

## FRONT BODY WIDTH

Hold the tape across fullest part of the front chest. Make sure the tape measure is leveled through out

## BODY LENGTH

Hold the tape at the shoulder seam all the way down to the bottom of the hem

## SLEEVE LENGTH

Center Back to Wrist - Hold the tape at the base of neck to shoulder socket, down back of the arm to the elbow, and then to the wrist bone.

## WAIST

Hold the tape measure snugly at the natural waist, which is usually at the natural indent.
Do not pull tape tight.
Do not measure over the clothing.

## HIP

Measure around from the widest part of the hips Do not pull tape tight. Do not measure over the clothing.

[^0]
## PE T-SHIRT BODY MEASUREMENT CHART

Find your size in the horizontal bar.
The vertical numbers below each size are the actual garment measurements in inches

## TODDLER

| Size | 2T | 3T | 4T |
| :--- | :---: | :---: | :---: |
| front body width | $13^{\prime \prime}$ | $14 "$ | $14 "$ |
| BODY LenGTH | $14.5^{\prime \prime}$ | $15.5^{\prime \prime}$ | $16.5^{\prime \prime}$ |
| SLEEVE LENGTH | $4.25^{\prime \prime}$ | $4.5^{\prime \prime}$ | $4.75^{\prime \prime}$ |

YOUTH

| Size | YXS | YS | YM | YL | YXL |
| :--- | :---: | :---: | :---: | :---: | :---: |
| FRONT BODY WIDTH | $15^{\prime \prime}$ | $16^{\prime \prime}$ | $17^{\prime \prime}$ | $18.5^{\prime \prime}$ | $20^{\prime \prime}$ |
| BODY LENGTH | $20.5^{\prime \prime}$ | $22^{\prime \prime}$ | $23.5^{\prime \prime}$ | $25^{\prime \prime}$ | $26.5^{\prime \prime}$ |
| SLEEVE LENGTH | $6 "$ | $6.5^{\prime \prime}$ | $7 \prime$ | $7.5^{\prime \prime}$ | $8^{\prime \prime}$ |


| ADULT |
| :--- |
| Size |
| FRONT BODY WIDTH |
| BODY LENGTH |
| SLEEVE LENGTH |

## hollo nglla

## PERFORMANCE DRI FIT T-SHIRT

Find your size in the horizontal bar.
The vertical numbers below each size are the actual garment measurements in inches
YOUTH

| Size | YS | YM | YL | YXL |
| :--- | :---: | :---: | :---: | :---: |
| FRONT BODY WIDTH | $16^{\prime \prime}$ | $17^{\prime \prime}$ | $18.5^{\prime \prime}$ | $20 \prime$ |
| BODY LENGTH | $21.5^{\prime \prime}$ | $23.25^{\prime \prime}$ | $25^{\prime \prime}$ | $26.75^{\prime \prime}$ |
| SLEEVE LENGTH | $12.75^{\prime \prime}$ | $13.5^{\prime \prime}$ | $14.5^{\prime \prime}$ | $15.5^{\prime \prime}$ |

ADULT

| Size | XS | S | M | L |
| :--- | :---: | :---: | :---: | :---: |
| FRONT BODY WIDTH | $18^{\prime \prime}$ | $19.5^{\prime \prime}$ | $21^{\prime \prime}$ | $22.5^{\prime \prime}$ |
| BODY LENGTH | $27^{\prime \prime}$ | $28^{\prime \prime}$ | $29^{\prime \prime}$ | $30^{\prime \prime}$ |
| SLEEVE LENGTH | $16.5^{\prime \prime}$ | $17.25^{\prime \prime}$ | $18^{\prime \prime}$ | $18.75^{\prime \prime}$ |


| Size | XL | 2 XL | 3 XL |
| :--- | :---: | :---: | :---: |
| FRONt BODY WIDtH | $24^{\prime \prime}$ | $25.5^{\prime \prime}$ | $27^{\prime \prime}$ |
| BODY LenGTH | $31^{\prime \prime}$ | $32 "$ | $33^{\prime \prime}$ |
| SLEEVE LENGTH | $19.5^{\prime \prime}$ | $20.25^{\prime \prime}$ | $21^{\prime \prime}$ |

## hollo nilla

## PE POLY MESH SHORT

Find your size in the horizontal bar.
The vertical numbers below each size are the actual garment measurements in inches

## TODDLER

| Size | 2T | $3 T$ | 4T |
| :--- | :---: | :---: | :---: |
| WAIST | $20^{\prime \prime}-20.5^{\prime \prime}$ | $20.5^{\prime \prime}-21^{\prime \prime}$ | $21^{\prime \prime}-21.5^{\prime \prime}$ |
| HIP | $20.5^{\prime \prime}-21^{\prime \prime}$ | $21.5^{\prime \prime}-22^{\prime \prime}$ | $22.5^{\prime \prime}-23^{\prime \prime}$ |

## YOUTH

| Size | 2XS | XS | S | M | L | XL |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| RELAXED WAISt | 9 9' | 9.5 " | 10" | 11" | 12" | 13" |
| INSEAM | 5" | 6" | 7" | 8" | $9 "$ | 10" |

ADULT

| Size | $\mathbf{S}$ | $\mathbf{M}$ | $\mathbf{L}$ | $\mathbf{X L}$ | $2 X L$ | 3XL |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| RELAXED WAIST | $12.5^{\prime \prime}$ | $13.5^{\prime \prime}$ | $14.5^{\prime \prime}$ | $15.5^{\prime \prime}$ | $16.5^{\prime \prime}$ | $17.5^{\prime \prime}$ |
| INSEAM | $7 \prime$ | $7 \prime$ | $7^{\prime \prime}$ | $7 \prime$ | $7^{\prime \prime}$ | $7 \prime \prime$ |

## hollo nilla


[^0]:    *Listed below are body measurements that correspond to sizes in each of our different
    size ranges. If the measurements fall in more than one size range column, depending on the style of the garments, order the largest measurement. Unisex garments are made from male sizing. All measurements are given in inches.

