



DEFENDER

## FOOT DEFENDER FITTING TIPS



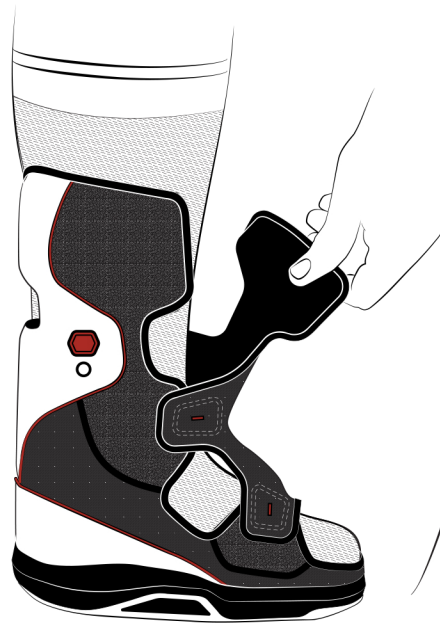
### STEP 1

Deflate the air cell by pushing the silver button

Place patient in a tall diabetic sock

Remove AFO front closure

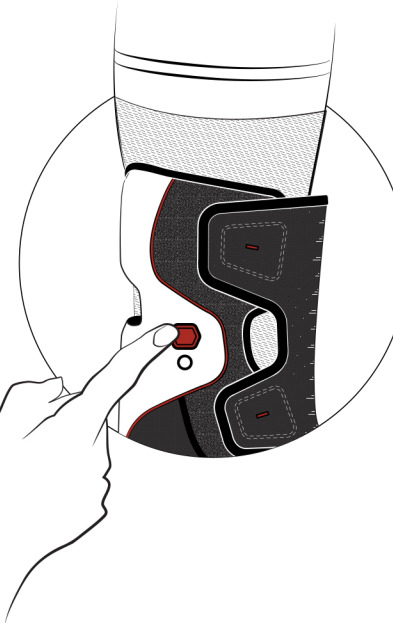
Place patient's heel firmly into the back of the boot



### STEP 2

Apply front AFO closure, starting with the hook & loop near the toes, work your way up

Be sure the top strap is not too tight, allow for 2 finger gap



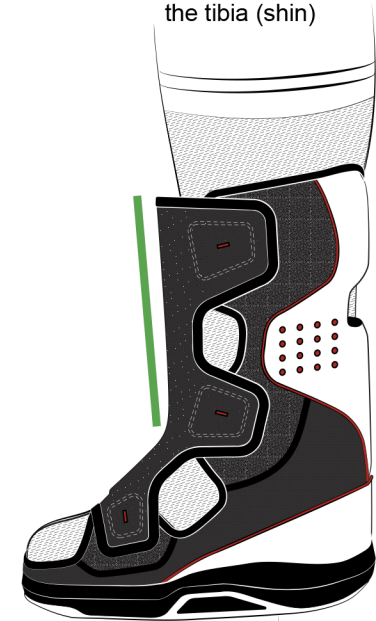
### STEP 3

Pump air 3-8 times for a snug fit at the heel

*\*Important to release the air with the silver button each time you remove the boot or pump more air into it. Do not exceed more than 8 pumps total.*

✓ **JUST RIGHT**

Note the AFO angle to the tibia (shin)



✗ **TOO TIGHT**

Wrong angle to the tibia (shin)

