

designed to the *Nines*
brings you

Give Joy

TO THE WORLD CHALLENGE

December 2022

SUN	MON	TUE	WED	THU	FRI	SAT
				1 DONATE TO A CAUSE YOU BELIEVE IN	2 LOOK IN THE MIRROR AND SAY SOMETHING KIND TO YOURSELF AND BELIEVE IT	3 PAY FOR THE CAR BEHIND YOU IN FAST FOOD LINE'S TICKET
4 FORGIVE SOMEONE WHO HAS WRONGED YOU.	5 DONATE TO YOUR LOCAL FOOD BANK OR A FAMILY IN NEED	6 DO AN ANONYMOUS ACT OF KINDNESS FOR SOMEONE	7 PAY SOMEONE A COMPLIMENT TODAY	8 WRITE SOMEONE A THANK YOU NOTE TODAY	9 SMILE AT EVERYONE THAT CROSSES YOUR PATH TODAY	10 SUPPORT A SMALL BUSINESS TODAY. IF POSSIBLE LEAVE POSITIVE REVIEW.
11 DO/SAY SOMETHING NICE FOR SOMEONE YOU DON'T GET ALONG WITH	12 REACH OUT TO SOMEONE YOU HAVEN'T TALKED TO IN A WHILE.	13 GIVE SOMEONE THAT OVERDUE APOLOGY	14 SEND A HOLIDAY CARD TO SOMEONE IN A NURSING HOME OR HOSPITAL	15 GIVE SOMEONE A POSITIVE SHOUT OUT ON SOCIAL MEDIA	16 SEND SOMEONE A TEXT OF WORDS OF ENCOURAGEMENT	17 TEXT A FAMILY MEMBER YOU HAVEN'T TALKED TO IN A WHILE
18 BAKE SOMETHING FOR A FRIEND OR NEIGHBOR.	19 SHARE AN UPLIFTING THOUGHT ON SOCIAL MEDIA.	20 LET SOMEONE GO AHEAD OF YOU IN LINE.	21 GIVE A HANDMADE GIFT TO SOMEONE	22 SMILE AND SAY HELLO TO A PERFECT STRANGER.	23 ANONYMOUSLY DROP A GIFT OFF AT SOMEONE'S HOUSE AND GO UNNOTICED	24 WRITE DOWN ALL THE THINGS YOU ARE GRATEFUL FOR.
25 TELL YOUR LOVED ONES WHY YOU LOVE THEM!	26	27	28	29	30	31

#GIVEJOYTOTHEWORLD

In an effort to bring more "Joy to the World", let's all do small acts of kindness everyday leading up to Christmas and be the good we want to see in the world!