [Online Store](#) to purchase these and other exciting Alaskan Essences products.

Alaskan Essences Inc • 2365 Red Crow Rd • PO Box 1090 • Victor MT 59875
www.alaskanessences.com • inquire@alaskanessences.com • 800-545-9309

This email was sent to [member_email]. To ensure that you continue receiving our emails, please add us to your address book or safe list.

[manage](#) your preferences | [opt out](#) using TrueRemove®
Got this as a forward? [Sign up](#) to receive our future emails.

