

## A BRIEF OVERVIEW THE ELDERBERRY & THE P.O.E

Elderberries are recognized as one of the top anti-viral herbs on the planet as well as a potent antioxidant and powerful anti-inflammatory.

Sambucus Nigra is the most common variety of the black elderberry plant used for medicinal purposes. It is native to Europe, Africa, and parts of Asia and is the species on which the majority of scientific research has been conducted.

Elderberry is often recommended for use as a natural remedy to support the natural process of recovery and restoration however research supports the use of the Elderberry as a holistic herbal supplement to support whole body systems.

Research suggests Elderberries have pharmacologic properties making it a natural alternative for Cold, Flu, Sinus Infections, Lowering Blood Sugar Levels, Supporting Regularity, Heart Health & Skin Health. Elderberries are also rich in essential nutrients such as vitamin C, vitamin A, vitamin B6, iron and potassium.

The POWER of Elderberries provides premium elderberry syrup products using organic ingredients and an abundance of local raw honey with the highest standards of processing to ensure quality and efficacy.

Our product recommendations include the following.

We recommend The POWER of Elderberries for Elderberry supplementation because [insert practice or business statement].

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