## Size Chart \& Fitting Guide P.N.I.N.S



To ensure you are ordering the correct size please check your body measurements against this simple sizing chart. If your measurements fall between recommended sizes we suggest you order the bigger size. All measurements are given in centimetres.

Important: Please use this chart as a guide only.

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## Blouse (cm)

| Sizes | $\mathbf{8}$ | 10 | 12 | 14 | 16 | S | M | L |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Chest | 80 | 84 | 88 | 92 | 98 | 102 | 108 | 112 |


| Shirt (cm) |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Sizes | $\mathbf{8}$ | $\mathbf{1 0}$ | $\mathbf{1 2}$ | $\mathbf{1 4}$ | $\mathbf{1 6}$ | S | M | L |
| Chest | 80 | 84 | 88 | 92 | 98 | 102 | 108 | 112 |



Short - Adjustable Side Button Children's Sizes (cm)

| Sizes | 6 | 8 | 10 | 12 | 14 | 16 |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| Waist | 66 | 68 | 70 | 72 | 74 | 76 |

Short - Adjustable Side Button Adult Sizes (cm)

| Sizes | 80 | 84 | 88 | 92 | 96 | 100 | 104 | 108 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Waist | 80 | 84 | 88 | 92 | 96 | 100 | 104 | 108 |


| Short - Elastic Back (relaxed) | Children's Sizes (cm) |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Sizes | $\mathbf{6}$ | $\mathbf{8}$ | $\mathbf{1 0}$ | 12 | 14 | 16 |
| Waist | 54 | 58 | 62 | 66 | 70 | 74 |


| Short - Elastic Back (relaxed) Adult Sizes (cm) | (cm |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Sizes | $\mathbf{S}$ | $\mathbf{M}$ | $\mathbf{L}$ | XL | 2XL |
| Waist | 78 | 83 | 88 | 93 | 98 |

Skirt - Elastic Back (relaxed) Children's Sizes (cm)

| Sizes | $\mathbf{8}$ | $\mathbf{1 0}$ | $\mathbf{1 2}$ | $\mathbf{1 4}$ | $\mathbf{1 6}$ | $\mathbf{1 8}$ | $\mathbf{2 0}$ | $\mathbf{2 2}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Waist | 56 | 58 | 64 | 68 | 76 | 80 | 86 | 92 |


| Jersey - Children's Sizes (cm) |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Sizes | $\mathbf{8}$ | 10 | 12 | 14 | 16 | 18 | 20 | 22 |
| Chest | 77 | 82 | 87 | 92 | 97 | 102 | 107 | 112 |


| PE Top (cm) |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Sizes | $\mathbf{8}$ | 10 | 12 | 14 | 16 | S | M | L |
| Chest | 78 | 84 | 90 | 94 | 98 | 106 | 110 | 114 |


| PE Short (cm) |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Sizes | $\mathbf{8}$ | $\mathbf{1 0}$ | $\mathbf{1 2}$ | $\mathbf{1 4}$ | S | M | L | XL |
| Waist | 61 | 65 | 69 | 73 | 81 | 86 | 92 | 98 |

## Softshell Jacket (cm)

| Sizes | $\mathbf{8}$ | 10 | 12 | 14 | S | M | L | XL |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Chest | 94 | 100 | 104 | 108 | 112 | 116 | 122 | 128 |

