


*it is time to*

# BREAK *FREE* FROM FLAVORS

 As of November 2022, the sale of most flavored tobacco products, including vapes, is illegal in California.

**KICK IT CALIFORNIA** *is here to help*

Forget trying to do it alone. Join our free program to get help to quit vaping for good.

**CONNECT** *with a Quit Coach*



CALL: 800-300-8086



TEXT: Quit Smoking or Quit Vaping  
to 66819

**KICK / IT**  
California



Quit Coaches are available  
Monday-Friday 7 a.m. to 9 p.m.  
Saturday 9 a.m. to 5 p.m.