

Looking after your brand new rugby boots...



Do

- Tighten studs correctly before every use
- Clean by hand after every use with boot/shoe cleaner
- Untie laces when removing

Don't

- Leave damp/dirty boots in a bag
- Put boots in a washing machine
- Dry using a heatsource i.e radiator
- Kick your boots off at the heel
- Wear on incorrect surfaces*
- Leave laces tied when storing

Always refer to the manufacturer's guidelines for advice & instructions for caring for your specific boots

*Ground types

It is important to wear the right boots on the right playing surface. **Soft ground** boots should only be worn on soft grass/mud pitches; never on anything artificial or concrete.

Firm ground boots should only be worn on hard grass/mud pitches or on 3G/4G; never on astroturf or concrete.



Scan for more information



rugby-heaven.co.uk