

## 尊尚身體檢查計劃 - 由全科醫生主理 Platinum Health Assessment Package - by General Practitioner

檢查項目 Test Items	
Doctor 醫生主理	詳細病歷評估及身體檢查 - 由全科醫生主理 Detailed Medical History & Physical Examination by General Practitioner
Nurse 護士主理	量血壓 Blood Pressure
	體質指數分析 Body Mass Index (BMI)
	視力檢查 Visual Acuity
心肺功能檢驗室 CP Lab	運動心電圖 Exercise Stress Test (Treadmill)
放射診斷檢查 Diagnostic Imaging	肺部 X 光檢查 Chest X-Ray
化驗室檢驗 Laboratory Investigation	全套血球計算 Complete Blood Count
	血沈降率 ESR
	血型因子 Blood group with Rh
腎功能 Renal Function	肌酸酐 Creatinine
肝功能 Liver Function	谷草轉氨酶 SGOT (AST)
	谷丙轉氨酶 SGPT (ALT)
血脂分析 Lipid Profile	總膽固醇 Total Cholesterol
	高密度脂蛋白膽固醇 HDL Cholesterol
	低密度脂蛋白膽固醇 LDL Cholesterol
	三酸甘油酯 Triglycerides
糖尿病檢測 Diabetic Screening	空腹血糖 Fasting Blood Glucose
尿液常規檢查 Urine Routine Examination	尿液分析 Urinalysis
跟進 Follow-up	醫生解釋報告及提出個人化建議 Explanation of Report & Personalized Recommendation

### 備註 Remarks :

- 計劃已包括早餐或午餐。  
Package include one meal, either breakfast or lunch.
- 惠顧身體檢查套餐的客戶，於當天預訂或辦理指定額外檢測項目，可獲門診價 8 折優惠。  
20% discount of ordinary out-patient prices will be applied for designated optional test done with any Health Assessment Program, provided the tests are performed or reserved on the examination day.
- 服務地點：香港司徒拔道 40 號香港港安醫院 - 司徒拔道 1 樓

Service location: 1/F, Hong Kong Adventist Hospital - Stubbs Road, 40 Stubbs Road, Hong Kong

4. 檢查前 8 小時不可飲食。

Fasting for at least 8 hours before the check-up is required.

5. 如有定期服用藥物，請於預約時告知醫護人員。

If you are taking medication regularly, kindly inform medical staff when making an appointment.

6. 如有暈血或暈針紀錄，請在抽血前告知醫護人員，以作準備。

Please inform medical staff for history of hemophobia or needle phobia before the test.