SKINCARE WANDERLUST E-BOOK

SABBSKIN.COM



Copyright @2024 Sabbeen Sheikkh

All rights reserved. This book or any pages thereof may not be reproduced or used in any manner whatsoever without express written permission of the author except for the use of brief quotations in a book review.

CONTENTS

- O INTRODUCTION
- O THE 19 ACTIVES
- O HOW TO USE
- O CONCLUSION

C H A P T E R

INTRODUCTION

SABBSKIN.COM

INTRODUCTION

Welcome to "Skincare Wanderlust E-book," a guide dedicated to explaining the benefits of all the active ingredients in Skincare Wanderlust. As we delve into the world of beauty and self-care, it's essential to recognize that these ingredients do more than just enhance outward appearance; they play a crucial role in nurturing and maintaining the health and vitality of your skin. In this exploration, we move beyond the surface to understand how these key components can transform and enrich your skincare experience.

This guide will spotlight 19 remarkable active ingredients, each contributing uniquely to the art of skincare. We invite you to discover the diverse and vital roles these ingredients play, helping you to cultivate a skincare routine that not only beautifies but also nourishes and protects your skin.



FOUNDERS' CONFESSION!

"Let me tell you the hilarious yet slightly cringe-worthy tale of how Skincare Wanderlust came to be.

My bestie since high school was eager to try Sabbskin for her skin in Maryland, USA. Being a busy mom and an accountant, she needed a quick skin fix. I quickly shipped her our cult favorite Hello Glow Vitamin C serum, which countless customers swear by for glowing skin.

But, to my surprise, I heard nothing but crickets from her for a whole month! Finally, she revealed that her skin was too sensitive for Vitamin C and retinol - oops! So, I put on my thinking cap and crafted an all-natural, leave-on face mask just for her. I mixed in rare Guarana extract from the Amazon, Matrixyl and Matrixes peptides, and other effective ingredients - a whopping 19 of them!

If your skin reacts to all actives, simply use this hydration bomb, which has everything you require to tighten your face, reduce any jowls or face fat, reduce pore appearance, and plump out wrinkles.

It is multi-purpose, so it can be used as a mask or a day creme.

Within 14 days, your results will be visible to knock out the firmest of critics, including your in-laws."



CHAPTER 2

THE 19 ACTIVES

SABBSKIN.COM

MANGO SEED BUTTER

Mango Seed Butter is full of antioxidants, stearic acid, and oleic acid, which are beneficial for softening the skin and protecting it from environmental stressors. It's effective in reducing the appearance of fine lines and wrinkles, making the skin look more youthful.





LA MERE SEA MINERAL FERMENT EXTRACT

Get ready for an oceanic adventure with La Mer extracts, found in some of the world's most expensive creams! This extract, brimming with fermented sea minerals, works like a dream team to give your skin a healthy boost. Say hello to a detoxifying journey that will keep your skin looking young and fresh while promoting cell regeneration and nourishing hydration. You'll be glowing with a youthful and radiant complexion in no time!

GUARANA SEED EXTRACT

Picture this: a powerful antioxidant, Guarana Seed Extract, flexing its caffeine muscles to tighten and firm your skin. This Amazonian beauty secret is like a double espresso shot but for your skin. With twice the caffeine punch of coffee, it gets the blood pumping and helps reduce pesky cellulite. And let's not forget its other cool properties, like its astringent and tonifying skills, that give your skin a youthful glow. This berry is a real powerhouse, with a history stretching back centuries, where Amazonians used it for all sorts of therapeutic purposes. Now it's our turn to indulge in the magic of Guarana!





WILD YAM ROOT EXTRACT

Ladies, listen up! Here's a secret weapon that packs a punch for all you fierce menopausal warriors out there! The magic of Wild Yam Root Extract has got your back. And hey, it's not just for our menstrual cycle; this superhero ingredient helps relieve pain and balance hormones.

The secret sauce is diosgenin, a naturally occurring antiinflammatory compound that helps your skin bounce back, reduces those pesky wrinkles, and keeps it super hydrated. So, let's give a shout-out to Wild Yam, the ultimate savior for all our skin woes!





PEPTIDE MATRIXYL & MATRIXYL & MATRIXYL 3000

Tiny but mighty peptides are like the superheroes of skin! They're the building blocks of proteins in our skin, helping us to reduce wrinkles, repair damage, and get that perfect texture and tone. They're like little messengers, telling our skin to boost collagen production and keep us looking elastic and youthful.



JAPANESE GREEN TEA LEAF EXTRACT

This sweet extract is a rich source of catechins, a potent antioxidant that helps the skin beat off pesky free radicals. It's like a superhero sidekick, swooping in to reduce inflammation, calm down redness, and ease swelling on the skin.





AVOCADO OIL

Avocado Oil is high in omega-3 fatty acids and vitamins A, D, and E. It not only moisturizes and nourishes but also stimulates collagen production, enhancing skin elasticity and reducing the appearance of fine lines.





