

## Before you start, you will need



PRO POWER+ In Office Teeth Whitening Technology fully charged control + sterilized autoclavable mouthpiece



PRO POWER+ In Office Teeth Whitening Treatment



PRO POWER At Home Teeth Whitening Kit



Whitening Shade Guide arranged from light to dark

- hand held mirror
- camera
- prophy angle
- pumice
- cotton swab
- curing light
- 2x2 gauze
- bnda brush
- saliva ejector
- surgical suction
- cotton rolls
- mouth mirror
- explorer
- cotton pliers
- air/water syringe tip
- safety goggles

## In Office Teeth Whitening Steps



\*  
Indicates Technique Sensitive Step (will impact results)  
\*



1 Take initial teeth shade; share with the patient and enter in chart; photograph patient's "before" smile (with and without matching shade tab).



2 Universal fit mouthpiece has a flexible arch and fits most patients without adjustment. If needed, ends can be squeezed together or pushed apart.



3 Pumice patient's teeth. Use only white pumice to clean the teeth, no prophy paste or fluoride.



4 Squeeze ends of GLO cheek retractor together, place one side in mouth, and then the other side (GLO logo should be visible inside the mouth, resting on the tongue). Place a folded cotton roll under tongue for added dryness while building barrier (may need to be switched out once saturated).



5 Start with the upper arch. Air dry upper gingiva with air/water syringe; apply GLO gingival barrier to gingival margin (and CEJ), and make sure to cover all the attached gingiva 4-5mm. Extend distal at least one tooth.



6 If recession is present, cover these areas to prevent sensitivity. Apply gingival barrier to incisal edges on upper and lower anterior teeth. Light cure immediately after gingival barrier placement.



7 Proceed with the lower arch. Air dry lower gingiva with air/water syringe; apply GLO gingival barrier to gingival margin (and CEJ) and make sure to cover all attached gingiva 4-5mm and light cure.



8 Place folded, 2x2 gauze in top and bottom lip vestibules. Gauze is more easily placed when slightly wet.



9 After the teeth are fully isolated, apply GLO lip care on the lips, using a new cotton swab for each application.



10 Attach orange mixing tip to whitening syringe and ensure it is firmly seated onto dual barrel whitening gel syringe. prior to initial use, bleed a small amount onto bracket tray to ensure even mix.



11 Use enough whitening gel to visibly see 2-3mm of gel on each tooth surface isolated for whitening. Brush gel across bottom and top teeth.



12 Align mouthpiece in mouth, one side at a time, so the GLO PRO logo is rightside up; apply additional lip treatment and ensure lips do not come in contact with mouthpiece or whitening gel.



13 Ask patient to lightly close mouth to secure mouthpiece; patient's jaw should be closed but relaxed. Teeth should fit directly into mouthpiece for best whitening results.



14 Start the 8-minute whitening session by pressing the GLO PRO button twice. The first tap will turn on the device and cause the heat indicator to blink. The second tap will activate the mouthpiece which will illuminate and the heat indicator will glow a solid orange.



15 \* Optional: Holding the GLO cheek retractor by the tab, have the patient gently bite down as you insert the small suction between the GLO mouthpiece and cheek.



16 The 8 light bands around the GLO PRO button will count down the 8-minute session counter clockwise, with one light shutting off at each 60-second interval. The control will blink and beep when the 8 minutes are complete. The mouthpiece light will shut off, although it will continue warming in preparation for the next 8-minute session.



17 At the end of the 8-minute application, gently remove mouthpiece and use a surgical suction to remove whitening gel from the mouthpiece and teeth. Wipe enamel with clean dry cotton roll before every application to ensure next gel application fully contacts enamel.



18 Confirm gingival barrier is still intact; wipe mouthpiece of any residual H<sub>2</sub>O<sub>2</sub> gel. Check soft tissue/lips and add more lip treatment. Switch out folded cotton roll under tongue for a new dry roll.



19 Reapply GLO professional whitening gel to all teeth; for best results, prior to reapplying the whitening gel, always bleed the syringe tip for freshly mixed gel.



20 Press the GLO PRO button to start the second 8-minute whitening session; the mouthpiece will illuminate. When the session is complete, double tap the GLO PRO button to shut off the device. It will also automatically shut off after 5 minutes of no use.



21 After final application, remove gel, barrier, and retractor; have patient rinse thoroughly.



22 Take final shade of teeth and note in chart; photograph patient's smile with and without matching shade tab; compare with initial shade and share with the patient.



23 Give the patient their At Home Teeth Whitening Kit for continued whitening and maintenance at home between appointments.

Hydrogen peroxide whitening gel should not be swallowed. If a small amount is accidentally ingested, patient should rinse mouth thoroughly and drink fluids.



See these steps in action and download free marketing tools for your practice at [glosciencepro.com](http://glosciencepro.com)

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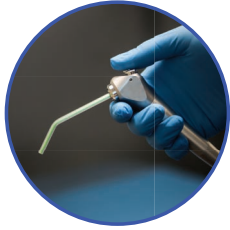
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# Important Protocol Tips to Ensure Optimal Clinical Outcomes

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## TAKE A SHADE

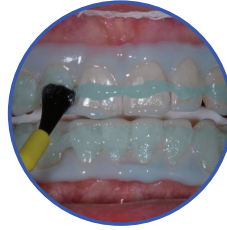
Make sure your shade guide is properly arranged from light to dark.



