Cafe Mía
EDGECLIFF

Menu

## Breakkast

All eggs used are free range

## Breakfast Mia

Two eggs, bacon, beef chipolata sausage, grilled tomato, portobello mushroom, hash brown and one sourdough toast

## Mediterranean breakfast

Two eggs, haloumi, grilled tomato, portobello mushroom, baby spinach and one sourdough toast

Corn fritters
With poached egg, smashed avocado and homemade beetroot relish

Ocean St.
One sourdough toast topped with smashed avocado, smoked salmon, asparagus, two poached eggs and homemade tomato relish

## Eggs Benedict

Two poached eggs on an English muffin with our homemade hollandaise sauce
Ham .. 20
Salmon 22

Add spinach
Breakfast stack19

One sourdough toast topped with fresh tomato, bacon, poached egg and sliced avocado with a side of homemade tomato relish

Egg and toast
8.5

One egg served with one sourdough toastEgg and bacon roll11On Turkish bread with your choice of sauce
Brekky burger15
Egg, bacon, hash brown, swiss cheese andbbq sauce on a damper bun
Mia breakfast wrap ..... 15Scrambled eggs, bacon, avocado andhomemade tomato relish in a warm tortillawrap
Lite breakfast ..... 15One egg, beef chipolata sausage or bacon,grilled tomato and one sourdough toast
Lite start ..... 14
Two slices of toasted sourdough served withfresh ricotta and semi-sun-dried tomatoes
OMELETTES
(served with one slice of sourdough toast)
Classic omelette ..... 18
Double smoked ham and tasty cheese
Greek omelette ..... 18
Fetta, baby spinach and tomatoSalmon and chive omelette21Smoked salmon and chives with a side ofhomemade chilli jam
Vegetarian omelette ..... 21Grilled mushroom, eggplant, mini romatomato, baby spinach and bocconciniSpanish omelette21Chorizo, grilled onion, kipfler potato, miniroma tomato and oregano



American style crepes


Bircher muesli


Warm Belgian chocolate crepes

## American style crepes

19Crispy bacon, scrambled eggs and Canadian maple syrup

## French toast

18
Two slices of French toast with grilled banana, fresh strawberries, Canadian maple syrup, cinnamon and icing sugar
Add bacon ..... 4
Toast ..... 8Two slices of toasted sourdough, soylinseed, white, rye, turkish or walnut raisintoast served with your choice of condiments
Toasted sandwiches
Ham, cheese and tomato ..... 10
Cheese and tomato ..... 9
Chicken and cheese ..... 10
Spinach and ricotta ..... 12
Just cheese ..... 8

## Extras

Egg, grilled tomato, mushroom, baby spinach, baked beans
Beef chipolata sausages, bacon, chorizo, haloumi, fetta, avocado, Hash brown4
Smoked salmon ..... 5Porridge13 sml / 15 reg

With fresh berries, banana, nuts, dried fig, honey and cinnamon

Sonoma muesli
Sonoma honey spice muesli served with Greek style yoghurt, berries, apple, honey and cinnamon

PLEASE TAKE NOTE OF YOUR TABLE NUMBER AND PAY AT THE REGISTER ON YOUR WAY OUT. THANK YOU.
Bircher muesli18
With poached pear, rhubarb compote, date sauce and fresh mintSeasonal fruit and yoghurt15Greek style yoghurt topped with seasonalfruit, walnuts, honey and cinnamon
Raw organic acai bowl ..... 17Blended with banana, topped with sonomagranola, coconut, fresh fruit, nuts and chiaseeds
Sweet things (Wide selection on display) Warm scones with jam and cream ..... 8.5
Toasted croissant with butter and jam ..... 8.5
Toasted banana bread ..... 8.5
Gourmet muffins ..... 8.5
HOMEMADE CREPESVanilla sugár and fresh lemon13
Warm Belgian chocolate (milk or dark), roasted hazelnuts and ice cream ..... 17
Grilled banana, shredded coconut, maple syrup and ice cream ..... 17
Fresh berries, berry coulis and ice cream ..... 17
American style- crispy bacon, scrambled eggs and Canadian maple syrup ..... 19



Chicken parmigiana

## From the Grill

## Greek lamb souvlaki

Marinated lamb tenderloin served with homemade tzatziki, chips, rocket and fetta salad and pita bread

Chicken parmigiana
Panko crumbed chicken breast topped with grilled eggplant, napoletana sauce and melted mozzarella cheese served with chips and salad

Grilled chicken breast 21
Grilled chicken breast, green beans, cherry tomato and kipfler potato

## Wagyu beef burger

 22Gruyere infused Wagyu beef, homemade tomato relish, grilled onion, beetroot, tomato and lettuce on a damper roll
Add bacon
Grilled chicken burger
(Schnitzel add \$2)
Grilled chicken breast, tasty cheese, lettuce and mayonnaise on a damper roll
Optional- Portugese chilli sauce
Chicken schnitzel sandwich
Panko crumbed chicken breast schnitzel, mayonnaise, avocado, cheese, lettuce and tomato on fresh sourdough

