

20% OFF THE WHOLE RANGE 3 or more items to qualify

mix and match the entire range use code

ORGANICKITCHEN

www.ecohealth.online or call 02476 342747 / 07549 556681

PASTA	
Italian Wheat Pasta 500g white / fusilli	£1.99
Italian Wheat Pasta 500g white / penne	£1.99
Italian Wheat Pasta 500g white / spaghetti	£1.99
Italian Wheat Pasta 500g wholewheat / fusilli	£1.99
Italian Wheat Pasta 500g wholewheat / penne	£1.99
Italian Wheat Pasta 500g wholewheat / spaghetti	£1.99
Italian Spinach Tagliatelle 250g	£2.39
PASTA SAUCE & PASSATA	
Passata Sauce 700g	£1.59
Basilico Sauce 280g	£2.49
Arrabbiata Sauce 280g	£2.49
MUSTARD	
Mustard Dijon 200g	£1.99
Mustard Wholegrain 200g	£1.99
VINEGAR	
White Wine Vinegar 250ml	£1.49
Rice Vinegar with the 'mother' 250ml	£2.49
Red Wine Vinegar 250ml	£1.49
Balsamic Vinegar 500ml	£3.99
Apple Cider Vinegar with the mother 500ml	£2.99
Apple Cider Vinegar with the mother 250ml	£1.99
COOKING OILS	
Organic Sunflower Oil 500ml	£3.49
Organic Toasted Sesame Oil 250ml	£4.19
Organic Olive Oil 250ml	£3.39
Organic Olive Oil 500ml	£5.39
Organic Olive Oil 1 litre	£9.69
Organic Avocado Oil 500ml	£6.99
Organic Rapeseed Oil 500ml	£3.99
Organic Virgin Sesame Oil 500ml	£6.19
Extra Virgin Organic Coconut Oil 200g	£4.19
Extra Virgin Organic Coconut Oil 400g	£5.99
Extra Virgin Organic Coconut Oil 900g	£11.49
AGAVE	
Agave Syrup, Dark, natural sweetener 259ml (360g)	£3.99
Agave Syrup, Light, natural sweetener 259ml (360g)	£3.99



last updated 20/2/23

last updated 20/2/25	
TINNED BEANS & LENTILS	
Baked Beans 400g	£1.19
Pinto Beans 400g	£1.19
Cannellini Beans 400g	£1.19
Butter Beans 400g	£1.19
Black Eyed Beans 400g	£1.19
Black Chickpeas 400g	£1.19
Black Beans 400g	£1.19
Mixed Beans 400g	£1.19
Green Lentils 400g	£1.19
Aduki Beans 400g	£1.19
Borlotti Beans 400g	£1.19
Chickpeas 400g	£1.19
Haricot Beans 400g	£1.19
Red Kidney Beans 400g	£1.19
Edamame Beans 200g	£1.69
TOMATOES & PUREE	
Tomatoes 400g chopped	£1.09
Tomatoes 400g peeled whole	£1.09
Italian Tomato Puree Jar 200g	£1.69
PEANUT BUTTER	
Peanut Butter Crunchy 250g	£2.69
Peanut Butter Crunchy 1kg	£7.99
Peanut Butter Crunchy Lightly Salted 250g	£2.69
Peanut Butter Smooth 250g	£2.69
Peanut Butter Smooth 1kg	£7.99
Peanut Butter Smooth Lightly Salted 250g	£2.69
COCONUT	
Coconut Cream 400ml	£2.19
Coconut Milk 200ml	£0.99
Coconut Milk 400ml	£1.59
Coconut Milk Light 400ml	£1.49
CULINARY JUICE	
Lemon Juice 250ml	£1.99
Lime Juice 250ml	£1.99
CONDIMENTS	
Vegan Garlic Mayo 240ml	£2.29
Vegan Mayo 240ml	£2.29
Tomato Ketchup Sauce	£2.49
BREAD	
Wholegrain Rye Bread with sunflower seeds	£2.09
Wholegrain Rye Bread 500g	£2.09
OTHER	
Young Jackfruit 400g	£2.49
Sauerkraut 330g	£1.99













