



60 Days to Reclaim YOUR Health

MACADAMIA MOZZARELLA

Ingredients

- 2 cups macadamia nuts
- 2 cups cashews
- 2 tsp sea salt or to taste
- 1 Tbsp lemon juice
- 1/2 Tbsp Nama Shoyu (or to taste)
- 1 Tbsp nutritional yeast
- 1 cup distilled water, added while blending

Directions

1. In a food processor, blend all the ingredients except the water together until smooth.
2. Add the water while mixing to the desired consistency.

CREAM CHEESE

Courtesy of Hallelujah Acres Lifestyle Centers

Ingredients

- 1 cup macadamia nuts
- 1/3 cup fresh lemon juice
- 1/3 cup distilled water
- 1 tsp honey or agave nectar

Directions

Blend ingredients thoroughly in a food processor.