

BAG OF MARSHMALLOWS STITCH GUIDE

by Fire and Iris Designs

SKU: FI-008M



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Stitch Guide

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About the Guide:

This is a low-stress guide. I'm including this in case you wanted to know what I used for my stitched example. Always feel free to use whatever fibers and whatever stitches you'd like. This is your project after all!

The way that my guides flow is that first, I provide a list of the threads I used. This way you can either purchase them or find ones that are similar in color. Next, I provide a layout of "stitch guide sections", which looks like a photo of the canvas with numbers transposed on top. This is my recommendation for the order in which to stitch the project in. Next, I'll go in order of the sections provided in the "stitch guide sections" page, and provide the thread used for that section as well as the stitch. With the stitch will be a stitch diagram to show you how to stitch that stitch if you are unfamiliar with it.

In this guide, I've also provided blank canvas diagrams (located at the end) – sometimes it can be helpful to draw the stitch first on a blank template prior to stitching.

In addition to this written guide, I also like to try to provide a video guide for all my stitch guides. This includes a video demonstration of some of the stitches used in the guide, as it can be helpful to sometimes watch someone stitch, particularly if it is new to you. You can find the link to this video guide on the back of the card that came with this canvas.

But above all, needlepoint should be fun, so don't stress! I like to try and provide as much information as I can, and as many options for learning as possible for those who want/need it. So, feel free to ignore any/all parts, and always feel free to change up threads and stitches – this is your project so make sure you're having fun with it!

Thread Recommendations (1 Skein or Card unless otherwise denoted):

(Note: you are welcome to substitute out fibers for ones you prefer/ones that are in your stash!)

Threads:

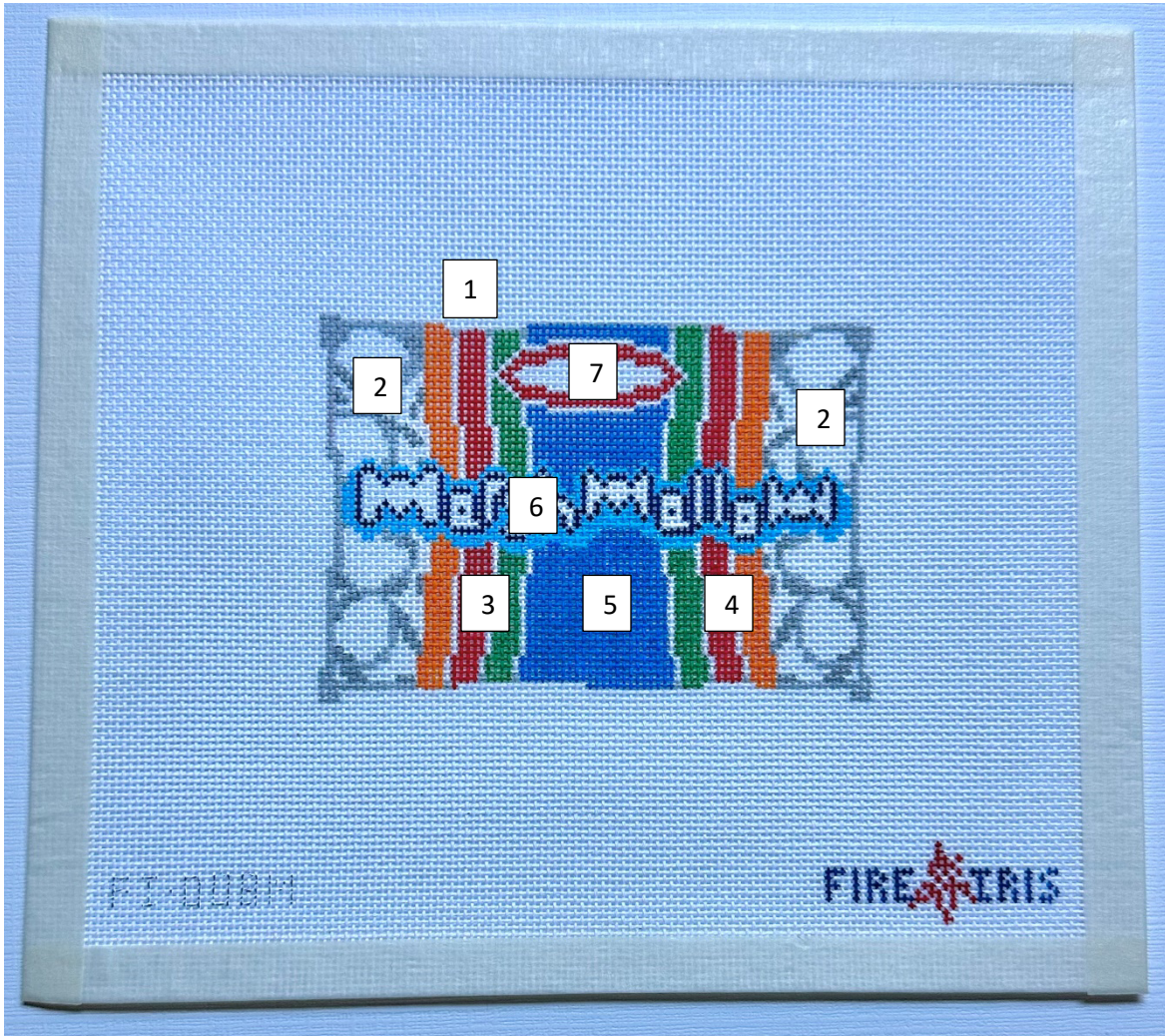
- Flair - Red (F529), Orange (F588), Green (F533), Light blue (F570), Dark blue (F562), White (F502), Gray (F590)
- Neon rays - dark blue (N106)
- Petite very velvet - white (V602)
- Pepper pot - salt (002)

