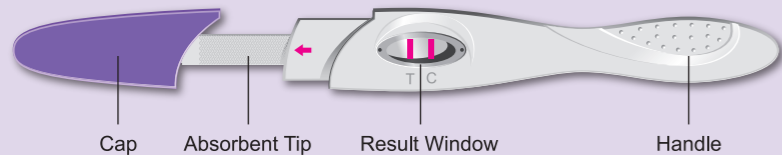




Ovulation Test



Easy @Home Ovulation Urine Test is a qualitative test used to predict when there is a LH surge, and in turn, when you are likely to ovulate.
For in vitro self-testing use only. For external use only.

HOW TO DO THE TEST

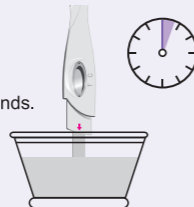
1. To begin testing, open the sealed pouch by tearing along the notch. Remove test device—midstream from the pouch.
2. Hold the round end of cover with one hand. Use the other hand to pull out the midstream cap and expose the absorbent.
- 3.

Place the absorbent tip in urine stream for **10 seconds** to be thoroughly wet.
Do not urinate past the arrow mark.



OR

Collect your urine into a clean cup and dip half of the absorbent pad into the urine for **10 seconds**.



4. Re-cap the device and wait for color bands to appear.
Read the result in five minutes. Do not read results after more than **5 minutes**.

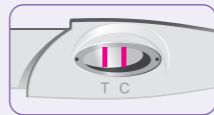


HOW TO READ THE RESULTS

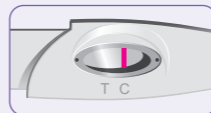
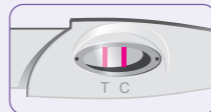
Ovulation Test Result:

No LH Surge: Only one color band appears on the control region, or the test band appears but is lighter than the control band. This means there is no LH surge.

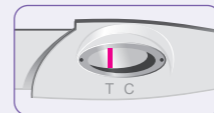
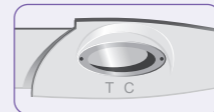
LH Surge: If two color bands are visible, and the test band is equal to or darker than the control band, one will probably ovulate in the next 24-48 hours. If trying to get pregnant, the best time to have intercourse is after 24 but before 48 hours.
Invalid: No visible band at all. Repeat with a new test kit. If test still fails, please contact the distributor or the store where you bought the product, with the lot number.



Positive



Negative



Invalid

STORAGE AND STABILITY

1. Store at 4°C to 30°C (39°F to 86°F) in the sealed pouch up to the expiration date.
2. Keep away from direct sunlight, moisture and heat.
3. DO NOT FREEZE.
4. Preferably open the pouch only shortly before the test.

SPECIMEN COLLECTION AND PREPARATION

WHEN TO COLLECT URINE FOR THE TEST?

Any urine specimen is appropriate for Ovulation Testing.

HOW TO COLLECT URINE?

Urine specimens may be collected in any clean, dry, plastic or glass container.

WHEN TO BEGIN TESTING

The length of the menstrual cycle is the duration from your first menstrual bleeding day to the day before the next bleeding begins. Determine the length of menstrual cycle before test. Please refer to the chart below to determine when you should start testing. If your cycle is shorter than 21 days or longer than 38 days, consult a physician. If you do not know your cycle length, you may begin the test 11 days after your first period since the average cycle length is 28 days. Perform 1 test each day over a 5 days period, or until the LH surge has been detected.

LIMITATIONS

1. The test works only when the test procedures are precisely followed.
2. This test may not be used as a form of birth control.
3. Consult a doctor if irregular or unusually long cycles are experienced.

QUESTIONS & ANSWERS

Q: My cycle length is outside of the range shown in the table. How will I know when to start testing?

A: Simply start testing 17 days before you expect your next period.

Q: I do not know my usual cycle length. how will I know when to start Testing?

A: If you wish to start using Easy @Home Ovulation Test before knowing your cycle length, we recommend you start testing on day 10. (However, without determining your cycle length, it is possible that you might miss your LH surge because you have tested too late using this method.)

