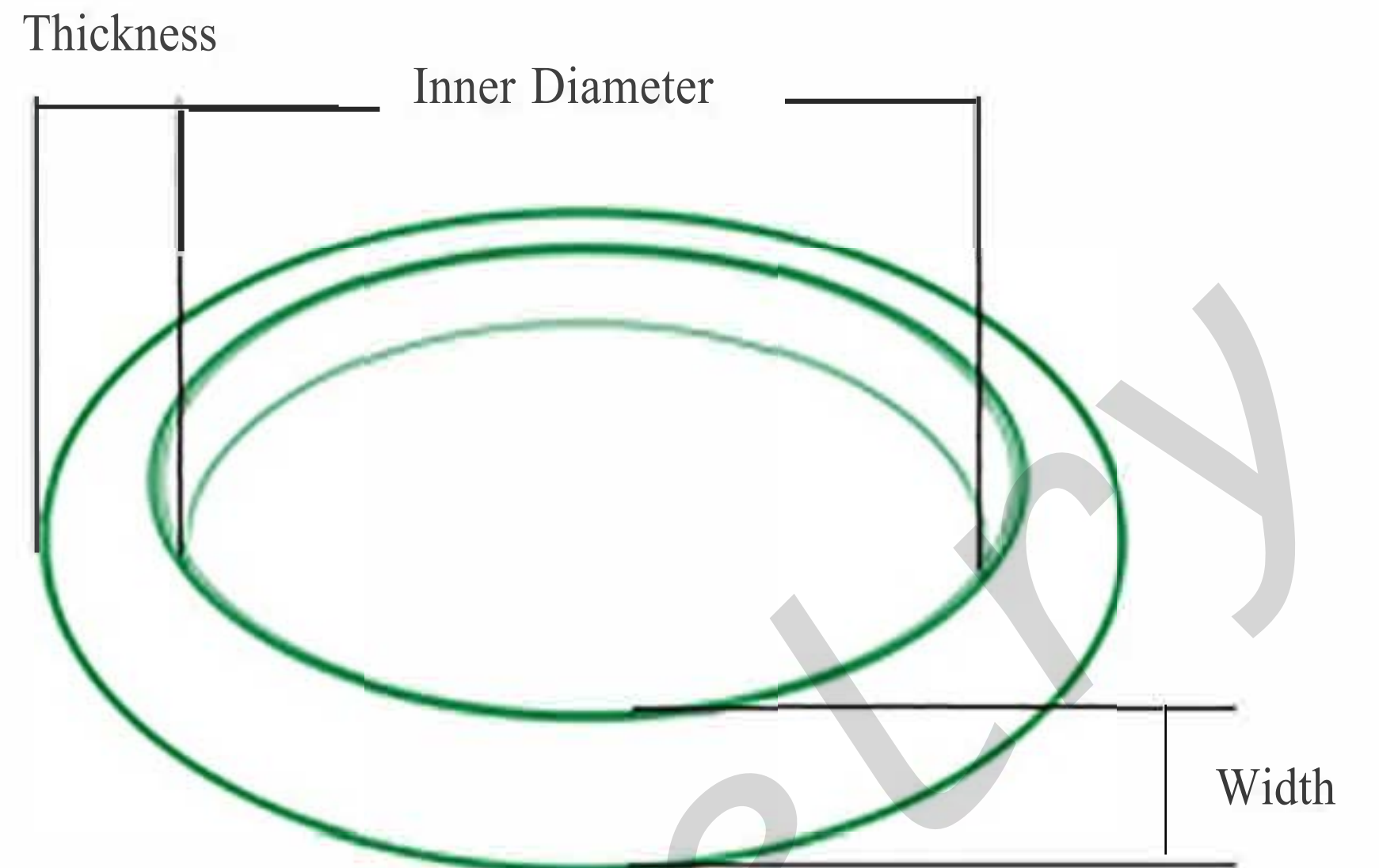


How To Choose The Bangle Size?



A-Direct Measurement Method

Directly measure the size of the widest part of the palmar condyle (except the thumb), and choose the size to wear according to the corresponding size in the figure below.

B-Taper Measuring Method

Pinch the five fingers together, use a measuring tape to measure the circumference of the thickest part of the hand, and choose the size according to the size corresponding to the figure B below.



A-Direct Measurement Method	B-Taper Measuring Method	Size(Inner Diameter)
62-66mm	130-150mm	51-52mm
66-70mm	150-170mm	53-54mm
70-74mm	170-190mm	55-56mm
74-78mm	190-210mm	57-58mm
78-82mm	210-230mm	59-60mm
82-86mm	230-250mm	61-62mm
86-90mm	250-270mm	63-64mm

Tips:

- *Using some lotion or hand sanitizer may help when wearing the jade bangle.
- *Contact us if you have any other problems before or after purchasing.

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