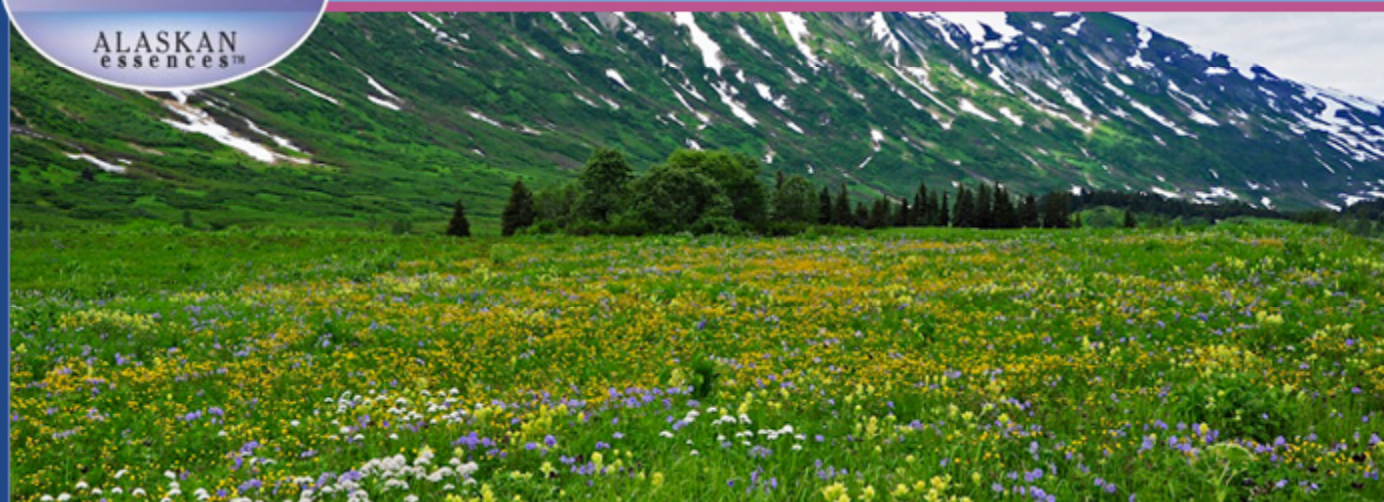




HEALING ESSENCES FROM THE HEART OF NATURE®



## June 2015 Specials

### Building Self-Esteem

Our self-esteem affects all aspects of our lives, including our mood, energy level, state of mind, and our ability to successfully face daily challenges. Low self-esteem can lead to anxiety, depression, relationship issues, and may ultimately contribute to illness or disease. With positive self-esteem we are able to keep our energy levels up, live our lives with appreciation and gratitude, and form and maintain healthy relationships.

The following six essences can help us build self-esteem by encouraging the release of a negative self-image and tendencies towards self-judgement and criticism. They promote the clarification of our true values, help us build functional boundaries, and strengthen our self-trust and confidence in all situations. These six essences are offered at a **25%** discount during the month of June.

**Purchase all six of the discounted essences and receive them in a sturdy and attractive kit box!**

**Columbine • Gold • Pasque Flower  
Pyrite • Tamarack • Tiger's Eye**

1/4-oz/7.5ml stock regular: \$8.95 - **Special \$6.71**  
1-oz/30ml stock regular: \$13.45 - **Special \$10.09**

\*\*This discount may NOT be combined with any other customer discounts.

	<p><b>Columbine</b> helps us see and appreciate the most valuable part of ourselves—the eternal soul that shines from within. It helps us strengthen our sense of self, reminds us to be uniquely ourselves and encourages us to radiate our beauty and uniqueness into the world without concern.</p>	
Columbine	<p><b>Gold</b> empowers us to access and bring forth into physical reality the highest aspects of our personal identity. It helps us nurture our inner value from its smallest manifestation to its fullest potential by encouraging us to go within and find our true value in every situation.</p>	Gold
	<p><b>Pasque Flower</b> helps us create and maintain security through functional energy boundaries. These energy boundaries help us protect and preserve our self-respect, confidence, and inner value so that we are able to maintain our deepest sense of personal identity in every situation.</p>	
Pasque Flower	<p><b>Pyrite</b> strengthens self-esteem and self-trust, especially with regard to group dynamics and peer pressure. It helps us solidify our values so we can build an energetic foundation for our lives based on our highest personal truth.</p>	Pyrite
	<p><b>Tamarack</b> helps us maintain a conscious, grounded connection with the source of our individuality. It strengthens our ability to know our true selves and our unique abilities. It also helps us trust our inner feelings and call on this trust when we are challenged to move forward into potentially vulnerable places in our relationships with others.</p>	
Tamarack	<p><b>Tiger's Eye</b> helps us maintain a strong sense of self when dealing with powerful emotions such as anger, fear and jealousy, by redefining the energetic boundary between our emotional experiences and our true natures. We are then able to accommodate everything that is present in our lives right now and attract what we want in the future from a place of strength and clear inner knowing.</p>	Tiger's Eye
<p>Join us on <b>Facebook</b> to learn more about the Alaskan Essences in fun and exciting ways.</p>		<p>Visit our new <b>Online Store</b> to find these and many other Alaskan Essences products.</p>

Alaskan Essences Inc • 2365 Red Crow Rd • PO Box 1090 • Victor MT 59875  
[www.alaskanessences.com](http://www.alaskanessences.com) • [inquire@alaskanessences.com](mailto:inquire@alaskanessences.com) • 800-545-9309

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Got this as a forward? [Sign up](#) to receive our future emails.

