



Adhesive Electrode Pads User Manual

Model No.: ETP015B

Overview

The Adhesive Electrode Pads need to be used with the electronic pain relief stimulator to temporarily relieve muscle pain. They are intended for use as a conductive adhesive interface between patients' skin and the Electrical Stimulator.

Contents

- 4 x Adhesive Electrode Pads
- 1 x User Manual

Contraindications

- Do not use this device on patients who have a cardiac pacemaker, implanted defibrillator, or other implanted metallic or electronic device, because this may cause electric shock, burns, electrical interference, or death.
- Do not use this device on patients whose pain syndromes have not yet been diagnosed.

Precautions

- Read this manual carefully before using the electrode pads.
- Do not attempt to move the electrode pad while the device is operating.
- Do not use over painful areas. Please consult with your physician before using this device if you have painful areas.
- Use caution if the user tends to bleed internally, such as following an injury or fracture.
- Do not share the use of the electrode pad with others.
- Since the effects of stimulation of the brain are unknown, stimulation should not be applied across the head.
- Some patients may experience skin irritation or hypersensitivity due to the electrical stimulation or electrical conductive medium (gel). Discontinue use immediately and consult your physician in this case.
- The effects of long-term use of cutaneous electrodes for electrical stimulation are unknown.
- Do not exceed 0.1 watts/cm²
- If you have one of the following conditions, please consult with your physician before purchasing or using this device:
 - Acute disease, malignant tumor, infective disease, pregnant, heart disease, high fever, abnormal blood pressure, lack of skin sensation or an abnormal skin condition, any condition requiring the active supervision of a physician.

Warnings

- Do not place stimulation electrodes over your neck because this could cause severe muscle spasms resulting in closure of your airway, difficulty in breathing, or adverse effects on heart rhythm or blood pressure;
- Do not place stimulation electrodes across your chest because the introduction of electrical current into the chest may cause rhythm disturbances to your heart, which could be lethal;

- Do not place stimulation electrodes over open wounds or rashes, or over swollen, red, infected, or inflamed areas or skin eruptions (e.g., phlebitis, thrombophlebitis, varicose veins). Apply stimulation only to normal, intact, clean, healthy skin;
- Do not place stimulation electrodes over, or in proximity to, cancerous lesions.
- The size, shape, and type of electrodes may affect the safety and effectiveness of electrical stimulation;
- The electrical performance characteristics of electrodes may affect the safety and effectiveness of electrical stimulation;
- Please contact us if you do not know if the electrode can be used with your stimulation device.

Application

1. Make sure the treatment area is clean. Dirty or oily skin will decrease the adhesion of the electrode pad and shorten its lifetime.
2. Snap the electrode pad directly into the control unit, making sure that the pad is firmly connected.
3. Remove the protective film from the electrode pad and save the film for storage. Hold the pad from the tab at the top only.
4. Place the electrode pad onto the treatment area (such as the back). Press down firmly and ensure that there is firm contact with skin.
5. Turn on the control unit and start the application.



Removal and Storage

1. Turn off the TENS unit before removing the electrode pad from the treatment area.
2. Slowly peel the pad away from the treatment area, avoiding the sticky portion.
3. Remove the electrode pad from the control unit by snapping them apart from each other.
4. Do not leave the electrode pad uncovered in air for the prevention from viscosity and performance reduction. Place the electrode pad back onto the glossy side of the protective film.
5. Store the electrode pad in a cool place out of direct sunlight.
6. Keep the electrode pad out of children's reach.

Cleaning and Maintenance

- It is not recommended to clean the pad with water or any other solution. Keep the sticky side of the pad from contact with anything except the applied skin area and storage film. Do not touch the sticky side of the pads with greasy finger tips.
- The electrode pad is disposable and should be replaced when it is no longer able to stick well to the skin. Using the same brand electrode pad for replacement is recommended. Contact the seller for help if you have difficulty in locating a replacement pad.
- The electrode pad can be stored for three years and can be used around 30 cycles with typical use.

Explanation of Symbols

	Use-by date
	Batch code

Questions or Comments?

Please call toll-free: 1-855-822-6999 M-F 9 a.m-5 p.m. CST
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