



HEALING ESSENCES FROM THE HEART OF NATURE®



February 2015 Specials

Wholehearted Living and Loving

The women of the Alaskan Essences production team have long been inspired by the wisdom of Brene Brown and these words from her book, *The Gifts of Imperfection: Let Go of Who You Think You're Supposed to Be and Embrace Who You Are*. "We cultivate love when we allow our most vulnerable and powerful selves to be deeply seen and known, and when we honor the spiritual connection that grows from that offering with trust, respect, kindness and affection. We can only love others as much as we love ourselves."

In honor of our production team and the intention to live and love wholeheartedly, we have chosen some essences to help us cultivate a loving, open and vulnerable relationship with ourselves, and to enrich our lives with the awareness that we are worthy of loving and of being loved deeply.

This month we are discounting the following essences by **25%**:

**Alpine Azalea • Columbine • Emerald • Harebell
Mangano Calcite • Pasque Flower • Rose Quartz • Vesuvianite**

1/4 oz/7.5 ml Stock Regular: \$8.95 - **Special \$6.71**

1 oz/30 ml Stock Regular: \$13.45 - **Special \$10.09**

**Discount may *NOT* be combined with any other customer discounts.



Alpine Azalea is for those who live in an attitude of conditional self-acceptance. As we learn to hold the totality of who we are in a loving regard, we are able to draw more and more of the spirit of love into our bodies, where it can serve as a powerful source of healing for ourselves and others.

Alpine Azalea

Columbine is beautiful in that it's perfectly itself, expressing itself in a natural fashion. It teaches that the unique spiritual qualities that come through each person are not limited by any perceived physical imperfections. It asks us to send a powerful projection of who we are out into the world for all to see.

Columbine

Emerald is for those who live in isolation, and who often feel separate and detached from their surroundings and even from the planet. It helps us experience a strong flow of love and gratitude coming directly from nature to our hearts. It communicates a very strong message that the Earth is indeed our home and that we have every right to be here, and helps us trust that unconditional love and support will always be available to us.

Emerald

Harebell

Harebell helps us open ourselves completely to the experience of Universal Love. It asks us to redefine our perceptions about receiving love so that we may more clearly sense, feel, and embody the love that is flowing to us. It teaches us to look within to find the love we seek, instead of looking for love outside of ourselves.

Mangano Calcite

Mangano Calcite is a gentle, protective energy that helps us experience absolute safety in the heart. It works with the heart chakra to create a womb-like matrix for healing, and helps us maintain compassion in the midst of emotional pain.

Pasque Flower

Pasque Flower is for shyness and sensitivity to physical contact. It helps us create and maintain security through functional energy boundaries, so that we feel respected, appreciated and protected. When in this safe place we are able to maintain our deepest sense of personal identity in all situations.

Rose Quartz

Vesuvianite

Rose Quartz strengthens and stabilizes our hearts so we can let more love into our lives. As we allow this flow of loving energy to increase, the defensive energies we put into place to protect our hearts are gently cleared away. It surrounds our inner child with a constant vibration of love and protection, encouraging us to relax and trust that all is well.

Vesuvianite opens the heart chakra to accept a stronger flow of loving energy coming up from the Earth and down from the higher realms, and helps us find a new level of strength and stability within this flow. We are then more able to form deep heart-centered loving relationships and embody the love that we feel for people, and that they feel for us.

Visit and like our [facebook](#) page. This is a great place to learn how to use the essences in your daily lives, and to participate in conversations with others who use our essences.

Visit our [Online Store](#) to find these sale items and many other exciting Alaskan Essences products. See the [News Flash](#) below for an update about our Website and [Online Store](#).

NEWS FLASH: We have a **NEW WEBSITE** coming this month!

Many gifted hands are hard at work on our new Website and Online Store. The new site will offer a much more enjoyable and streamlined user experience. We will be sending you a new sale announcement with product links in the **NEW Online Store** as soon as the store is online and fully operational.

Stay tuned to your email box for this and other exciting information!

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