

AB 541: Helping Tobacco Users in Substance Use Treatment

What is AB 541? This bill requires a licensed or regulated substance use disorder treatment facility to assess all patients for tobacco use disorder (TUD) at intake. Facilities are required to provide patients with TUD information about the potential harm of tobacco use to their Substance Use Disorder (SUD) recovery, recommend treatment, and offer treatment or a referral.

What research says about people with SUD who smoke:

Do people with SUD want to quit smoking?

- People receiving substance use treatment are interested in quitting smoking¹
- People with a SUD can successfully quit smoking²
 - » People who smoke and have another SUD may be more nicotine dependent and can benefit from medication to quit smoking
 - » Addressing smoking cessation in a treatment plan can significantly increase the likelihood that the individual quits during treatment³

Can people in SUD treatment quit smoking?

- Tobacco cessation is possible while in SUD treatment
 - » Additional treatment support such as nicotine replacement therapy (NRT), behavioral counseling, or combination of these approaches improves outcomes⁴
- It can be safe and helpful for patients to quit tobacco while in treatment for another SUD
 - » No evidence that smoking cessation has a negative impact on abstinence from alcohol and other drugs among people in SUD treatment or recovery⁵
 - » Smoking cessation during substance use treatment may improve recovery from other substances^{6,7}

How can Kick It California (KIC) help?

- KIC is a free program that helps Californians kick smoking, vaping, and smokeless tobacco with proven, science-based strategies
- KIC offers confidential telephone coaching with a trained Quit Coach. A client will work with their Quit Coach to create a personal Quit Plan. The Quit Coach will also check in with the client at key points, to help them stay motivated!



Ready to make a referral to KIC?
Continue to the next page for instructions

1. McClure, E. A., Acquavita, S. P., Dunn, K. E., Stoller, K. B., & Stitzer, M. L. (2014). Characterizing smoking, cessation services, and quit interest across outpatient substance abuse treatment modalities. *Journal of substance abuse treatment, 46*(2), 194-201.
2. Hughes, J. R., & Kalman, D. (2006). Do smokers with alcohol problems have more difficulty quitting?. *Drug and alcohol dependence, 82*(2), 91-102.
3. Campbell, B. K., Le, T., Tajima, B., & Guydish, J. (2017). Quitting smoking during substance use disorders treatment: Patient and treatment-related variables. *Journal of Substance Abuse Treatment, 73*, 40-46.
4. Thurgood, S. L., McNeill, A., Clark-Carter, D., & Brose, L. S. (2016). A systematic review of smoking cessation interventions for adults in substance abuse treatment or recovery. *Nicotine & Tobacco Research, 18*(5), 993-1001.
5. Apollonia, D., Philipps, R., & Bero, L. (2016). Interventions for tobacco use cessation in people in treatment for or recovery from substance use disorders. *Cochrane Database of Systematic Reviews, (11)*.
6. McKelvey, K., Thru, J., & Ramo, D. (2017). Impact of quitting smoking and smoking cessation treatment on substance use outcomes: An updated and narrative review. *Addictive behaviors, 65*, 161-170.
7. Prochaska, J. J., Delucchi, K., & Hall, S. M. (2004). A meta-analysis of smoking cessation interventions with individuals in substance abuse treatment or recovery. *Journal of consulting and clinical psychology, 72*(6), 1144.

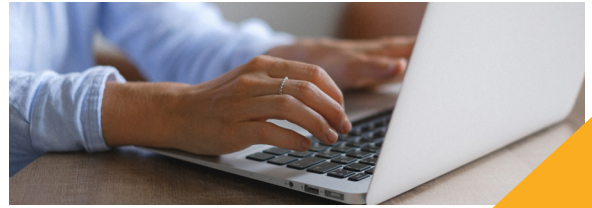
How to Submit Web-Based Referrals

Step 1 Fill out the Patient Referral Form



kickitca.org/patient-referral

Bookmark this page for easy access



Step 2 Enter ALL fields for Referring Professional & Patient/Client

Referring Professional Information

First Name*

Last Name*

Email*

Clinic/Organization*

Patient/Client Information

First Name*

Last Name*

Date of Birth (MM/DD/YYYY)*

Phone Number*

Gender


Language

Patient/Client Consent

Patient/Client or Guardian (if under 18) consents to allow the referring organization to share contact information with Kick It California for the purpose of offering cessation services through phone or email.

Yes, I consent

Verify

I'm not a robot 

[Privacy](#) [Terms](#)



A Quit Coach will call the patient within 2 business days after a referral is made.

Not able to do a web-based referral? No Problem. Patients can sign-up on their own.

Call **1-800-300-8086**
Visit kickitca.org/quit-now