## ENROUTE NUTRITIONAL INFORMATION

**BUILD FRENCH VANILLA (DAIRY-BASED)** 



### **Nutrition Facts**

1 serving per container

Serving size 1 Package (47g)

Amount per serving

**Calories** 

Total Fat 5g

200

% Daily Value\*

7%

iotaii at og	2,0
Saturated Fat 1g	3%
Trans Fat Og	
Cholesterol 5mg	2%
Sodium 170mg	7%
Total Carbohydrate 12g	4%
Dietary Fiber 0g	
Total Sugars 7g	
Includes 7g Added Sugars	14%
Protein 26g	
\(\frac{1}{2}\)	4.00/
Vitamin D 12.5mcg	60%
Calcium 225mg	15%
Iron 0.3mg	2%
Potassium 170mg	4%

\* The % Daily Value (DV) tells you how much a nutrient in a

serving of food contributes to a daily diet. 2,000 calories a

day is used for general nutrition advice.

**Contraindications:** Chronic Kidney Disease.

Ingredients: Whey protein isolate (contains sunflower lecithin), Creamer (sunflower oil, corn syrup solids, sodium caseinate, mono & diglycerides, dipotassium phosphate, soy lecithin), Organic coconut sugar, Creatine monohydrate, Natural vanilla flavor, Calcium citrate, Vitamin D3.

Contains: Milk, Coconut, Soy.

Gluten-free. Lactose-free. New Zealand dairy. Grass-fed and Pasture-raised. Manufactured in a GMP-certified facility.

#### A MEDICAL FOOD.

# ENROUTE NUTRITIONAL INFORMATION

**BUILD DARK CHOCOLATE (DAIRY-BASED)** 



## **Nutrition Facts**

1 serving per container

Serving size 1 Package (51g)

**Amount per serving** 

**Calories** 

Potassium 310mg

**Total Fat** 6g

210

% Daily Value\*

7%

8%

Saturated Fat 1g	5%
Trans Fat Og	
Cholesterol 5mg	2%
Sodium 170mg	7%
Total Carbohydrate 14g	5%
Dietary Fiber 2g	
Total Sugars 7g	
Includes 7g Added Sugars	14%
Protein 26g	
Vitamin D 12.5mcg	60%
Calcium 225mg	15%
Iron 1.9mg	10%

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Contraindications:** Chronic Kidney Disease.

Ingredients: Whey protein isolate (contains sunflower lecithin), Creamer (sunflower oil, corn syrup solids, sodium caseinate, mono & diglycerides, dipotassium phosphate, soy lecithin), Organic coconut sugar, Cocoa powder processed with alkali, Natural flavor, Creatine monohydrate, Calcium citrate, Vitamin D3.

Contains: Milk, Coconut, Soy.

Gluten-free. Lactose-free. New Zealand dairy. Grass-fed and Pasture-raised. Manufactured in a GMP-certified facility.

#### A MEDICAL FOOD.

## ENROUTE NUTRITIONAL INFORMATION

**BUILD FRENCH VANILLA (PLANT-BASED)** 



### **Nutrition Facts**

1 serving per container

Serving size 1 Package (43g)

**Amount per serving** 

### **Calories**

Vitamin D 12.5mcg

Potassium 400mg

Calcium 225mg

Iron 4mg

**170** 

60%

15%

20%

8%

	% Daily Value*
Total Fat 2g	3%
Saturated Fat 0.5g	2%
Trans Fat Og	
Cholesterol Omg	0%
Sodium 420mg	18%
Total Carbohydrate 11g	4%
Dietary Fiber 1g	
Total Sugars 7g	
Includes 7g Added Sugars	15%
Protein 26g	

**Contraindications:** Chronic Kidney Disease.

Ingredients: Plant protein blend (organic yellow pea protein isolate & organic canola protein isolate),
Organic coconut sugar, Natural flavor,
Natural vanilla flavor, Creatine
monohydrate, Calcium citrate, Rice
bran extract, Gum blend (guar gum,
gum acacia, xanthan gum), Vitamin D3.

**Contains: Coconut.** 

100% Plant-based. Manufactured in a GMP-certified facility.

#### A MEDICAL FOOD.

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

# EN**R ©UTE** NUTRITIONAL INFORMATION

**BUILD DARK CHOCOLATE (PLANT-BASED)** 



## **Nutrition Facts**

1 serving per container

Serving size 1 Package (46g)

Amount per serving

**Calories** 

Calcium 225mg

Potassium 550mg

Iron 5mg

**170** 

15%

30%

10%

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aily Val	ue*
	3%
	3%
(	0%
1	8%
	5%
1	<b>5</b> %
6	0%
_	

**Contraindications:** Chronic Kidney Disease.

Ingredients: Plant protein blend (organic yellow pea protein isolate & organic canola protein isolate), Organic coconut sugar, Cocoa powder processed with alkali, Natural flavors, Creatine monohydrate, Calcium citrate, Rice bran extract, Gum blend (guar gum, gum acacia, xanthan gum), Vitamin D3.

**Contains: Coconut.** 

100% Plant-based. Manufactured in a GMP-certified facility.

#### A MEDICAL FOOD.

<sup>\*</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.