


2023



THE EVOLUTION OF STRENGTH TRAINING EQUIPMENT.

RO-T8

MADE IN THE U.S.A. 

JOIN THE REVOLUTION

Meet the RO-T8 Family from PRIME, the the most versatile accessory equipment in the world for pulls and flies. The RO-T8 Family is the perfect introduction to PRIME, as it captures PRIME's core mission – to create strength equipment that challenges the status quo and utilizes science to create smarter, more effective and more efficient strength equipment.



#ROT8HANDLES

The unique swivel design of these handles yields a drastic increase in output potential on select exercises when executing bilateral cable work. The best handles in the world just got better!

Color Options: All PRIME RO-T8 Family Products are available in PRIME Green or Black.

#ROT8FAMILY

RO-T8 ACCESSORIES



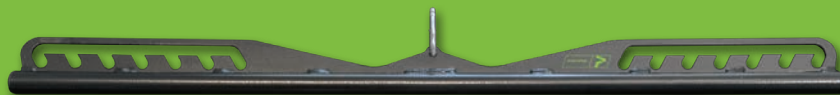
RO-T8 Spreader Bar



RO-T8 Landmine Bar



RO-T8 Short Bar



RO-T8 Long Bar

RO-T8 Spreader Bar:

A new twist on the ever popular paddle grip design featured on the original RO-T8 Handles. The RO-T8 Spreader Bar offers the user enhanced ergonomics, biomechanics, and a large increase in output potential.

RO-T8 Landmine:

Offers improved flexibility, mobility and execution. Users can tailor the exercise to their own individual biomechanics, increasing the opportunity for maximum output. For use with the RO-T8 handles. Offers a maximum width of 17" and a minimum width of 8" in 1" increments.

RO-T8 Short Bar:

For use with the RO-T8 handles. Offers a max width of 18" down to a minimum width of 9" in 1" increments.

RO-T8 Long Bar:

For use with the RO-T8 handles. Offers a max width of 36" down to a minimum width of 18" in 1.5" increments.

RO-T8 MULTI-GRIPS

RO-T8 3N1

The RO-T8 3N1 Handles feature the same ergonomic paddle grip you love on the original RO-T8 Handles (maximizing output potential), but these have been taken to a whole new level of versatility. The RO-T8 3N1 Handles offer a 3-grip position feature that can be adjusted from a neutral grip to a semi-pronated or semi-supinated position in just seconds.



RO-T8 3N1 6" Version



RO-T8 3N1 14" Version

1 HANDLE
3 POSITIONS
0 COMPETITORS



Semi-Supinated



Neutral



Semi-Pronated

RO-T8 4N1

The RO-T8 4N1 Handle offers four grip position variations. With a simple turn of the adjustment dial, your 4N1 Handles can be transformed to an entirely new attachment, without ever coming off the cable! At 20" wide, the 4N1 includes a fully-pronated grip position, perfect for upper back work.



Semi-Supinated



Neutral



Semi-Pronated



Fully Pronated

#ROT8FAMILY



For more information on our latest innovations, visit PrimeFitnessUSA.com

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