

BABY

10 Sanity-Saving Products to Help Baby Sleep Through the Night

by Hilary Braaksma



Sleepless nights caring for baby come with the territory—all tiny babies go through periods of time that require around-the-clock care. But if your pediatrician says your baby is at the age and development stage capable of sleeping through the night and you're still up constantly, these soothing products might help. Safety requirements for sleeping babies change often and methods like pillows, blankets, stuffed animals or in swings and chairs are now considered dangerous. We've made sure to provide the most up-to-date safety standards for these nighttime tips.

Each product we feature has been independently selected and reviewed by our editorial team. If you make a purchase using the links included, we may earn commission.



Serta Perfect Embrace Crib Mattress

Price: \$80.00

[Buy Now](#)

This crib mattress has a polyester fiber core that's comfortable, yet firm, to give your little one a restful night of sleep. If they have to leave your arms they might as well be in a super comfy crib, right? Parents will love the lightweight design that makes putting fresh sheets on easy, a waterproof cover that prevents stains and makes it quick and easy to clean during middle-of-the-night emergencies.