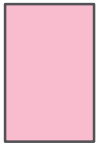




Sew Yeah Simple Dress

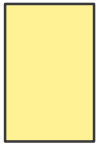
Size 6

Materials:



Fabric A: 1 yard main print

Cut 1 large strip, 26" x WOF



Fabric B: 2/3 yard accent

Cut: (1) 7" x WOF strip, cuff

Cut (2) 2" x WOF strip, ties

Cut (2) 6" x 12" rectangles, pockets

Note for larger sizes:

You will need 1 1/2" yards for the main print

Size 7: Cut (2) 25" wide x 27" long

Size 8: Cut (2) 27" wide x 28" long

Adjust the armholes:

For size 7, mark down at 9 1/2", for size 8, mark down 10 1/2"

For Cuff:

Size 7: Cut (2) 7" WOF strips
Subcut (2) 7" x 25"

Size 8: Cut (2) 7" x WOF strips
Subcut (2) 7" 27"

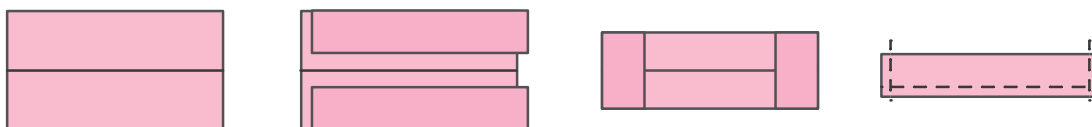
French Seam:

You will be using a french seam technique in this dress that hides all raw edges. Wherever you are instructed to sew a french seam, follow these directions:

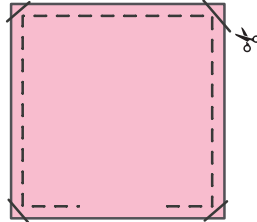
- You will be using a french seam technique in this dress that hides all raw edges. Wherever you are instructed to sew a french seam, follow these directions:
- Pin your fabric together so that the wrong sides are facing each other
- Sew the fabric together using a 1/4 inch seam allowance
- Iron your first seam, towards one side
- Now fold your fabric over the seam so that the right sides of your fabric are facing each other, hiding the first seam
- Sew your second seam along this fold, using a 1/2 inch seam allowance, to enclose the first seam (If your seam allowance is too small on the second seam, the rough edges of the fabric will end up sticking out of the second seam on the finished side of your project)
- Iron the completed double seam to one side, one more time. Now you have a seam allowance on the inside that has no raw edges

Prepare accent pieces:

Create the drawstring ties by folding each of the 2" WOF strips of Fabric B in half lengthwise and press. Open up and fold the long edges in toward the first center crease, on each side; press. Fold in half again, enclosing all the raw edges. Open back up and fold over each end 1/4 to enclose the short raw edges. Re-fold along the previous iron marks. Top stitch down the 1 long edge and 2 short ends.



Create the pockets by folding each of the 6" x 12" rectangles of Fabric B in half, right sides together. Stitch around all 4 sides using a ½" seam allowance and leave an opening at the center of the bottom side for flipping. Clip corners, flip out through opening and press edges neatly, pushing out seams. Press opening hem in place. This will be closed when it is sewn to the dress.

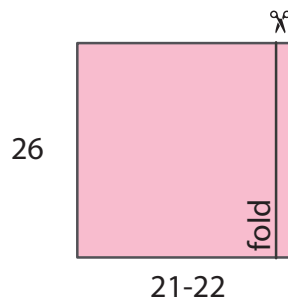


Prepare the cuff by folding the 7" x WOF strip in half lengthwise and press.



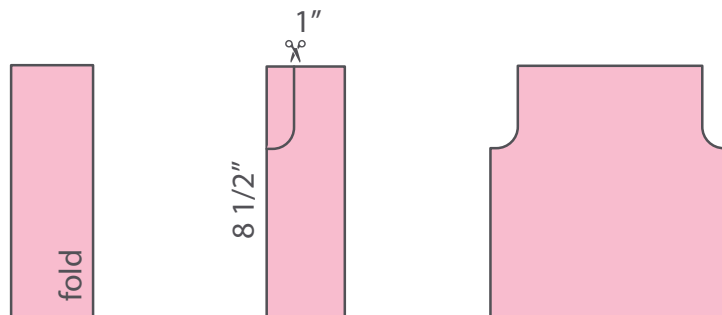
Prepare main pieces:

Trim off any of the selvedge edges as minimally as possible. Fold back in half again lining up the clean cut edges and split the unit in half along the fold, creating 2 pieces that are 26 x ½ the WOF (approximately 21-22" wide)

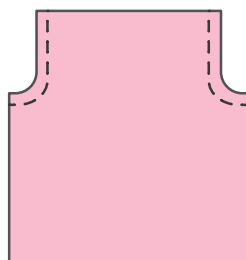


Lay the 2 new pieces right sides together. Fold the entire thing in half, so that the fold goes vertically down the center. Line up edges and pin in place so it doesn't shift. You will now have 4 layers of fabric so you can create both arm holes at the same time.