Q: What time of day should I take the test?

A: You may test any time of day, but you should test at approximately the same time each day. You should not have urinated for at least 4 hours before testing.

Q: There is much difference between the control lines of two tests. Is this a concern?

A: No. Variations in the color of the control band will not affect the test result. It is only effective to compare the color of the test band to that of the control band of the same device on the day the test is performed.

Q: Can test results be interpreted after more than five minutes?

A: No. Test results must be read at 5 minutes. Though a positive result should not change for several days, a negative result may change to a false positive within minutes after the end of the testing period, which would not be an accurate reading. It is always best to read the results at the 5 minute testing period and then discard the test to avoid confusion.

Q: How long should I continue to perform the test?

A: At least 5 days or until the LH surge has been detected.

Q: I have waited longer than 5 minutes, and still there are no lines in the result window. What does this mean ?

A: There should be at least one pink line in the result window at 5 minutes. If not , the test is invalid. This could be due to insufficient urine on the absorbent tip or urinated past over the arrow mark. You should retest with another stick, carefully following all directions.

Q: Do alcohol or common medications affect the test?

A: No, but you should consult your physician if you are taking any medication.

Q: Once I see a positive result, when is the best time to have intercourse?

A: Ovulation is likely to occur within 24-48 hours. This is your most fertile time. Sexual intercourse is advised within this time frame.

Q: Will the amount of liquid I drink affect the result?

A: We suggest that you limit your fluid intake for about two hours before you collect your urine. Because heavy intake of fluids prior to testing will dilute the hormone in your urine.

PRECAUTIONS

Keep out of the reach of children.
Store between 4 and 30°C (39°F and 86°F)
Do not re-use

Do not use test kit beyond expiry date.
Do not use the kit if the pouch is punctured or not well sealed.

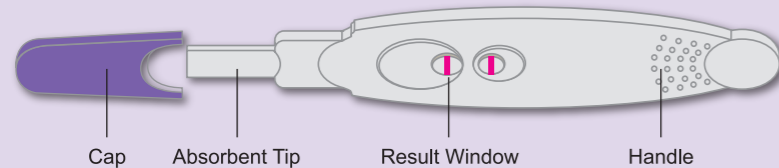
If you have any questions, please call us toll-free at **1-855-822-6999(Monday-Friday 9:00 a.m.- 5:00 p.m Central Time)**. Our professional staff will be glad to assist you.

To learn more, please visit us at **www.easyathometesting.com**

Length of your cycle(days)	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40
Count the first day of your period as Day 1 start testing on the day shown under your cycle length	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24



Early Pregnancy Test



Easy@Home HCG Urine Test is a rapid pregnancy test, which you can easily carry out yourself. It detects the presence of human chorionic gonadotropin (HCG), which appears in urine very early during pregnancy. For in vitro self-testing use only. For external use only.

HOW TO DO THE TEST

1. To begin testing, open the sealed pouch by tearing along the notch. Remove test device—midstream from the pouch.
2. Hold the round end of cover with one hand. Use the other hand to pull out the midstream cap and expose the absorbent.

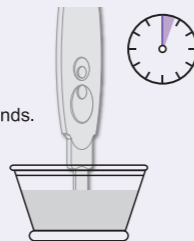
3.

Place the absorbent tip in urine stream for **10** seconds to be thoroughly wet. Do not urinate past the arrow mark.



OR

Collect your urine into a clean cup and dip half of the absorbent pad into the urine for **10** seconds.



4.

Re-cap the device and wait for color bands to appear. Positive results may be observed in as soon as **1** minute. However, to confirm negative results, the complete reaction time of **3** minutes is required. Do not read results after **5** minutes.



HOW TO READ THE RESULTS

Negative (not pregnant) :

Only one color band appears, in the Control Zone. No apparent band on the Test Zone. This indicates that no pregnancy has been detected.

Positive (pregnant) :

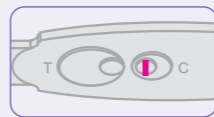
Distinct color bands appear in the Control and Test Zones. It indicates that you are pregnant. The color intensity of the test bands may vary since different stages of pregnancy have different concentrations of HCG hormone.