For more resources regarding how to get started with needlepoint, including threading a needle, and tent stitches, you can visit: www.fireandirisdesigns.com/pages/needlepoint-101

Before you begin:

I **highly** recommend stitching this on stretcher bars, especially if you are following the guide. Flair can be tricky, and the combination of flair and stitching in hand can cause your canvas to become very warped. While canvases can be blocked, sometimes it may not be able to be completely restored to its original shape, or the blocking may cause your stitches to separate. So I really recommend using stretcher bars.

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Stitch Guide Sections

Stitch Guide

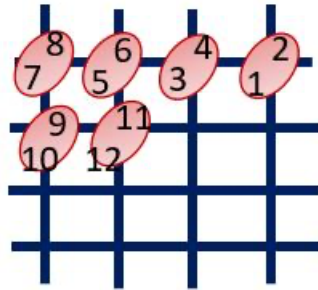
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Section 1: Background

Thread: Pepper Pot- Salt (002)

Stitch: Tent Stitch

Note: I suggest at least 2 rows around all the edges of the designs to prevent loss of the design during finishing. I do also recommend reaching out to your finisher in case more/less rows are needed.



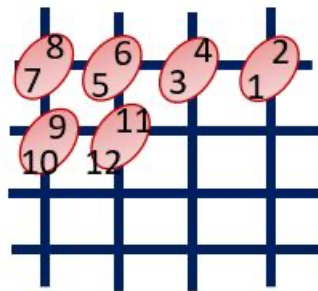
Stitch Diagram: Continental Stitch

Section 2: Marshmallows

Threads: Pepper pot – Salt (002)
Flair – White (502)
Gray (590)

Stitch: Padded Satin Stitch or Regular Satin Stitch and Continental Stitch

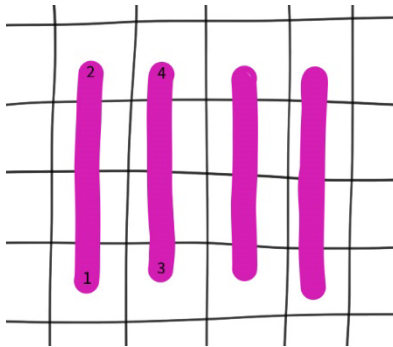
Note: for the gray sections, you'll use continental stitch and for the white portion, you'll use padded satin stitch or regular satin stitch. I used a combination of padded and regular satin stitches for this section. I also randomly changed the direction of the satin stitches – so for example, I would stitch one marshmallow entirely in one direction and then for the marshmallow next to it, I would stitch that in the opposite direction. Have fun with this section! Remember, a real bag of marshmallows is random and organic – it's okay for this section to look like that too 😊



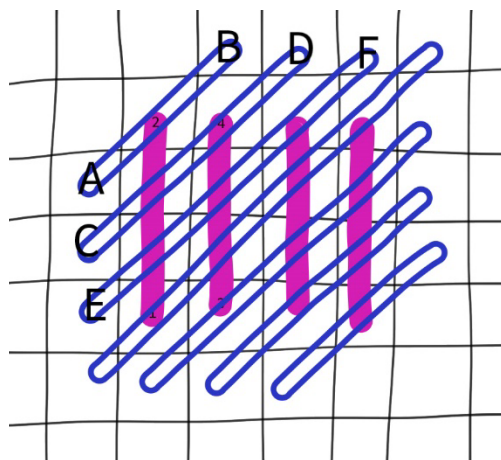
Stitch Diagram: Continental Stitch

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Part A



Part B

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Stitch Diagram: Padded Satin Stitch

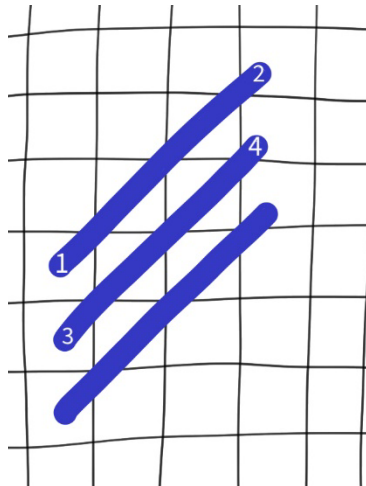
Padded Satin Stitch is worked in two parts.