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## AIR DRY

Before applying gingival barrier, dry the teeth and gums to ensure that the gingival barrier adheres properly. Gingival barrier should be applied first to gingival margin and then the attached gingiva.



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## GEL COVERAGE

Use enough whitening gel to visibly see 2-3mm of gel on each tooth surface isolated for whitening. Brush gel across bottom and top of teeth.



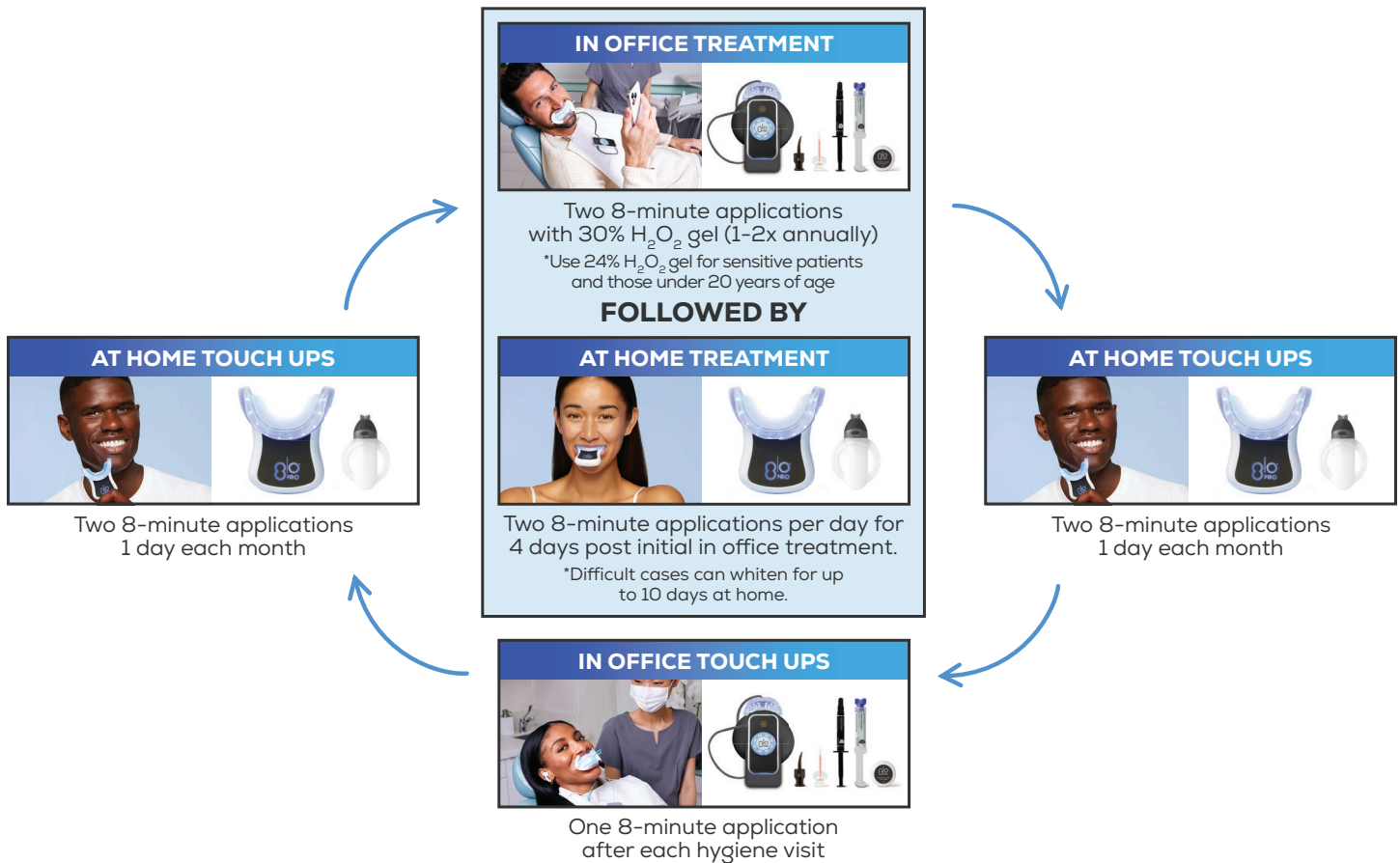
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## REMOVE REMAINING GEL

At the end of each application, suction away any remaining whitening gel with surgical suction and use a clean, dry cotton roll to wipe the enamel clean. This ensures fresh gel will come in full contact with enamel for the next application.

## Whitening Treatment Protocol Guide

GLO in office treatment followed immediately by an at home GLO whitening regimen yields the best results. This approach, pioneered by GLO Science, enables patients to stabilize their whitening results after their office visit and continue whitening at home to achieve and maintain their ideal shade of white.



### TETRACYCLINE STAINS

\* Advanced tetracycline stains may require a longer, more aggressive treatment protocol.

\* Complete two in office whitening treatments of two 8-minute applications each using 30% H<sub>2</sub>O<sub>2</sub> two weeks apart.

\* Follow each in office treatment with 14 days of whitening at home, completing two 8-minute applications each day.

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