

A Special Collection of Alaskan Essences, Combination Formulas & Sprays for Animal Health & Wellbeing

Why Use Essences with Animals?—The practice of using flower, gem, and environmental essences with animals is beneficial for two reasons. First and foremost, these gentle remedies from nature can bring healing and ease to all animals and help them to live full and joyful lives.

Secondly, by participating in an ongoing program of essence therapy for the animals in our lives, we are given a unique opportunity to gain a deeper understanding and appreciation of their rich soul lives, high intelligence, and evolutionary paths. This understanding can help us extend our love and concern for them in ways that will truly contribute to their well-being and happiness, and promote increased harmony in our families and on the planet.

Why Do Animals Get Sick?—In my essence consultations, I have never seen a case where emotional blockages were not a major contributing factor to the symptoms or behavior presented by an animal. Animals live very much in the emotional realm and are highly skilled at absorbing and reflecting the emotional energy of the people around them.

Difficulties can begin when an animal takes in more emotional energy than it is capable of processing or reflecting back. Eventually, physical symptoms can manifest that will be quite similar to those found in humans who are also dealing with emotional blockages.

Many animals, especially rescue animals, have also been deeply traumatized by a lack of emotional care and nurturing, and in severe cases, by an absence of the most basic physical necessities such as food and water. This kind of neglect can leave scars that, while not necessarily visible, can seriously affect an animal's behavior and sense of well-being for the rest of its life.

When animals get sick, I believe our primary concern is to discover and treat the root causes of their behavioral problems and illnesses. Vibrational essences are especially well suited for this task. They are easily combined with other healing modalities, and they do not interfere with, nor are they adversely affected by, homeopathic or allopathic remedies.

About the Animal Lover's Kit—Our inspiration for this kit was to offer a small and affordable collection of essences and sprays that could be used by anyone, regardless of their level of experience, to address a very wide range of issues currently facing our animal friends, both wild and domestic.

The decision on which essences and sprays to include in it was based on feedback from animal therapists, communicators, veterinarians and healers who have worked with the Alaskan Essences in their practices, and on my 30 years of consultations with animals.

Animal CareTM

Animal Care is a special blend of Alaskan flower and gem essences created to assist in animal rescue work, although it can be given to any animal in need. It was initially formulated by Andrea Freixeda, a biologist and Animal Rescue activist living in Sao Paulo, Brazil. This combination has a very wide range of application for both wild and domestic animals. It can be used in every situation of an animal needing care. In a rescue situation, it should be administered as soon as possible, preferably as the animal is being picked up. It can also be part of the long term care provided for any animal in a shelter, clinic, or sanctuary.

Use **Animal Care** for <u>domestic</u> animals who:

- Live in large cities, are restricted from normal contact with nature, and are alone for much of the day.
- Have been voluntarily given up to an animal care shelter because their owners can no longer care for them.
 - Have been abandoned and then rescued off of the street.
- Have lived in conditions where the care given them was inadequate, the living environment toxic, and the relationship with their humans abusive.
- Have returned to an animal shelter after adoption and are having difficulties being re-homed.

Use **Animal Care** for wild animals who:

- Are brought to a clinic because their habitat has been damaged or destroyed.
- Have lived in pet shops and subsequently in the homes of people, in isolation from other members of their own species.
 - Are agitated, irritated, and exhibiting aggressive behavior.
- Must be kept in captivity in a shelter, sanctuary, or zoo, because their injuries cannot be fully healed, and need to be handled in order to receive treatment.

Animal Care Spray

Our **Animal Care Spray** contains a small amount of two high quality organic essential oils: Lemon Grass and Roman Chamomile. These oils enhance the calming effects of the formula and add their refreshing qualities to the spray.

Mist the Animal Care Spray around the animal, on its bedding, and in its immediate environment. It will be especially helpful when you are working with injured animals, those behaving aggressively, and animals that are having difficulty settling down for the night.

Grove Sandwort

Grove Sandwort is the most important single essence in our system for animals. It works to heal separation anxiety, the source of many common problems and behavioral issues in domestic animals.

