



Holle BIO Goat Toddler Milk German Formula – Stage 3 (400g)

Age: 10+ Months

PREPARATION INSTRUCTIONS



Preparation for all powdered formulas (also consistent with US FDA guidelines):

1. Use freshly boiled water for each of the baby's meals and allow it to cool down to 120 degrees Fahrenheit (50 °C) before mixing with formula powder.
2. Pour in 2/3 of the necessary amount of boiled water into a clean and sterilized bottle.
3. Use the scoop provided with your box of formula (note that spoon sizes vary by brand and even lot), add the correct number of leveled scoops of powder (1 leveled scoop of powder per 1oz / 30ml of water).
4. Close the bottle with the nipple and cap and vigorously shake until all the powder has completely dissolved.
5. Add the remaining water to the bottle and shake it again.
6. Cool to drinking temperature (approximately 98 degrees Fahrenheit or 37 °C) and always test the temperature of the milk before feeding to avoid scalding or burning your little one.

TIPS:

- ✓ Once you have opened the inner foil bag containing your formula, you should use within 2 to 3 weeks;
- ✓ Avoid storing in area of high heat or humidity;
- ✓ If the mixed formula is not consumed within an hour, you should discard it;
- ✓ Do not microwave bottles or formula.

FEEDING CHART

Age	Bottles per day	Amount of water (ml)	# of scoops	Ready-made Formula (ml)
10 +months	1 – 2	170	5	180
10 +months	1 – 2	200	6	210
10 +months	1 – 2	240	7	260



INGREDIENTS

Organic Goat Milk Powder, Organic Maltodextrin, Organic Vegetable Oils [Organic Sunflower Oil, Organic Rapeseed Oil], Organic Lactose, Organic Starch, Calcium Carbonate, Calcium hydroxide, Calcium Citrate, Microalgae Oil, L-Cystine, Iron Sulfate, Magnesium Chloride, Vitamin C, L-Tryptophan, L-Tyrosine, Sodium Citrate, Sodium Chloride, Iron Lactate, Vitamin E, Zinc Sulfate, Niacin, Pantothenic Acid, Copper Sulfate, Vitamin A, Vitamin B1, Vitamin B6, Folic Acid, Vitamin B2, Manganese Sulfate, Potassium Iodide, Vitamin K, Sodium Selenite, Vitamin D3, Biotin, Vitamin B12

NUTRITION FACTS

Energy	66 kcal	Total Salt	70 mg	Folic Acid	12,9 µg
Protein	1,4 g	Sodium	19 mg	Folate	21,5 µg
Fat	3,3 g	Potassium	73,8 mg	Biotin	2,2µg
Of which:		VITAMINS		MINERALS	
Saturated Fat	1,2 g	Vitamin C	12 mg	Calcium	68 mg
Monounsaturated Fat	1,6 g	Vitamin A	63,1 µg	Phosphorus	37,8 mg
Polyunsaturated Fat	0,5 g	Vitamin D3	1,6 µg	Magnesium	6,5 mg
Linolenic Acid	475 g	Vitamin E	1,7 mg	Iron	0,94 mg
Linolenic Acid (Omega 3)	49 g	Vitamin K	5,6 µg	Zinc	0,46 mg
DHA	13,90	Thiamine (Vitamin B1)	0,052 mg	Manganese	0,0059 mg
Carbohydrate	7,6 g	Riboflavin (Vitamin B2)	0,073 mg	Copper	0,046 mg
Of which:		Vitamin B6	0,040 mg	Iodine	14,3 µg
Sugars (Primarily Lactose)	3,3 g	Vitamin B12	0,16 µg	Selenium	2,5 µg
Starch	1,0 g	Niacin	0,38 mg	Chloride	75,4 mg
Lactose	3,2 g	Pantothenic Acid	0,38 mg	Fluoride	0,01