Invalid:

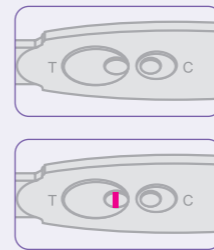
No visible band at all, or there is a visible band only in the test region and not in the control region. Repeat with a new test kit. If test still fails, please contact the distributor or the store, where you bought the product, with the lot number.



Positive



Negative



Invalid

NOTE: if the color in the Test Zone is weak, it is recommended that the test be repeated in 48 hours.

STORAGE AND STABILITY

1. Store at 4°C to 30°C (39°F to 86°F) in the sealed pouch up to the expiration date.
2. Keep away from direct sunlight, moisture and heat.
3. DO NOT FREEZE.
4. Preferably open the pouch only shortly before the test.

WHEN TO DO THE TEST

Any urine specimen is appropriate for Pregnancy Testing but the first morning urine specimen is optimal because of its highest concentration of HCG.

WHAT TO DO WHEN YOU KNOW THE RESULT

IF THE RESULT IS POSITIVE (TWO LINES)

Consult your physician. He should confirm your pregnancy after evaluating all clinical and laboratory findings. Indeed, in certain conditions, the test may give a false positive result. He will also give you further information and advise on your pregnancy. See also "Limitations".

IF THE RESULT IS NEGATIVE (ONE LINE)

If you have reasons to believe that you are pregnant (e.g. no menstrual bleeding), you can repeat the test a few days later. If the test is still negative, consult your physician. See also "Limitations".

LIMITATIONS

1. As it is with any diagnostic procedure, a confirmed pregnancy diagnosis should only be made by a physician after evaluating all clinical and laboratory findings.
2. If a urine sample is too dilute (ie, low specific gravity) it may not contain a representative level of hCG. If pregnancy is still suspected, another urine specimen should be collected 48 hours later and tested.
3. Low concentration of hCG in a very early pregnancy can give a negative result. In this case, another specimen should be obtained at least 48 hours later and tested.
4. Elevated levels of hCG can be caused by a few conditions other than pregnancy. Therefore, the presence of hCG in urine specimen should not be used to diagnose pregnancy unless these conditions have been ruled out.
5. A normal pregnancy can not be distinguished from an ectopic pregnancy based on hCG levels alone. Also, spontaneous miscarriage may cause confusion in interpreting test results.
6. Sterility treatments, based on hCG, may cause false results. Consult your physician.

EXPECTED RESULTS

Negative results are expected in healthy non-pregnant women and healthy men. Although the hCG levels in normal early pregnant women are variable, Easy@Home Urine HCG Test is capable of detecting pregnancy as early as 1 day after the first missed menses.

QUESTIONS & ANSWERS

Q: There is much difference between the control lines of two tests. Is this a concern?

A: No. Variations in the color of the control band will not affect the test result.

Q: Can test results be interpreted after more than five minutes?

A: No. Test results must be read in 5 minutes. Though a positive result should not change for several days, a negative result may change to a false positive within minutes after the end of the testing period, which would not be an accurate reading. It is always best to read the results at the 5 minute testing period and then discard the test to avoid confusion.

Q: I have waited longer than 5 minutes, and still there are no lines in the result window. What does this mean ?

A: There should be at least one pink line in the result window at 5 minutes. If not , the test is invalid. This could be due to insufficient urine on the absorbent tip or urinated past over the arrow mark. You should retest with another stick, carefully following all directions.

PRECAUTIONS

Keep out of the reach of children.
Store between 4 and 30°C (39°F and 86°F)
Do not re-use

Do not use test kit beyond expiry date.
Do not use the kit if the pouch is punctured or not well sealed.

If you have any questions, please call us toll-free at **1-855-822-6999(Monday-Friday 9:00 a.m.- 5:00 p.m Central Time)**. Our professional staff will be glad to assist you.

To learn more, please visit us at **www.easyathometesting.com**