# Ingredients

### **Chocolate Brownie**

Ingredients: Cross Flow Micro Filtered Protein Blend (38%) [Whey Protein Concentrate, Milk Protein Concentrate, Whey Protein Isolate], Fibre Syrup, Brown Rice Syrup, Glycerine, Soy Crisps (9.4%), [Soy Protein Isolate, Tapioca Starch, Salt], Compound Chocolate (10%) [Sugar, Vegetable Fat, Milk Powder, Cocoa Powder, Emulsifiers (Soy lecithin, 476, 492, 322), Natural Flavourings], Chicory Root Fibre, Cocoa Powder, Sunflower Oil, Sunflower Lecithin, Natural Flavouring.

#### Lime Milkshake

Ingredients: Cross Flow Micro Filtered Protein Blend (38%) [Whey Protein Concentrate, Milk Protein Concentrate, Whey Protein Isolate], Fibre Syrup, Brown Rice Syrup, Glycerine, Soy Crisps (10.3%), [Soy Protein Isolate, Tapioca Starch, Salt], Compound Chocolate (10%) [Sugar, Vegetable Fat, Milk Powder, Cocoa Powder, Emulsifiers (Soy lecithin, 476, 492, 322), Natural Flavourings], Chicory Root Fibre, Natural Flavourings, Sunflower Oil, Sunflower Lecithin, Natural Colour (141).

## **Mint Chocolate Cookie**

Ingredients: Cross Flow Micro Filtered Protein Blend (38%) [Whey Protein Concentrate, Milk Protein Concentrate, Whey Protein Isolate], Fibre Syrup, Brown Rice Syrup, Glycerine, Cocoa Soy Crisps (9%), [Soy Protein Isolate, Tapioca Starch, Salt], Compound Chocolate (10%) [Sugar, Vegetable Fat, Milk Powder, Cocoa Powder, Emulsifiers (Soy lecithin, 476, 492, 322), Natural Flavourings], Chicory Root Fibre, Cocoa Powder, Sunflower Oil, Sunflower Lecithin, Natural Flavouring

## **Pineapple Protein Bar**

Ingredients: Cross Flow Micro Filtered Protein Blend (38%) [Whey Protein Concentrate, Milk Protein Concentrate, Whey Protein Isolate], Fibre Syrup, Brown Rice Syrup, Glycerine, Soy Crisps (10.3%), [Soy Protein Isolate, Tapioca Starch, Salt], Compound Chocolate (10%) [Sugar, Vegetable Fat, Milk Powder, Cocoa Powder, Emulsifiers (Soy lecithin, 476, 492, 322), Natural Flavourings], Chicory Root Fibre, Natural Flavourings, Sunflower Oil, Sunflower Lecithin, Natural Colour (Tumeric).

#### **Raspberry White Chocolate**

Ingredients: Cross Flow Micro Filtered Protein Blend (38%) [Whey Protein Concentrate, Milk Protein Concentrate, Whey Protein Isolate], Fibre Syrup, Brown Rice Syrup, Glycerine, Soy Crisps (10.3%), [Soy Protein Isolate, Tapioca Starch, Salt], Compound Chocolate (10%) [Sugar, Vegetable Fat, Milk Powder, Cocoa Powder, Emulsifiers (Soy lecithin, 476, 492, 322), Natural Flavourings], Chicory Root Fibre, Sunflower Oil, Sunflower Lecithin, Natural Flavouring.

# Salted Caramel

Ingredients: Cross Flow Micro Filtered Protein Blend (38%) [Whey Protein Concentrate, Milk Protein Concentrate, Whey Protein Isolate], Fibre Syrup, Brown Rice Syrup, Glycerine, Soy Crisps (10.3%), [Soy Protein Isolate, Tapioca Starch, Salt], Compound Chocolate (10%) [Sugar, Vegetable Fat, Milk Powder, Cocoa Powder, Emulsifiers (Soy lecithin, 476, 492, 322), Natural Flavourings], Chicory Root Fibre, Sunflower Oil, Cocoa, Sunflower Lecithin, Natural Flavourings, Malborough Sea Salt (0.04%)

# Vanilla Bean

Ingredients: Cross Flow Micro Filtered Protein Blend (38%) [Whey Protein Concentrate, Milk Protein Concentrate, Whey Protein Isolate], Fibre Syrup, Brown Rice Syrup, Glycerine, Soy Crisps (9.4%), [Soy Protein Isolate, Tapioca Starch, Salt], Compound Chocolate (10%) [Sugar, Vegetable Fat, Milk Powder, Cocoa Powder, Emulsifiers (Soy lecithin, 476, 492, 322), Natural Flavourings], Chicory Root Fibre, Sunflower Oil, Sunflower Lecithin, Natural Flavouring.

# Ingredients cont.

#### Flat White

Ingredients: Cross Flow Micro Filtered Protein Blend (Whey Protein Concentrate (Milk), Whey Protein Isolate (Milk), Milk Protein Concentrate), Fibre Syrup, Brown Rice Syrup, Glycerine, White Compound Chocolate [Sugar, Vegetable Fat (Contains Emulsifier 476, 492, 322), Milk Powder, Emulsifier (Soy Lecithin), Natural Flavourings], Soy Crisps [Soy Protein Isolate, Tapioca Starch, Salt], Chicory Root Fibre, Sunflower Oil, Flavouring, **Coffee Powder,** Sunflower Lecithin, Cocoa Powder.

> Allergen statement for all bars: Contains Milk, Soybeans. May be Present: Tree Nuts