In Part A, you will lay down long stitches. These should be in the opposite direction of how you want you the next layer of stitches to lay (ex. If you want to lay the top layer of stitches on the diagonal, you should stitch this layer in horizontal or vertical stitches). In this section you will use your regular thread. For this canvas, you'll use the Pepper Pot salt (002).

In Part B, you will lay down the satin stitch on top of the stitches made in part A. You'll stitch in a direction that is opposite of the stitches laid down in part A. (for example, if in part A you stitch horizontal stitches, in the part you'll make your stitches on the diagonal or vertically). In this section, you will use your specialty thread. For this canvas, you'll use the Flair white (502)

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Stitch Diagram: Satin Stitch

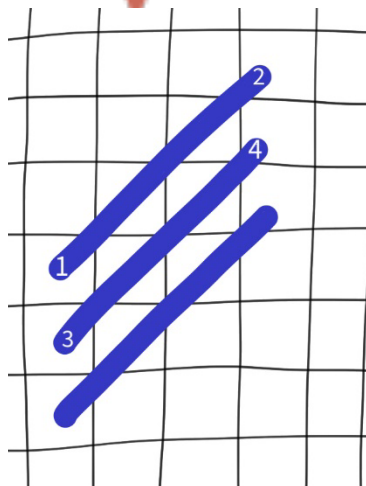
Note: For the satin stitch, the length of the stitch is dependent on the painted area. You'll want to make stitches on the diagonal that cover the entire painted area

Section 3: Bag Stripes (Left)

Thread: Flair - Red (F529), Orange (F588), Green (F533)

Stitch: Satin Stitch (*direction: bottom left to top right*) and Continental Stitch

Note: for the white stripes, I stitched these in continental stitch, and for the colored stripes (the red, orange and green ones) I stitched these in satin stitch



Stitch Diagram: Satin Stitch (*direction: bottom left to top right*)

Remember: For the satin stitch, the length of the stitch is dependent on the painted area. You'll want to make stitches on the diagonal that cover the entire painted area

Stitch Guide

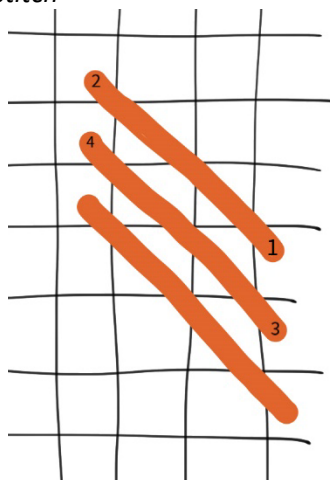
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Section 4: Bag Stripes (Right)

Thread: Flair - Red (F529), Orange (F588), Green (F533)

Stitch: Satin Stitch (*direction: bottom right to top left*) and Continental Stitch

Note: for the white stripes, I stitched these in continental stitch, and for the colored stripes (the red, orange and green ones) I stitched these in satin stitch



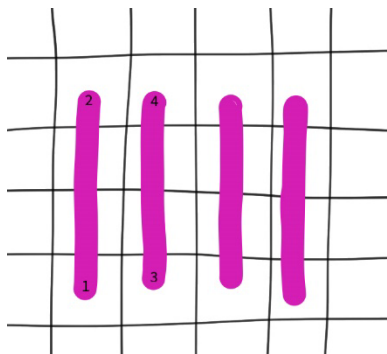
Stitch Diagram: Satin Stitch (*direction: bottom right to top left*)

Remember: For the satin stitch, the length of the stitch is dependent on the painted area. You'll want to make stitches on the diagonal that cover the entire painted area

Section 5: Blue Section of Bag

Thread: Flair - Dark blue (F562)

Stitch: Vertical Satin Stitch



Stitch Diagram: Vertical Satin Stitch

Remember: For the satin stitch, the length of the stitch is dependent on the painted area. You'll want to make stitches on the diagonal that cover the entire painted area