Separation anxiety can be understood in two ways. One is more physical and emotional and has to do with how well an animal was weaned. The main contributing factor in poor weaning is human intervention: simply put, the animal is taken away from its mother too soon. Another can be a large number of offspring that the mother unable, or unwilling to take care of.

Separation anxiety does not occur when there is a strong and clear energetic connection, which we call a bond, between the mother, her offspring, and the Earth. This connection happens automatically with wild animals living in intact habitats with little or no human interference. Domestic animals living in houses in the city with little access to nature will often have a harder time of it.

Grove Sandwort can help any animal establish or strengthen this bond with the Earth, regardless of how they were weaned, or their present age. Once this connection is established or reestablished, the animal will feel safer and more nurtured, and will interact more independently with their human companions.

There is also a second, more universal cause of separation anxiety. This is a deep, underlying anxiety from being disconnected from the wild habitat of their ancestors (wolves, big cats), the natural environment, and their known surroundings. In the most extreme cases, both levels can be present in the same animal. Humans can also suffer from separation anxiety and they will often attract animals that mirror their condition. When this happens, both animal and human will negatively reinforce this behavior in each other.

Grove Sandwort can bring a safe and secure earth connection to both parties, so they can become less dependent on each other, and enjoy a much more playful, relaxed and enjoyable relationship.

Guardian™

Guardian is for animals who don't feel safe and are displaying fearful or aggressive behaviors. These animals may have been abandoned, captured in the wild and forced into captivity, or have suffered some sort of shock or trauma that has weakened the connection with their natural environment, and therefore with their inner sense of security. Guardian will help these animals restore an energetic connection with their surroundings, so they can again feel the protection of their own guardian spirits and reclaim their energetic space.

Use Guardian with domestic animals who:

- Are afraid, timid, or skittish and are resisting human contact or feeding.
- Are over-reactive to influences in their environment and as a result are developing nervous conditions.
- Have been attacked and injured by other animals, and may be exhibiting aggressive behavior such as lunging and hysterical barking.
- Have just moved into a new home from an animal shelter or pet store and are having difficulty adjusting to their new surroundings.

Use Guardian with wild animals who:

- Have escaped from captivity and are defending themselves against those who are trying to rescue them so they can be treated and returned to their natural habitats.
- Must live in a shelter or sanctuary because their injuries won't completely heal, and are not getting along with the animals they are sharing space with.

Guardian Spray

Our **Guardian Spray** contains the essential oils of Himalayan Cedar, Lime, Litsea Cubeba, Melissa, and Tangerine. These oils enhance the protective and grounding qualities of the essences and add uplifting notes of joy and playfulness.

Use this spray when you want to invoke the energies of calm, stability, and security. Spray the animal's energy field and immediate environment.

Pregnancy Support

Pregnancy Support can be used to nourish, protect, and facilitate the entire pregnancy from conception to birth, for any animal. It can be used to:

- Help with conception
- Enable an animal who suffered a traumatic birth or upbringing to heal this trauma so they can offer a strong initial body/soul connection to their offspring
- Support the animal through all of the energetic and physical changes that are taking place during the pregnancy
- Strengthen the animal's connection to the earth so she can provide nurturing energy to all of her offspring

Application: Pregnancy Support can be given orally at either the stock or dosage level whenever needed.

This formula should not be used as a substitute for qualified veterinarian care or intervention.

Purification

Purification contains the four most powerful cleansing essences in our repertory. This formula helps animals release the physical, emotional, and mental energy they have taken on from other animals, humans, and the environment. It can also be used to cleanse and purify the environment the animal lives in, including, pastures, barns, and wherever animals are being housed or kept.

Use **Purification** to:

- Balance and stimulate renewal on all levels of an animal's energy field.
- Break up unhealthy patterns of energy in an environment where there has been neglect or abuse.
- Maintain vibrational cleanliness in shelters, veterinary clinics, kennels, and other facilities that have a high volume of animals coming and going.

