

Vitamin D Deficiency **DOUBLES** RISK of Infection, ICU Admission, and Death from COVID-19

QUOTE BOARD

“All the studies showed an increased risk of Covid-19 positive test in subjects with lower 25(OH)D levels (Fig 1), and the SRR [summary relative risk] indicated a significant double increased risk of infection for subjects with low serum VD levels compared to the highest level: SRR = 2.18.”

**More than double the risk of infection with COVID-19 in those with low Vit D levels!!*

“Sixteen studies investigated the association between VD levels and severity of Covid-19 in terms of patient need for ICU admission or ventilation requirement or intubation” “The SRR indicated a significant double increased risk of severity [of COVID illness] for subjects with low serum 25(OH)D levels (SRR = 2.38).”

**More than double the risk of ICU admission or being put on ventilation for those with low Vit D levels!*

“Nineteen studies investigated the association between baseline VD levels and mortality of Covid-19 patients. The SRR for these studies suggested a significantly double increased risk of death for subjects with low level of 25(OH)D (SRR = 2.35).”

**More than double the risk of death for those with low Vit D levels!*

WHAT YOU NEED TO KNOW

Vitamin D, Vitamin A, and Omega-3 fatty acids are all essential nutrients required by the cells of the immune system. Without these essential nutrients the immune system cannot properly contain/kill viruses or prevent the cytokine storm that leads to hyper-inflammation and Acute Respiratory Distress Syndrome (ARDS) that causes serious illness requiring ICU admission and/or ventilation/intubation, and/or death.

There is now overwhelming scientific and clinical evidence indicating the importance of, and benefits of, supplementation with Vitamin D (and Vitamin A and Omega-3 fatty acids) to help prevent, and reduce the risk from, COVID-19 and FLU.

WHAT YOU NEED TO DO

You need to ensure sufficient intake of Vitamin D, Vitamin A, and Omega-3 fatty acids. There simply is no better, easier, or more cost-efficient way to do that than supplementing with Innate Choice® OmegA+D Sufficiency™ which was specifically formulated to provide sufficient intake of these all-important essential nutrients.

For more FREE information, and to purchase Innate Choice® OmegA+D Sufficiency™ please go to www.eatwellmovewellthinkwell.com.

D’Ecclesiis et al. (2022) Vitamin D and SARS-CoV2 infection, severity and mortality: A systematic review and meta-analysis. PLoS ONE 17(7): e0268396.