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Section 6: Letters

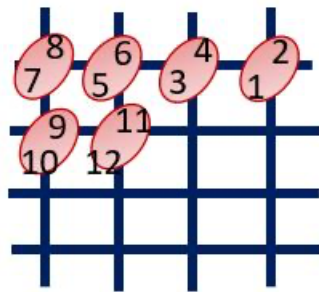
Thread: Petite Very Velvet – White (V602)

Neon Rays – Dark Blue (N106)

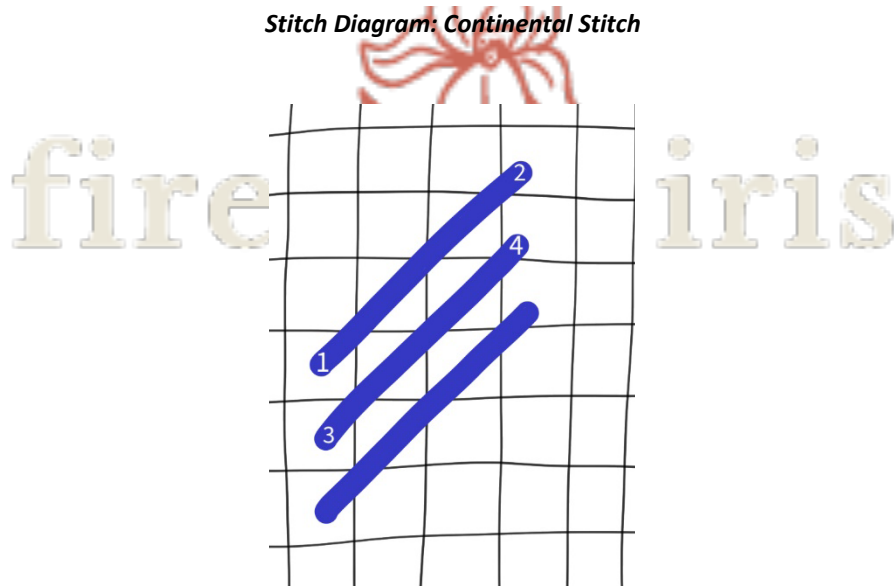
Flair – Light Blue (F570)

Stitch: Tent Stitches & Satin Stitch

Note: You'll use tent stitches for the white and dark blue portion of the letters and satin stitch for the light blue thread portion.



Stitch Diagram: Continental Stitch



Stitch Diagram: Satin Stitch

Remember: For the satin stitch, the length of the stitch is dependent on the painted area. You'll want to make stitches on the diagonal that cover the entire painted area

Stitch Guide

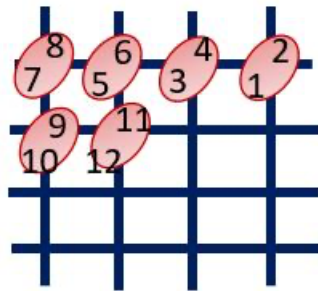
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Section 7:

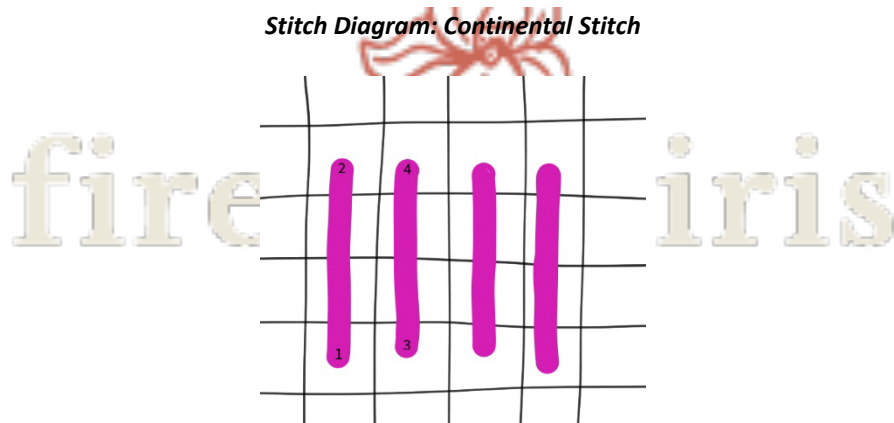
Thread: Flair - Red (F529), White (502)

Stitch: Tent Stitches & Vertical Satin Stitch

Note: You'll use tent stitches for the outer white outline and vertical satin stitch for the red oval and the inside of the oval



Stitch Diagram: Continental Stitch



Stitch Diagram: Vertical Satin Stitch

Remember: For the satin stitch, the length of the stitch is dependent on the painted area. You'll want to make stitches on the diagonal that cover the entire painted area

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Appendix: Practice graph paper

The grid mimics the layout of the needlepoint canvas – you can use it to practice drawing out the stitches before stitching them on the canvas!

