



## IMMUNE TONIC+ ADVANCED™

Ora Immune Tonic+ Advanced™ is a vegan-friendly, high potency immune tonic with organic Astragalus, Siberian ginseng, Quercetin, Zinc, Vegan Vitamin D3, medicinal herbs and Reishi mushroom to support the immune system to fight illness, relieve fatigue and increase vitality.



Organic  
*Astragalus  
membranaceus*



Organic  
*Eleutherococcus  
senticosus*



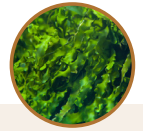
*Schisandra  
chinensis*



Reishi mushroom  
*Ganoderma lucidum*



Quercetin



Algal Vitamin D3

ACTIVE INGREDIENTS	PER CAPSULE	PER DAY
Organic <i>Astragalus membranaceus</i> root ext. dry equivalent	2250 mg	4500 mg
Organic <i>Eleutherococcus senticosus</i> root ext. dry equivalent	1500 mg	3000 mg
<i>Schisandra chinensis</i> root fruit ext. dry equivalent	1500 mg	3000 mg
<i>Ganoderma lucidum</i> (Reishi) fruiting body ext. dry equivalent	750 mg	1500 mg
Quercetin dihydrate	250 mg	500 mg
Zinc citrate dihydrate Equiv. Zinc	62.3 mg 20 mg	124.6 mg 40 mg
Colecalciferol (Vitamin D3 500 IU)	12.5 mcg	25 mcg

- ✓ Suitable for vegetarians and vegans
- ✓ 60 or 120 caps (1 or 2 months' supply)

### Who This Is For

Ora Immune Tonic+ Advanced™ is recommended for adults seeking help with:

- Poor immunity
- Recurrent infections
- Fatigue and malaise
- Maintaining a healthy immune system
- Convalescence after illness
- Immune defence

### Co-creating wellness™

We recommend a holistic approach in combination with Ora Immune Tonic+ Advanced™. Try the following to enhance results:

- Increase nutrient-dense foods
- Improve assimilation and absorption of nutrients by supporting digestion - digestive enzymes, papaya, kiwifruit, apple cider vinegar
- Avoid histamine-forming foods to reduce inflammation
- Manage stress with breathing exercises and regular exercise
- Ensure plenty of restful sleep

**Combines well with:**

- Ora DeBloat and Digest+™
- Ora Adaptogen Tonic+™



### Traceable Ingredients

We take pride in selecting only the highest quality ingredients from all over the world and being transparent about the ingredients we use. The active ingredients in Ora Immune Tonic+ Advanced™ are sourced from:

**Organic Astragalus membranaceus** – Cultivated on farms in Inner Mongolia, Gansu province. Extracted in China at a FDA, HACCP, ISO9001-2015 facility which specialises in US-Organic, Kosher, Halal and non-GMO ingredients.

**Organic Eleutherococcus senticosus** – Cultivated on farms in Helongjiang, China. Extracted in China at the same facility as our Organic Astragalus extract.

**Schisandra chinensis** – Cultivated on farms in Liaoning province, China. Extracted in China at a state-of-the-art cGMP, ISO series, Kosher- and Halal-certified manufacturing facility.

**Ganoderma lucidum** – Cultivated and manufactured in China and harvested in Spring, Autumn and Winter. GMO-free and free from soil and any impurities.

**Quercetin dihydrate** – Produced from a cultivated source of *Sophora japonica* (Japanese Pagoda tree), native to China and Japan. Grown on farms in China and manufactured in the Sichuan province in a facility with EU- GMP, cGMP, ISO9001-2015, ISO22000, HACCP certifications, and meeting pharmacopeial EP, USP, BP, JP and CP monograph standards.

**Zinc citrate** – Produced in Jiangsu, China at manufacturing facility specialising in mineral salts with GMP, ISO9011, ISO2200, Kosher and Halal certification.

**Vegan Vitamin D3** – Manufactured in the UK from Algae. Registered and certified by The Vegan Society and accredited with the Indian Vegetarian Mark.

## Find Out More

**Astragalus membranaceus** - is one of the primary tonifiers and has been valued by Chinese Medicine practitioners for centuries as an immune modulator to support immune function. Astragalus has traditionally been used to enhance immune resistance in people experiencing recurring upper respiratory infections as well as to restore, strengthen, and balance the body's immune response.

**Eleutherococcus senticosus** - has been historically used as an adaptogen. Extracts of the root produce a non-specific increase in the body's defense against exogenous stress, stimulate the immune system and promote an overall improvement in physical and mental performance, restore vigour and increase stamina.

