

Mama's Sweet Sleep Balm



PHARMACIST DEVELOPED



NATURAL ORIGIN



SAFER FOR PREGNANCY



FORMULATED FOR EFFICACY



SATISFACTION GUARANTEED

Struggling with sleep during pregnancy? You're not alone. In fact, 78% of pregnant women suffer from insomnia. Not getting enough sleep isn't just uncomfortable, it can also affect your baby's health. That's why we created Mama's Sweet Sleep Balm - the clean solution for pregnant mothers.

Our balm is formulated with safe ingredients like magnesium, coconut oil, almond oil, jojoba oil, and shea butter to calm your mind, relax muscles, and moisturize your skin. Plus, it also helps reduce the appearance of stretch marks.

Say goodbye to insomnia and hello to sweet dreams with Mama's Sweet Sleep Balm. Try it today and experience a restful night's sleep.

KEY INGREDIENTS



Magnesium Zechstein
ORIGIN: EUROPE



Coconut Oil
ORIGIN: USA



Bees Wax
ORIGIN: USA



Shea Butter
ORIGIN: USA

DIRECTIONS:

Apply 1-2 provided spoons of this nourishing magnesium balm onto areas of pain or tension or on your belly after a warm shower for a restful night.

- **WE BAN** +2500 INGREDIENTS
- SILICONE **FREE**
- ESSENTIAL OIL **FREE**
- PHENOXYETHANOL **FREE**
- **FORMULATED** FOR PREGNANCY
- BREASTFEEDING-**FRIENDLY**
- **NO** HORMONE DISRUPTORS
- **NEVER** TESTED ON ANIMALS



Dr. Lily Ros

ORGANICS

GREAT FOR MOMS & MOMS TO BE

HELPS WITH



GET RESTFUL NIGHTS



HELPS WITH RESTLESS LEGS



HELPS WITH STRETCH MARKS

INGREDIENTS:

Cocos Nucifera (Coconut) Oil*, Butyrospermum Parkii (Shea Butter)*, Magnesium Chloride, Oryza Sativa Bran Cera(Rice Bran Wax), Water, Rhus Verniciflua Peel Cera (Berry Wax), Simmondsia Chinensis (Jojoba) Seed Oil*, Prunus Amygdalus Dulcis (Sweet Almond) Oil*, Lecithin, Sambucus Nigra Fruit (Elderberry) Extract.

*Certified Organic

Net Wt. 3.3 oz (100g)





YOU MAY NOT KNOW THIS...

78% of pregnant women suffer from insomnia due to hormonal changes, anxiety and restless legs.

Sleep aid medication **may not be harmless** during pregnancy.

Lack of sleep during pregnancy is not just inconvenient. New research suggests that women who don't get enough sleep during pregnancy may have higher risks of developing pregnancy complications including: Preeclampsia, or high blood pressure.

BUT WE'RE HERE TO HELP

Mama's Sweet Sleep Balm is formulated with **the right amount of magnesium** to relax mind and muscles which is still safe for pregnancy (pregnant women need 400mg Magnesium daily).

We use nourishing oils and butters to **minimize skin irritation** that may be caused by magnesium.

It has a super-hydrating formula that can also **help with stretch marks**.

No Essential oils in the formula makes it a great fit for pregnancy and babies over 6 months.



Dr. Lily Ros, is a visionary registered pharmacist who has crafted an exceptional line of all-natural, plant-based skin and body care, and makeup products under her namesake brand, Dr. Lily Ros Organics. Combining her extensive pharmacology experience with a passion for cosmetics, Dr. Ros works diligently in her very own laboratory, formulating and compounding her line of products, which are truly 'bench to body' skin care.

With a sharp understanding of health and beauty products, Dr. Ros is well aware that claims of "botanical" or "all-natural" do not necessarily translate to safer products.

She understands that using the wrong ingredients in the wrong ratios can cause irritation and damage to the skin. During her pregnancy, Dr. Ros became more mindful of what she applied to her skin, leading her to embark on a mission to create a range of daily use products that were both effective and luxurious. By using only 100% organic botanicals, Dr. Ros has crafted a line of products that not only feel great on the skin, but are also healthy and safe.

Her philosophy is guided by **Five Key Principles**.

- ① Clinically supported ingredients
- ② Optimal extraction method for maximum efficacy
- ③ High oil/lipid content and oil soluble actives to maximize absorption.
- ④ Ingredients sourced from the most optimal environment
- ⑤ Formulated using only sustainable ingredients

GREAT FOR MOMS & MOMS TO BE

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