



HEALING ESSENCES FROM THE HEART OF NATURE®



November 2014 Specials

Centered in Gratitude

The season of gratitude is upon us. Being grateful enhances our quality of living by shifting our focus to the abundance already present in our lives. When our perspective shifts to one of focused gratitude, we see bounty where we once saw lack, we find meaning and insight where we once saw hardship, and we find acceptance where there was once resistance. With this innermost shift, our outer lives change. This simple yet profound centering into gratitude helps us cultivate mindful peace and contentment. We feel happier, our relationships deepen, our health improves and our stress is reduced. The following essences encourage our ability to make the inner shift that allows us to center ourselves in gratitude, as they provide the support, nourishment and change of perspective required to embrace the positive in our lives.

This month we are discounting the following essences by **25%**:

Blueberry Pollen • Bog Blueberry • Cow Parsnip • Rock Spring Spectrolite • Spiraea • Sweetgrass • Turquoise

1/4 oz/7.5 ml Stock Regular: \$8.45 - **Special \$6.34**
1 oz/30 ml Stock Regular: \$13.45 - **Special \$10.09**

**Discount may NOT be combined with any other customer discounts.

Blueberry Pollen

Blueberry Pollen encourages expansion to accommodate the abundance of universal energy available to us in every moment of our lives. This essence helps us challenge deeply held beliefs about the limitations of the physical world, so we attract and receive all that we require and desire to live our lives to their fullest.

Bog Blueberry

Bog Blueberry helps us open our minds so that the bounty of the universe can flow through us without limitation. It teaches us to unconditionally accept the abundance that is offered, and give the appropriate response for what we receive through a conscious attitude of gratitude.

Cow Parsnip

Cow Parsnip heightens awareness of inner strength, promotes a sense of contentment with the present moment, and encourages peace of mind, even during times of transition and change. It is through an awareness and acceptance of the perfection of each present moment that we are able to access the support and energy we need.

Rock Spring

Rock Spring essence opens us to the abundant generosity of Nature. It encourages us to be open to pleasant surprises, windfalls, and altruism from others. It helps us understand that manifestation is really about aligning with the flow coming from Source, allowing it to pass through us on its way to somewhere else.

Spectrolite

Spectrolite renews and refreshes one's perspective promoting deeper levels of meaning in life's events, helping us see the magnificent in the mundane, and the Divine in the ordinary. This essence bathes and nourishes the entire energy system with full spectrum light.

Spiraea

Spiraea opens us to an awareness of nurturing—the process whereby all living things nourish one another through continual stages of growth. Spiraea suggests that we offer ourselves to be a channel for this nurturing energy, allowing it to flow, unhindered, to where it is needed, helping others do the same.

Sweetgrass

Sweetgrass connects us to the spiritual realms and clears a pathway between the cosmos and our physical bodies so that its benevolent blessings of light can be received in the deepest way possible, so that inharmonious energies do not have a chance to become part of the physical structure.

Turquoise

Visit us on Facebook!

Turquoise helps us establish a personal connection to Soul of the Earth and attunes our energy field to the ancient wisdom and sacredness inherent in all of life, aligning us fully with Spirit. Turquoise helps us live a life of simplicity, full of gratitude and reverence for All.

Visit our Online Store!

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