

#### HEALING ESSENCES FROM THE HEART OF NATURE



## Supporting Well-being in Unprecedented Times

Life is always changing, but we are in unprecedented times for sure! It has brought us into new territory and suddenly we don't know how the future will look. The truth is that we actually never did, but at least we could somewhat anticipate what might occur in our lives over a stretch of time.

A lot of us are at home right now. Some of us are working from home, have lost our job, or are in quarantine or lockdown. Some of us are lonely and anxious not knowing how long this will take. Depending on where you are on the planet and what is going on around you, you may be experiencing grief and overwhelm, and resistant to the change occurring in the world and your life. On the other hand, positive experiences and improved personal connections may have shown up in your life because of the changes!

We can find comfort in knowing we are all in this together and in knowing there is eternal spiritual support available for us. We just need to fine-tune our awareness in order to feel it.

Essences made from Nature's kingdoms are helpful in these times. They help us stay connected to our Self and the Earth, particularly to the flow of Nature. This makes it easier to adapt, remain flexible and go with the flow. This month we are featuring six essences that are helpful for the feelings and emotions we may be experiencing right now and in the weeks to come. Some of the essences are grounding, some are comforting and uplifting, and some will help you find trust inside yourself. We're also discounting our soothing Calling all Angels Spray and uplifting Lighten Up Spray.

And, we are extending the March discount on the three key essences, Soul Support 'Emergency Formula,' Guardian 'Healthy Boundaries Formula' and Purification 'Space Clearing Formula.' Scroll down to the bottom of this email.

The following six essences are <u>25% off</u> through April 30th:

Single Delight • Bog Rosemary • Chiming Bells Green Garnet • Reindeer Moss 1/4-oz stock \$7.50 (regular \$10)

1-oz stock \$11.25 (regular \$15)

Fireweed Combo 1/4-oz stock \$8.25 (regular \$11) 1-oz stock \$12.38 (regular \$16.50)

Buy all six in one click! And receive them in a sturdy and attractive kit box.

Calling All Angels Spray • Lighten Up Spray 2-oz spray \$13.50 (regular \$18) 4-oz spray \$19.50 (regular \$26)

Click <u>HERE</u> to find these special essences in the <u>ONLINE STORE</u>.







Single Delight

Fireweed Combo Transformation Formula

**Bog Blueberry** 

#### Single Delight - support when feeling isolated and lonely

This flower essence is helpful for anyone staying home in isolation or quarantine. It is indicated when we are isolated and feeling alone, especially during a dark or depressing time or when we feel unable to sense or feel the connection with our soul family. This essence teaches us that the unwanted feelings can be healed by opening our hearts to the understanding that the experience of isolation is a result of our perceptual abilities not being used to their full capacity. Single Delight helps clear our inner vision so we may see and feel the network of light energetically connecting us with all living beings. It shows us that this light is always available, always shining, even into what we may consider to be the most shadowy realms of our existence. Its vibration brings a remembrance of the support we have always had, helping us replace our feelings of isolation with an experiential understanding of our connectedness with life.

## <u>Fireweed Combo</u> - maintaining balance and flexibility during times of rapid transformation

This combination essence of four fireweed species encourages and supports a deep process of transformation and renewal. It can be used to help you prepare for a transformational experience, but it is especially useful when you are in the middle of an intense healing process and need extra support to get through it. Fireweed Combo enables you to access the support you need to face your fears, let go of your resistance and allow the process to move forward through each stage to its completion. Using this formula will help you strengthen your grounding connection to the Earth so you will feel more stable and better able to cope with change. It enhances the transformative process by releasing layers of pain and emotional trauma that are being held at the cellular level of the body. It will help you stay engaged with the transformative process until you have resolved all of the issues connected to it, reconnecting you with the joy and happiness that are your birthright.

<u>Bog Rosemary</u> - release of fear through trust in our spiritual guidance This flower essence is helpful when we are immobilized by fears of the unknown. Any true experience of transformation requires us to transcend our known reality and venture into unexplored regions of ourselves. Our ability to move into and occupy these new inner spaces are often blocked by a deeply held fear of the unknown. The essence of Bog Rosemary strengthens the virtue of trust and extends its energy to our heart in a way that enables us to feel divine support while being present with our deepest fears. When we bring the light of awareness to where fear is held, it is released. Each time we are able to confront and embrace a new part of ourselves in this way, we allow a deeper penetration of the light. This action builds more trust in ourselves and in the light.



**Chiming Bells** 

Green Garnet

**Reindeer Moss** 

#### Chiming Bells - restoring an optimistic outlook on life

This flower essence brings a tonic and uplifting energy to the heart. It helps us reconnect with our true thoughts, feelings and life direction. It helps us reestablish peace and stability at the physical level of our beings and opens our lives to the experience of joy in physical existence—an experience that is our birthright. But most importantly, the essence of Chiming Bells is a vibrational bridge connecting us with a tangible source of support available to us at all times, no matter how lost we feel—the loving energy of the Divine Mother. As we allow her energy to penetrate and strengthen our hearts, we find hope, courage and a newfound ability to find our way with love. This is a great essence for when we feel sad and discouraged and when there is little or no joy in our day-to-day existence.

#### Green Garnet - reconnecting with the Earth

This gem essence is helpful when we feel disconnected from the Earth, and disoriented or easily overwhelmed. The essence of Green Garnet grounds our energy, focus and consciousness into the Earth plane. It facilitates vertical grounding and horizontal stability by working with the two way flow of energy and information between the heart and the first chakra. It helps us experience a soft and intimate relationship with the Earth and the present moment.

#### Reindeer Moss - acceptance of loss

This ancient plant can live over 100 years. It has seen and measured our collective evolution through the ages. The essence of Reindeer Moss opens our awareness of the continuum, of the eternal nature of life. It can help us understand ourselves and our history—what has been, what is, and what will be. Reindeer Moss also speaks about sustainability and renewal. It is one organism connected over millions of miles that sustains itself through this familial connection. The essence can help us link together with our neighbors in mutually supportive ways. It helps us establish a stronger and deeper sense of unity so we can move through the commonality of suffering to the commonality of purposeful re-creation. On a deeper level, Reindeer Moss addresses archetypal levels of grief and the severing of our connection to our homelands. It is applicable whenever there are events, natural or man-made, that occur on a scale that causes profound loss of life and property and a massive displacement of the population.

### Combination Formulas for added Support

<u>Soul Support</u> is our rescue life-line recommended for any stressful situation.

<u>Guardian</u> provides the protection of strong healthy boundaries.



<u>Purification</u> clears, balances and stimulates all levels of our energy system.



# Soothing and Uplifting Sprays for the Whole Family

<u>Lighten Up spray</u> enlivens and refreshes the energy in your house and workspace

<u>Calling All Angels spray</u> invites a soft, loving and serene energy before going to sleep

- Thank you for being patient while we operate with limited staff.
- Read more <u>HERE</u> about how to select essences for yourself.
- Sign up for a free three-day trial of our online <u>LivingBook</u>. The interactive cross-reference will keep you 'info-tained' as you learn about our essences.
- Check out the videos on our <u>YouTube channel</u>.

SHOP: <u>Flower Essences</u>, <u>Gem Elixirs</u>, <u>Environmental Essences</u>, <u>Combination Formulas</u>, <u>Sprays</u>, <u>Hydrosols</u>. DOWNLOAD: <u>Catalog</u>, <u>Cross-Reference</u> and <u>Brochures</u>.



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