

3D S'mores Self Finishing Instructions
By: Fire and Iris Designs



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General Information: *I would recommend reading these instructions prior to starting to stitch your canvas.*
Welcome! So glad you chose this as one of your next projects. Below we've included everything you'll need to know to stitch and finish your 3-D s'mores project!

A quick note before you begin: You will notice that there is a portion of the graham crackers and the chocolate piece that is left unpainted. That is to denote where you will fold the canvas over (for step 3). You have the option to either stitch the blank space OR you can leave it blank and continue your binding stitch over it.

Supplies for Stitching:

- #22 Tapestry Needle
- Fibers – I recommend *Vineyard Silk Cashmere*, *Vineyard Silk Evening Sand (2 skeins)*, *Pepper Pot Espresso*, *Pepper Pot Java*, *Pepper Pot Latte*, *Pepper Pot Cafe Au Lait*, *Pepper Pot Salt*.

Supplies for Finishing:

- Cording*
- Clear Thread*
- Curved Needle*
- Craft glue

**denotes supplies included with the Fire and Iris Smores finishing kit. The finishing kit includes cording made with DMC 437 and DMC 436, which are based on the fibers as recommended above. If you use different fibers, or wish for different color cording, you will need to make your own.*



Note: Please read instructions all the way through once, prior to starting the finishing process

Step 1: Make the cording and block your canvases (if needed).

If your canvas needs to be blocked, make sure you do this *prior to continuing on*. While you are waiting for your canvas, you can make your cording. You'll need enough to use around the edge of both of the graham crackers canvas pieces.

If you purchased the finishing kit, your kit includes already made cording. (*Note: the cording color provided in the kit is made under the assumption that the recommended fibers were used to stitch the canvases. If you used different fibers, the included cording may not match and you may need to make your own.*)

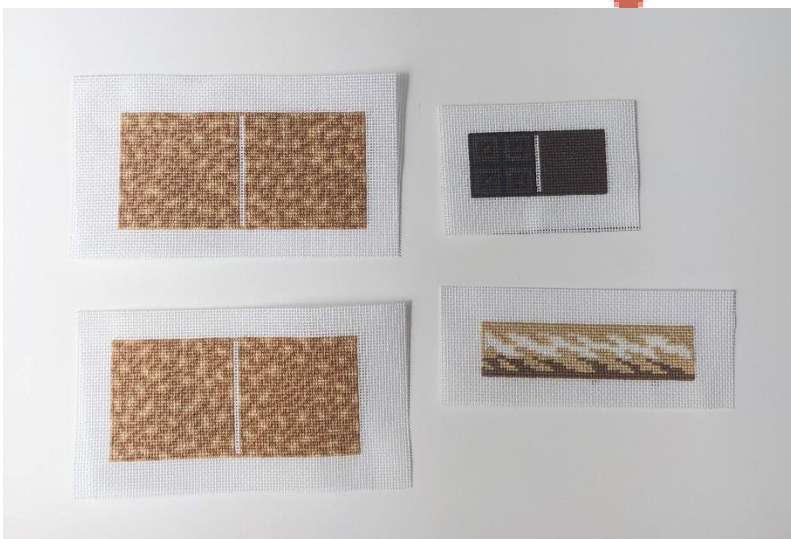
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Step 2: Cut your pieces.

You'll want to separate your canvases so that you have a total of 4 pieces (2 graham crackers, 1 chocolate piece and 1 marshmallow). This is shown below). You'll want to leave a few rows to be able to do a binding stitch on all your canvases.



1. How your canvases will look once you are done stitching



2. How they will look once they have been cut into their respective pieces.

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Since your graham cracker and chocolate pieces will be folded over on themselves, you may also want to cut back the corners of the pieces (shown below). This will make binding your canvases a bit easier.



Step 3: Fold and bind your canvases.