Purification Spray

The **Purification Spray** contains the essential oils of Black Spruce, Frank-incense, Lavender Mailette, and Peppermint. These oils enhance the purifying function of the essences, and add clarifying, sanctifying, and refreshing qualities to the spray.

Use this spray to purify and recharge any environment where there is stagnant or toxic energy that is effecting an animal's well-being.

Soul Support™

Soul Support is an emergency care formula that can be used to bring balance, stability and strength to animals who have been involved in stressful or traumatic circumstances. It is especially helpful in the following situations:

- Accidents involving injury, shock and trauma
- Before, during and after routine visits to the vet
- Before and immediately after surgery and during recovery
- When any member of the family is hurt or when someone dies
- Before, during, and after transport of larger animals
- When the animal's family goes away on a trip and it is left behind
- After a family argument

Application: In acute or emergency situations, animals may be given several drops of the stock solution directly.

This formula should not be used as a substitute for qualified veterinarian care or intervention.

Soul Support Spray

The **Soul Support Spray** utilizes the clarifying properties of a very high quality organic Lavender oil from Kashmir.

This spray is especially useful for calming, grounding, and centering animals regardless of their situation or the energetic state of the environment they are in. It is also helpful when oral application of the **Soul Support** stock is impossible or inconvenient. Spray it on or around the animal and in the areas where they spend the majority of their time.

Guidelines for Application and Use

All of the products in this kit can be used directly from the bottle, at their existing level of dilution. However, for longer term use, dosage bottles may be prepared by following these directions:

Fill a clean 1 oz/30 ml amber glass dropper bottle with pure spring or distilled water and add two drops of each selected essence. We recommend adding 10% brandy or vegetable glycerine to preserve the clarity and stability of the dosage solution. Animals are generally more responsive to vibrational essences than humans. Because of this, the dosage cycle for an animal will usually be of a shorter duration.

In most cases, you will only need to add 2 drops from the dosage bottle to the food or watering container every time it is filled up, or at least once a day. If an animal is healthy enough, it will establish its own frequency of taking the essences. An exception to this is when you are treating an acute or emergency condition, or when the animal is not able to drink on a regular basis. In these situations, give the essences directly to the animal as often as necessary by placing the drops on a treat or inside the mouth.

Stock bottles are very concentrated and will last a long time even when they are used in an animal shelter or clinic. For example, a large facility with a central watering system would require only two drops of stock for each selected essence per day. Similarly, two drops of stock could be added to the water that is used to clean the facility.

Sprays are a great way to help animals who are unable to take their essences orally, and for those who are suffering from external injuries. Direct the spray to the animal's energy field and to where they spend the majority of their time. These sprays can also be used to maintain the overall vibrational cleanliness in animal shelters, veterinary clinics, breeding farms, barns, and any place where animals live.

The Animal Lover's Kit is available locally from:

"I want to thank you for the Animal Care Spray! It has been a godsend to me! My hypersensitive dog would just bark and bark at anything that moved. When I would receive a guest, she would bark the whole time they were there. Now everyone is calm and happy. My dog is a joy to be around and my guests don't mind coming by. Thank you from the bottom of my heart!"

"Animal Care has been used a lot at our rescue center, most often with abuse cases. We have found that the more acutely it is needed, the more dramatic the results are. Since our initial case was so successful (the dog was re-homed far sooner than expected), Great Dane Care has continued using this combination with similarly frightened rescues. We find it very reliable."

"Yesterday a Chickadee flew into one of the windows of our office. I went outside to find the bird lying on the ground and quivering. I picked it up and carried it inside and had a co-worker spray the outside of my hands with Soul Support. As the last spritz filtered its way in I could feel the little Chickadee start to move its feet and wings. We opened the door to the outside and up it flew to land in a tree. It was an amazing and immediate response to the support and healing that this spray provides!"

"A customer at our herb store had adopted a rescue cat who would not settle in her house and was peeing all over the place, so she came in to see us. We suggested the Alaskan formula Animal Care. Within a week she came back and said that the moment she started using the essence, she noticed a shift: the cat settled and stopped peeing all over and took to its litter box!"

Alaskan Flower Essence Project

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