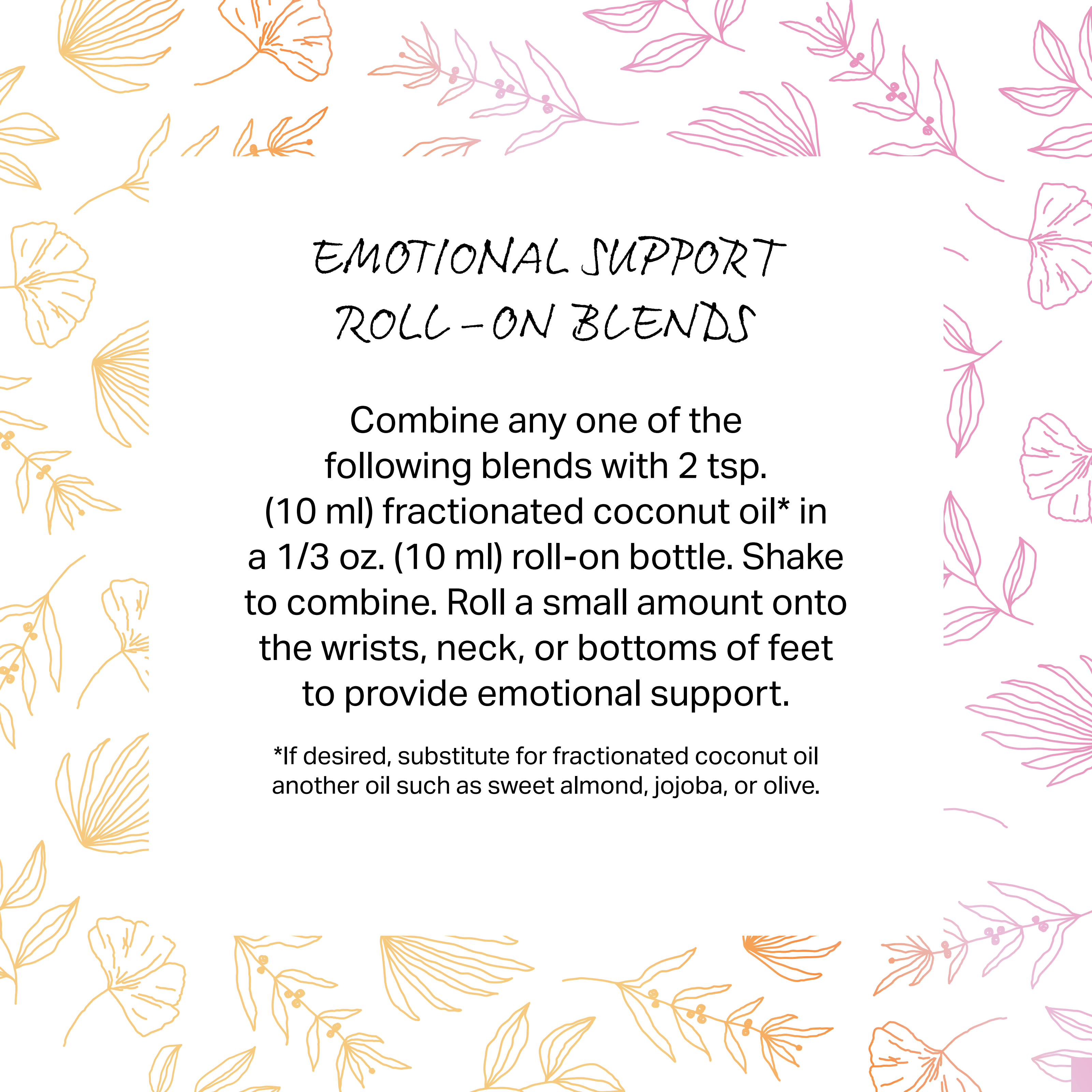


*Emotional Support  
with Essential Oils*



## EMOTIONAL SUPPORT ROLL-ON BLENDS

Combine any one of the following blends with 2 tsp. (10 ml) fractionated coconut oil\* in a 1/3 oz. (10 ml) roll-on bottle. Shake to combine. Roll a small amount onto the wrists, neck, or bottoms of feet to provide emotional support.

\*If desired, substitute for fractionated coconut oil another oil such as sweet almond, jojoba, or olive.



# *acceptance*

6 drops fennel

6 drops pink pepper

6 drops marjoram

4 drops sandalwood

# *awareness*

6 drops magnolia

5 drops ylang ylang

4 drops geranium

3 drops sandalwood



# *clarity*

6 drops peppermint

6 drops lemon

6 drops rosemary



# *comfort*

4 drops lavender

4 drops Roman chamomile

4 drops cedarwood

3 drops lemongrass

# *empowerment*

10 drops cypress

6 drops grapefruit

4 drops orange

2 drops juniper berry

6 drops rosemary

# *energy*

8 drops orange

8 drops bergamot

4 drops copaiba





# *enlightenment*

5 drops sandalwood

5 drops frankincense

5 drops bergamot

A white square is centered on a solid orange background. The square contains text and is surrounded by faint, light-colored line art of various flowers and leaves, including hibiscus-like flowers and sprigs of berries.

# joy

5 drops orange  
10 drops lemon  
3 drops lavender  
2 drops ylang ylang



# *Love*

8 drops ylang ylang

5 drops clary sage

3 drops copaiba

# *peace*

5 drops lavender

5 drops geranium

4 drops Roman chamomile

4 drops clary sage

4 drops ylang ylang

*safe*

8 drops clary sage

8 drops Roman chamomile

4 drops vetiver

# *trust*

6 drops bergamot  
4 drops frankincense  
4 drops geranium  
3 drops ylang ylang

Visit



[AbundantHealth4u.com](http://AbundantHealth4u.com)

for the highest-quality roll-on bottles.  
Available in many colors and styles!