Begin by folding your canvases back to prepare for the binding stitch. For the **graham cracker** and **chocolate pieces**, you will fold back **all** of the sides of the blank canvas, so that no blank canvas is showing next to the stitched canvas. For the **marshmallow piece** you will begin by folding back **just the top and bottom, leaving the sides unfolded**. (This is shown below)

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1. (Front View) Shows how the blank canvas will be folded back



2. (Back View) Shows how the blank canvas will be folded back

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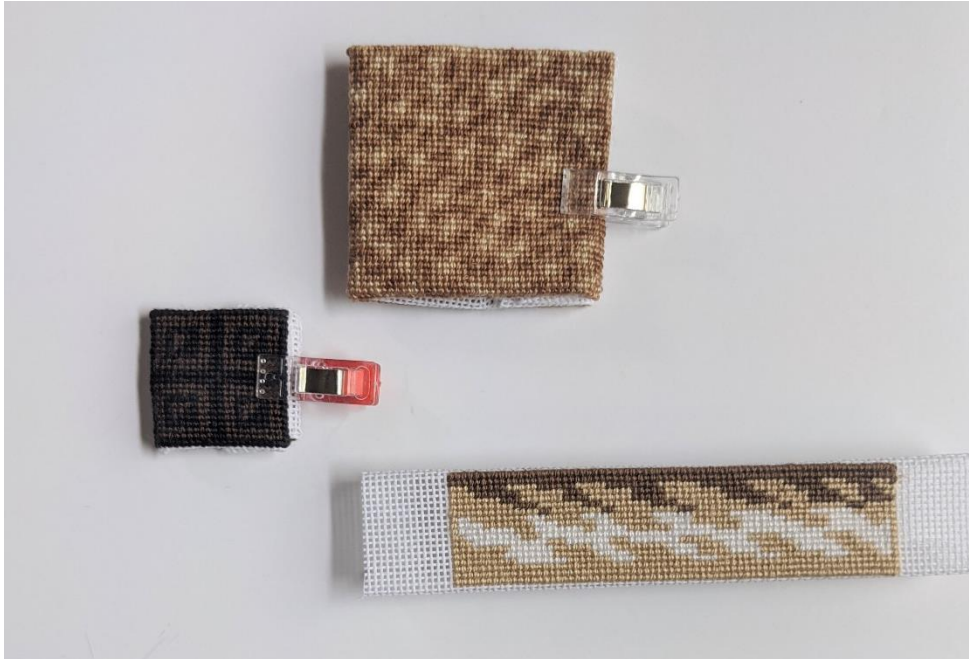
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For each of the **graham crackers** and the **chocolate piece**, you are going to want to do a **double binding stitch**. To do this, fold your canvas over along the center line (the unpainted area between the graham crackers and the chocolate pieces) so that the two stitched pieces are back-to-back, with the stitching facing out (as shown below). Perform a double binding stitch making sure to attach both pieces of canvas together. Work this stitch all the way around until you have your binding stitch completed around the edge of the entire piece.



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1. Shows how the graham crackers and the chocolate piece will be folded on itself prior to doing the binding stitch

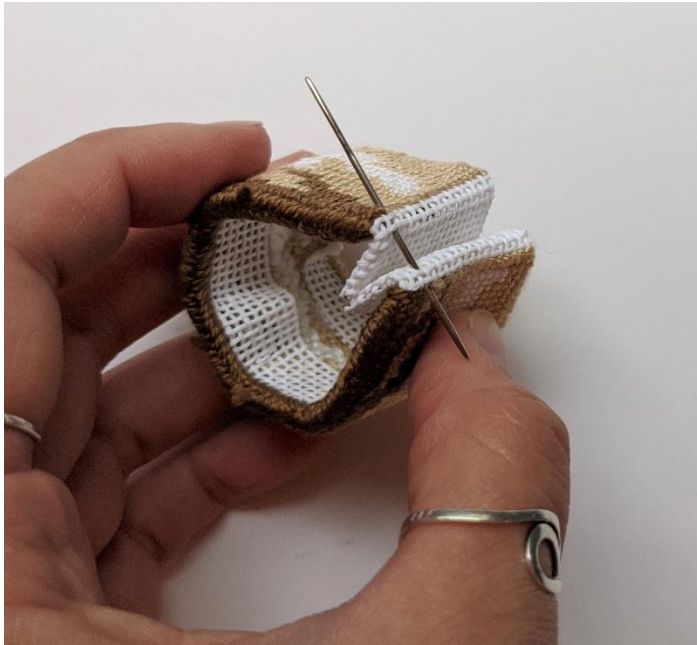


For the **marshmallow**- you are going to do a **single binding stitch** on the top and the bottom of the canvas (shown below)



