


*it is time to*  
**BREAK FREE**  
**FROM MENTHOL**

 The sale of most flavored tobacco products, including menthol cigarettes, is now illegal in California.

**KICK IT CALIFORNIA** *is here to help*

Get the free support you need to quit smoking menthol with the help of proven strategies.

**CONNECT** *with a Quit Coach*



CALL: 800-300-8086



TEXT: Quit Smoking or Quit Vaping  
to 66819

**KICK / T**  
California



Quit Coaches are available  
Monday-Friday 7 a.m. to 9 p.m.  
Saturday 9 a.m. to 5 p.m.