**Schisandra chinensis** - has been a primary medicinal ingredient of Chinese Herbal Medicine since ancient times. In Traditional Chinese Medicine, Schisandra has been used primarily as an astringent tonic for the lungs and kidneys, to arrest mucous discharge, alleviate spontaneous sweating and night sweats, to relieve coughs, fortify Qi and decrease fatigue.

**Ganoderma lucidum** - has historically been described as a superior medicinal tonic and often used in Traditional Chinese Medicine for many uses including to strengthen the body

and tonify Qi, to relieve cough due to cold and cough with profuse sputum. In Western Herbal Medicine, Reishi is used for its tonic properties and especially as an immunomodulator to support healthy immune system function.

**Quercetin** - is a natural pigment belonging to a group of plant compounds called flavonoids that give many fruits, vegetables and grains their colour. It is one of the most abundant antioxidants and plays an important role in neutralising free radicals as well as reducing damage from free radicals. Quercetin can also support a healthy cardiovascular system and support healthy blood circulation.

**Zinc** - plays an important role in immune function. The body requires zinc to develop and activate T-lymphocytes, immune cells which play a vital role in the immune response to viral infection. Zinc deficiency has been shown to negatively affect macrophage function, phagocytosis, cytokine production, growth and function of T and B lymphocytes and natural killer cell activity. Low levels of zinc may also increase susceptibility to infections.

**Vitamin D** - has been shown to play an important role in regulating the body's immune response to virus and bacteria by stimulating the activity of specific immune cells which identify and eliminate pathogens that can cause infection.

## How We Make It

We use the minimum amount of excipients during our manufacturing processes.

Ora Immune Tonic+ Advanced™ contains the following added substances at < 75.84 mg input/capsule:

Microcrystalline cellulose, Colloidal anhydrous silica, Povidone and Vegan Leucine – added to aid the manufacturing process, enhance final product stability and support efficacy of the product.

Additional substances related to the capsule and individual ingredients, not added during the product manufacturing process:

Vegetarian Capsule excipients:  
Hypromellose, water.

Astragalus extract:  
Contains a small percentage of maltodextrin.

Vitamin D3 powder:  
Contains a microencapsulation powder matrix made up of acacia, silicon dioxide, maize starch, mono and diglycerides and sodium ascorbate. These ingredients support stability of the Vitamin D3 and aid bioavailability.

No added yeast, soy, added sugars, lactose, gluten, artificial colourings and flavourings, dairy or animal products.

## Indications For Use

We acknowledge and celebrate the empirical knowledge gained through the elegant use of herbs in Chinese and Western Herbal traditions and the evaluation of minerals and vitamins through robust human clinical research in contemporary science. The herbal ingredients in Ora Immune Tonic+ Advanced™ have been used in Traditional Chinese Medicine and Western Herbal Medicine practices to:

- Support healthy immune system function and your immune system to fight illness
- Replenish Qi and relieve weariness, fatigue and feelings of weakness
- Reduce spontaneous sweating
- Assist with illness recovery and aid convalescence to get you back on your feet sooner
- Support lung health and help reduce cough

## Contraindications

Avoid during stages 1 and 2 of a cold or flu. During stages 1 and 2, consider acute immune remedies, refer to HCP and get a COVID test.

Signs and symptoms of stage 1, 2 and 3 of a cold:

Stage 1 (1-2 days) – A sore throat, tiredness, fatigue, a slightly runny or stuffy nose with clear mucus. Generally mild symptoms.

Stage 2 (2-3 days) – Symptoms increase and worsen with a runny or congested nose, mild aches, sneezing, sore throat, tiredness, fatigue, cough.

May notice mucus from the nose turning white, green or yellow during this stage.

Stage 3 (7-10 days) – Symptoms ease up, and recovery starts to occur. Fatigue, cough and nasal symptoms may persist.

### Cautions:

Do not use during pregnancy or breastfeeding.

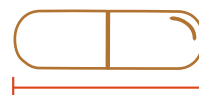
## Directions For Use

Take one capsule, twice daily, or as recommended by your healthcare practitioner. Always read the label. Follow the directions for use. If symptoms persist, worsen, or change unexpectedly, talk to your healthcare professional.

**Pack size:** 60 or 120 vegan capsules

**Product Code:** IMMADV60-ORA (60 capsules) / IMMADV120-ORA (120 capsules)

## Capsule Size



25.3 mm

Vegan



Scan me to learn more about Ora Immune Tonic+ Advanced™