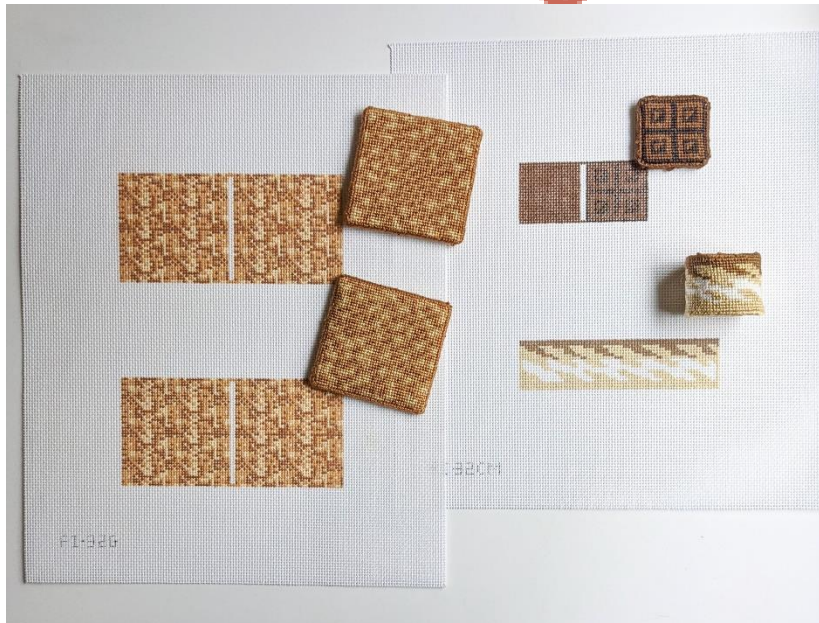
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Once this is complete, you are going to do a **double binding stitch** on the side, in order to attach the two ends of the marshmallow together (shown below). When you are done, your marshmallow should resemble a cylinder.



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Below is a photo demonstrating how your pieces will look after all the binding stitches have been completed



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Step 4: Sew in your cording.

(I recommend doing this before assembling your s'mores, just for sake of ease.) You'll want to create to pieces of cording (if you purchased a finishing kit you will have to split the cording in to two sections. To do this, measure a piece of cording needed to cover the entire edge of the graham cracker piece. If you are including a loop, make sure to factor that amount into your measurement. Once you have the piece measured, take your craft glue and place a dollop on your cording. You use your fingers to work the glue in to the cording. Let this dry. Once dried, you can cut the cording)

Next, you are going to sew a piece of cording into the binding stitch on each of the graham crackers using your invisible thread and curved needle by performing a *running stitch over the cording*. To do this, you will use your needle to sew the thread in to one side of the cording, and then do the same on the opposite side of the cording, so that the clear thread is placed over the cording, holding it in place. (Photos below) You will continue to do this back and forth, making stitches in either side of the cording, until you've gone all the way around and have sewn the entire cord around the piece.



If you are making this into an ornament, I recommend making the loop for this on your top graham cracker. (This distinction will be important for the next step). Where you place your loop is entirely up to you. I find one of corners of the graham cracker to be the best, but you may want it in the center of one of the sides (which is great too!)

Step 5: Assembly!

Start from the bottom up. Using your curved needle and thread, attach each piece again using a *running stitch*. To do this, you use your needle and clear thread to make a stitch in to one of the pieces. When you pull up your thread you will then make a stitch right next to where your needle came up *but in the other piece, so that they become connected*. You will continue to do this back and forth, alternating stitches in each piece, until you've gone all the way around and have sewn the two pieces together. You will repeat this to attach each of the pieces together. Attach your chocolate piece to your bottom graham cracker (the one without the loop). Next, attach your marshmallow to your chocolate piece. And finally, attach your top graham cracker to your marshmallow.

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1. Photo demonstrating a stitch being made in to the bottom graham cracker



2. Photo demonstrating a stitch being made in the chocolate piece, right next to where the stitch was brought up from the bottom graham cracker.