



DAACK PACK DOG TRAINING

INNOVATIVE. HUMANE. EVIDENCE-BASED.



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For the new Puppies in your home:

When you have a new puppy, it can be overwhelming with all of the new and exciting possibilities you will go on together. To help, we've provided a few example protocols and some first steps to get you started.

Initial First Steps:

For creating an comprehensive plan for your puppy to help redirect and prevent the 'glimmers' of potential future training concerns:

- Utilize Positive Reinforcement strategies that allow the dog to maintain choice and control.
- Listen to your dog's emotional state - if they're getting frustrated, tired, or seem uncomfortable reevaluate the situation and work towards decreasing the stress.
- Be generous with your affection while being consistent and realistic
- You get what you reinforce - Not Necessarily What You Want
- Create a puppy space in the house so the puppy can be easily supervised and safe during the day.
- Focus on getting into a routine with feeding times, potty training, and enrichment.
- Puppies need sleep, so make sure you can provide some quiet time for your puppy in the middle of the day.

Example of some Protocols to start with:

Potty Training:

- Establish firm routine - when feeding, pull up bowl after 30min
- Take them out on leash to the same spot every time
- Reward and praise after they go to the bathroom
- Take them out first thing in the morning, after breakfast, after dinner, and a few times throughout the day and before bedtime. If she doesn't go bring her back inside and immediately put her in her crate for 10min before trying again or leave them on leash for 10min. Do not let her loose indoors if she has not eliminated outside!
- If there is an accident don't punish the dog. If you frighten or punish him he might become afraid to potty in front of you and will sneak off to do it somewhere else. Instead, get your dog's attention via a high-pitch, positive sound ("up" or "pup"). Take them outside to finish, clean with enzymatic cleaner and pay more attention.
- You might see pacing, whining, circling, sniffing purposefully, or leaving the room

Socialization:

Socialization is the process of exposing our puppies to a variety of textures, sounds, people, dogs, situations or various triggers in a way that the individual dog finds to be a positive experience. If your puppy is showing signs of fear, anxiety or stress when exposed to a situation, it could increase their sensitivity to the trigger in the future. To help a puppy develop confidence and emotional regulation, it's important to meet them where they are at that moment and provide gradual exposure.

- Before they have their first shot for two weeks: You can expose your dog to different sounds via bluetooth speakers, invite guests over, provide tunnels and various environmental changes for them to explore or even play on a tarp.
- Two weeks after their first shot: You can start having play dates visiting family and friend's home that you trust and have positive playdates with dogs that are appropriately vaccinated. You can also check out local Positive Reinforcement based training companies who have puppy classes or socialization classes. You can also explore less trafficked or porous areas.
- After fully vaccinated: You can start exploring more outdoor and public areas, enjoy doggie day care and going on short adventures.
- As the dog grows, check with your veterinarian of when it would be appropriate to do more physically demanding activities like hikes, runs or bikes rides to make sure your puppies growth plates have had time to form appropriately for their bone and joint health

Check out American Veterinary Society of Animal Behavior's statement: [Puppy Socialization](#)

If you have an questions and would like to learn more about our Training services or local resources, please visit our website and reach out to us.