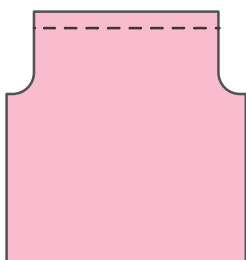
Mark 1" over from the raw edge on the top of the dress unit. Measure down from the top 8 1/2" and mark. Using your scissors cut a straight line starting at the top mark going down. When you get about 1" - 1 1/2" away from the bottom mark, curve towards it so your cut comes out on that side at the 8 1/2" mark. This is your armhole.



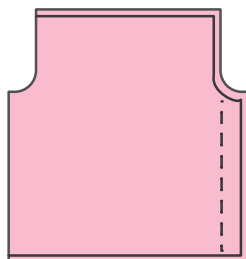
Remove the pins holding the layers together and hem the arm holes by folding the raw edges under 1/4" and then again 1/4" and topstitch in place.



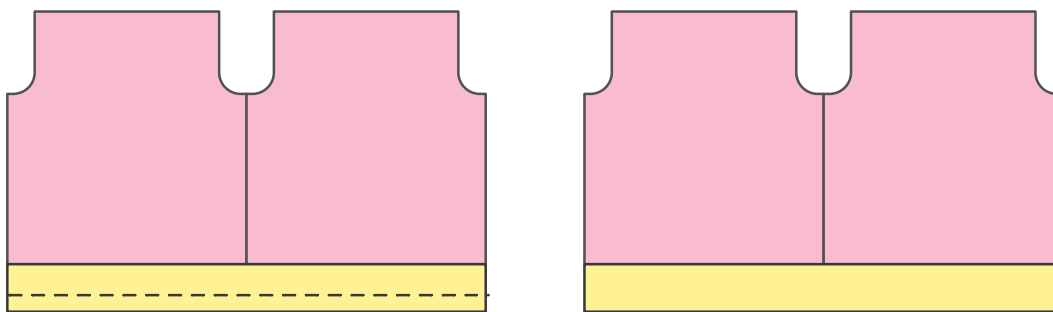
To create the casing at the top of the dress hem each top 1/4" under and stitch in place. Fold over again 1 1/2" down, wrong sides together and stitch in place. The top will be hemmed and the sides will be open to insert the ties.



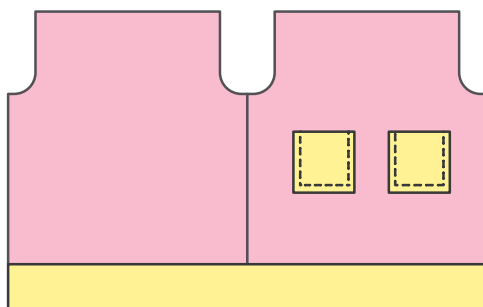
Take the 2 main pieces and create a french seam along one side seam, as instructed on page 1. Press final seam open and lay unit out flat.



Sew the cuff unit on using the french seam technique across the entire bottom of the main unit. Because the cuff unit is folded in half (with wrong sides together) it has no wrong side. So lay it against the wrong side of the main unit, lining up raw edges and continue as instructed. It's possible the cuff unit will be slightly longer than the main unit, just trim edge as needed. Once finished, fold cuff unit down and press the french seam up.

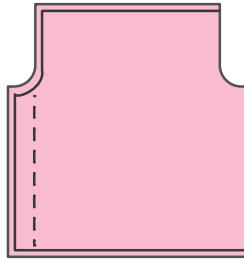


Add pockets to one side of the main unit. Measure in about 2-3 inches from each side and about 14" from the top. Pin each pocket in place and topstitch close to the edge around 3 sides, leaving the top open. This will also close the opening that was left when it was flipped.



You're almost done!

Now close up the remaining side of the dress using the french seam technique.



Insert each drawstring tie through the front casing on the front and back of the dress. Make sure the tie is evenly placed with the same amount of tie coming out on each side. Place a stitch through the center of the casing, holding the tie in place so it doesn't come out.

