





Measurement Guide

Tips for more accurate results

-  Take waist and hip measurements over bare skin
-  Hold measuring tape straight and parallel to the floor when taking measurements
-  Stand straight, tall and relaxed
-  Enlist the help of a friend to take your measurements

Bust

-  Wear a bra with no padding and measure around the fullest part of your chest

Waist

-  Measure around your natural waistline (the smallest part of your waist)

Hips

-  Standing with your feet together, measure around the fullest part of your bottom