



HEALING ESSENCES FROM THE HEART OF NATURE®



## February 2014 Online Specials

### Cultivating Self-Love

In the month of February we turn our focus and attention to the healing energy of love. Strong and healthy self-love is central to achieving any manner of worldly success, as well as physical, emotional, and mental well being. Self-love is not something we need to acquire, it is something we need to remember, reclaim and practice on a daily basis. The following essences assist us in this practice. They help us accept all parts of ourselves, embrace our worthiness and magnificence, and support the process of releasing self judgment, criticism and feelings of failure or inadequacy. They also help us learn to cultivate personal affection, appreciation and gratitude for our uniqueness, and most importantly, open our hearts to the love that is available to us from other humans, nature and the Divine.

*"Self-love is the source of all our other loves." ~ Pierre Corneille*

This month we are discounting the following essences by **25%**:

**Alpine Azalea • Chrysocolla • Columbine • Emerald Harebell • Self-Heal • Sphagnum Moss • Vesuvianite**

1/4 oz/7.5 ml Stock Regular: \$8.45 - **Special \$6.34**

1 oz/30 ml Stock Regular: \$13.45 - **Special \$10.09**

Valid only for orders placed through the **ONLINE STORE**.

\*\*Discount may not be combined with any other customer discounts.

<b>Alpine Azalea</b>	<p><b>Alpine Azalea</b> is helpful if you live in an attitude of conditional self-acceptance. This attitude maintains an imbalance within the heart that prevents your vital life force from circulating throughout all parts of your physical body. This essence reconnects you with the vibration of love in a way that releases old patterns of self-doubt so that the vital life energy within you is strengthened.</p>	<b>Chrysocolla</b>
<b>Columbine</b>	<p><b>Chrysocolla</b> Opens, softens, and expands the inner dimensions of the heart chakra and releases tension and armoring around giving and receiving love. Increases flexibility in the mind and body to allow the vibration of love to flow. Clears blockages and opens new energetic pathways so your emotional energies can flow through your heart into the Earth.</p> <p><b>Columbine</b> expresses its unique beauty in a natural way. It reminds us to be as nature guides us to be, to be uniquely ourselves and to appreciate that uniqueness, regardless of how it differs from the norm. This essence will help you strengthen your sense of self, of who you really are, and encourage you to radiate that truth into the world without concern.</p>	<b>Emerald</b>
<b>Harebell</b>	<p><b>Emerald</b> is for those of us who live our lives in isolation from others, and who often feel separate and detached from our surroundings and even from the planet. Emerald encourages you to relax and surrender to the support and energy of the Divine Mother as She is manifested through all of the kingdoms of nature, and will help you learn to trust that unconditional love and support is always available.</p> <p><b>Harebell</b> invites you to open yourself completely to the experience of Universal Love. It asks you to look into those areas where you are resisting love and helps you to redefine your perception about receiving love so that you may more clearly sense, feel, and embody the love that is flowing to you.</p>	<b>Self Heal</b>
<b>Sphagnum Moss</b>	<p><b>Self-Heal</b> is helpful when you doubt your self-healing ability, and have resistance to receiving healing energy and support from others. Self Heal promotes self-esteem, self-acceptance, and an expansion of love and compassion for oneself and will help you strengthen your belief in your body's capacity to heal itself.</p> <p><b>Sphagnum Moss</b> will help you turn judgment and criticism into unconditional love and acceptance. We often misinterpret a transformational experience as a sign of failure, leaving us filled with a sense of never being able to get it right. Sphagnum Moss will help you open your heart in that moment when the urge to judge or criticize appears, and transform that judgment into unconditional love.</p>	<b>Vesuvianite</b>
	<p><b>Vesuvianite</b> is an essence for those who have a highly refined vibration and a very strong spiritual focus in life, but are having difficulty forming deep, heart-centered relationships. It will help you create a new level of strength and stability in your heart so you can better embody the love you feel for others, and that they feel for you.</p>	

Join us on [facebook](#) for fun and educational information about the Alaskan Essences.

Visit our [Online Store](#) for these and other exciting Alaskan Essence products.

We are excited to announce our **2014 Practitioner Training Course** in Homer, Alaska, June 29th through July 5th.

**Book by February 15th and save \$275.00!!!**

Whether you intend to use essences for self-help, become a practitioner, or incorporate the Alaskan Essences into your existing practice, this training will help you become more confident and effective. In this special seven day seminar you will deepen your understanding of vibrational essence therapy, develop skills to practice more successfully, and learn to access the healing support of nature to enhance and bring balance to all areas of your life.

[Visit this link for more information](#)

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