

### **Q1: Can the massager get wet if I want to use it in the shower?**

You can operate the massager in the shower because it has IPX7 waterproof and covered in silicone. However, please do not submerge in liquid/water to maintain life span. Also, please dry the massager after use.

### **Q2: I have an allergy to silicone, Can I use the massager?**

We highly suggest those who have allergy to silicone DO NOT use this massager. If you do get itching, swollen bumps or rashes over the skin after using this device for a silicone allergy or any adverse reaction, please visit a doctor as soon as possible.

### **Q3: What is a lactation massager and how does it work?**

A lactation massager is a device designed to help stimulate milk flow and relieve common breastfeeding issues such as engorgement, plugged ducts, and mastitis. It typically features gentle vibrations and/or heat to provide soothing massage and promote milk flow by improving circulation and relieving tension.

### **Q4: What are the benefits of using a lactation massager?**

Using a lactation massager can have several potential benefits. It can help relieve engorgement and plugged ducts, promote milk flow and letdown, reduce discomfort during breastfeeding, and assist with expressing milk more efficiently. Additionally, the massaging action can provide relaxation and stress relief for nursing mothers.

### **Q5: Is a lactation massager safe to use while breastfeeding?**

Lactation massagers are generally safe to use while breastfeeding when used properly. They are designed to be gentle on the breasts and nipples.

We hope these tips were useful. If you have any inquiries about our products or services feel free to contact us via email, call our customer service at 855.822.6999 M-F 9am-5pm CT or visit us at [healthcare-manager.com](http://healthcare-manager.com)