SUNFLOWER SEED OIL

Sunflower Seed Oil is high in vitamin E, an antioxidant that helps protect skin cells from harmful UV rays from the sun and environmental pollutants. It also has emollient properties that help the skin retain its moisture.



CUCUMBER FRUIT EXTRACT

Behold the soothing magic of Cucumber Fruit Extract! Packed with vitamins and minerals, it's like a refreshing drink for your skin, quenching dryness and irritation. And that's not all – its cooling powers make it the perfect team player for tackling puffiness and redness.



SHEA BUTTER

Rich in fatty acids and vitamins, Shea Butter is a natural anti-inflammatory and anti-aging ingredient. It moisturizes deeply, repairs skin, and boosts collagen production, contributing to smoother, firmer skin. It also offers mild UV protection, helping to prevent sun damage.





GRAPEFRUIT EXTRACT

Peel the benefits of Grapefruit Extract! This bad boy is loaded with Vitamin C, the knight in shining armor of antioxidants. It's got your back, fighting off the evils of skin aging while boosting collagen production. Plus, it's always up for a good party, adding a dash of brightness and evenness to your skin tone!



ALOE BARBADENSIS LEAF JUICE

Aloe Vera is a hydrating powerhouse, known for its ability to alleviate sunburn, reduce skin inflammation, and soothe sensitive skin. It's packed with antioxidants, enzymes, and vitamins A and C, which not only hydrate but also help to heal and rejuvenate skin, promoting a more even skin tone.





MANNENTAKE MUSHROOM EXTRACT

Get ready to say goodbye to dry skin and hello to ageless beauty with the mighty Mannentake Mushroom Extract! This superhero ingredient is a pro at fighting off skin inflammation, promoting healing, and boosting skin immunity, all while keeping you looking fresh and glowing.





SWEET ALMOND OIL

Sweet Almond Oil is great for improving complexion and skin tone. It's rich in vitamin E, a potent antioxidant that helps protect the skin from oxidative stress and UV radiation damage. Its emollient properties help in improving skin tone and complexion.





OLIVE OIL

Olive Oil, rich in vitamins A, D, E, and K, is an excellent moisturizer and fights against skin aging. Its antioxidant properties protect the skin from premature aging and sun damage, while the oleic acid content restores skin smoothness and protects against environmental damage.





SHIITAKE MUSHROOM EXTRACT

This extract is rich in kojic acid, a natural skin lightener. It helps in reducing skin pigmentation and age spots, and its antioxidant properties protect the skin from environmental damage.





GRAPE SEED OIL

Grape Seed Oil is like a superhero for your skin! It's bursting with linoleic acid, which gives your skin a power-up to lock in moisture and keep it safe from dehydration. Plus, with a stash of antioxidants, it's like a shield against skin aging and free radicals that can harm your skin. So, go ahead and give your skin the gift of Grape Seed Oil!





VITAMIN E

Vitamin E swoops in like a superhero, saving the day by stopping collagen breakdown and combatting dry skin. It's like a boss shield, shielding the skin from baddies like UV damage, environmental stressors, and free radicals. All that means? No premature aging and a healthy, happy skin!



CHAPTER 5

HOW TO USE

SABBSKIN.COM

How to Use as a Facemask:

Begin by first cleansing your face to remove impurities. With your skin still damp, lavish 2-3 pumps of the Skincare Wanderlust onto your face and neck. Generously layer the product to create a thick veil of nourishment, allowing your skin to fully absorb the blend of 19 active ingredients. Let this luxurious mask work its magic for 2-3 hours, offering your skin a deep hydration and rejuvenation session. There's no need to rinse off; simply remove any excess with a soft cloth, revealing a refreshed and vibrant complexion.

How to Use as a Day Cream:

After cleansing and applying your serums—be it the brightening touch of Vitamin C, the smoothing prowess of Niacinamide, or the clarifying action of Salicylic Acid—take your skincare to the next level. Dispense a single pump of Skincare Wanderlust and gently massage it over your face. This light yet potent layer acts as the perfect primer for your skin, setting a flawless base for your sunscreen application. Embrace this daily ritual to nurture and protect your skin, leaving it soft, supple, and ready to face the day.

CHAPTER 4

CONCLUSION

SABBSKIN.COM

CONCLUSION

Our journey through the 19 active ingredients of Skincare Wanderlust reveals the rich and powerful benefits these elements offer to your skin. Each ingredient brings a unique benefit, working in harmony to nourish, protect, and rejuvenate your skin. Witness the transformative power of these skincare essentials and embrace a revitalized, glowing complexion.

Skincare Wanderlust is a celebration of the natural ingredients that bring vitality and radiance to your skin. From nourishing plant extracts to powerful antioxidants, each ingredient has been carefully selected for its ability to deliver transformative results. Our mission is to empower you to take control of your skincare journey and discover the joy of using products that are both effective and sustainable. Whether you are looking to address specific concerns or simply enhance your natural beauty, Skincare Wanderlust has everything you need to achieve your goals. So why not join us on this journey and experience the transformative power of nature for yourself? Your skin will thank you for it!