



The 20 Fruits and Veggies with the MOST Pesticides

1. Peaches
2. Apples
3. Sweet Bell Peppers
4. Celery
5. Nectarines
6. Strawberries
7. Cherries
8. Pears
9. Grapes (Imported)
10. Spinach
11. Lettuce
12. Potatoes
13. Carrots
14. Green Beans
15. Hot Peppers
16. Cucumbers
17. Raspberries
18. Plums
19. Grapes (Domestic)
20. Oranges



The 20 Fruits and Veggies with the LEAST Amount of Pesticides

1. Onion
2. Avocado
3. Sweet Corn (Frozen)
4. Pineapples
5. Mango
6. Asparagus
7. Sweet peas (Frozen)
8. Kiwi
9. Bananas
10. Cabbage
11. Broccoli
12. Papaya
13. Blueberries
14. Cauliflower
15. Winter squash
16. Watermelon
17. Sweet Potatoes
18. Tomatoes
19. Honeydew Melon
20. Cantaloupe