Classic steak sandwich
Tender scotch fillet steak, in house beetroot relish, grilled onion, tomato and rocket on toasted Turkish

[^0]Steak sandwich Mia
24
'Tender scotch fillet steak, in house beetroot relish, grilled onion, swiss cheese, bacon and rocket on toasted Turkish

Cafe Mia's BLT
Crispy bacon, tomato, lettuce, avocado and whole egg mayonnaise on sourdough

## Club sandwich

Roasted chicken, crispy bacon, tomato, avocado, mayonnaise and lettuce on white bread

## Mezze plate for 1 <br> 22

Mezze platter for 2 ..... 33

Grilled haloumi, saganaki, proscuitto wrapped asparagus, chorizo, pickles, olives, semi sun-dried tomato, roasted capsicum, taramasalata and hommus, served with lightly toasted pita bread

## Deluxe mezze platter ( $2-3$ people) 42

 Includes everything on the mezze platter as well as lamb tenderloin and grilled chicken breast

## Gourmet Sandwiches

## Fresh or toasted on sourdough bread served with salad or chips

Rhodes . 16
Norwegian smoked salmon, cream cheese, baby cos lettuce and capers

Rueben 16
Corned beef, sauerkraut, Swiss cheese, Russian dressing on rye bread

Deluxe
Turkey breast, brie cheese, cucumber, baby cos lettuce, avocado and cranberry saüce

## Sirena

Sirena tuna, roma tomato, baby cos lettuce, sweet corn and lemon dill mayonnaise

## Melts

Made on Turkish bread, served with salad or chips

1 slice 14 / 2 slices 19

Ham, cheese and tomato
Ham, cheese and pineapple
Chicken, cheese and avocado
Grilled mushroom and cheese
Asparagus, cheese and sundried tomato Tuna mix and cheese

[^1]
## Mia's smoked chicken

16
Smoked chicken, shredded crispy sweet potato rosti, rocket and tangy mayonnaise

## New York

Rare roast beef, marinated mushroom, roasted capsicum, bocconcini cheese, baby spinach and seeded mustard

## Vegetarian Luiza

Grilled sweet potato, pumpkin and eggplant, roasted capsicum, semi sundried tomato, marinated mushroom, spinach and corn relish


## Salads

## Haloumi salad

Mixed lettuce, grilled haloumi, grilled tomato, asparagus, sweet potato rosti, pinenuts and sweet balsamic dressing Add roast chicken or avocado

Greek salad
Baby cos lettuce, cherry tomato, cucumber, Spanish onion, red capsicum, fetta, olives, vinegar and olive oil

Chicken schnitzel salad
Panko crumbed chicken breast schnitzel, mixed lettuce, cucumber, carrot, mini roma tomato and spanish onion topped with avocado, sesame seeds and a sweet chilli balsamic dressing

## Salad Mia

Roasted chicken breast, fresh pear, rocket, walnuts, ricotta cheese and sweet balsamic dressing
Smoked salmon salad 20
'Norwegian smoked salmon, baby cos lettuce, cucumber, mini roma tomato, snow peas, brie, capers and a lemon olive oil dressing
Chicken Caesar salad 19
Roasted chicken breast, crispy bacon, baby cos lettuce and grana padano cheese topped with a poached egg and sourdough croutons

## Nicoise salad

Sirena tuna, mixed lettuce, cucumber, mini roma tomato, green beans, olives, corn kernels and kidney beans topped with a poached egg, and balsamic dressing

Mediterranean lámb salad 21 Junee valley lamb tenderloin (medium rare), rocket, mini roma tomato, chick peas, roasted pumpkin, roasted capsicum, fetta, lemon zest and a lemon olive oil dressing

# Sides 

Beer battered chips
$8 \mathrm{sml} / 12$ reg
With your choice of sauce
Potato wedges
$9 \mathrm{sml} / 13$ reg
With sweet chilli and sour cream
Sweet potato chips
$9 \mathrm{sml} / 13 \mathrm{reg}$ With roasted garlic aioli

# Beverages 

Affogato7Vanilla ice cream with a double shot ofespresso topped with chocolate flakes
Iced coffee ..... 8.5
Fresh double shot espresso coffee, blendedwith vanilla ice cream, syrup and ice, toppedwith whipped cream and chocolate flakes
Iced chocolate or iced mocha ..... 8.5
Made with real Belgian chocolate, blendedwith vanilla ice cream and ice, topped withwhipped cream and chocolate flakes
Iced latte ..... 6.5
Double shot espresso, ice and milk
Iced long black ..... 6
Double shot espresso, ice and water
Real fruit smoothies ..... 10Banana, mixed berry or mangoMade with real fruit, ice, light milk and greekyoghurt
Green super smoothie ..... 11
Banana, blueberry, spinach, chia seedsgreek yoghurt, coconut water and ice
Brekky buster smoothie11
Banana, berries, oats, almonds, greekyogurt, honey, lite milk
Acai smoothie11Raw organic acai, banana, berries, almonds,greek yogurt, coconut water
Freezocino8.5Coffee brulee latte, Taro ormatcha green tea
Fruit frappes ..... 8.5
Mixed berry, fresh fruit or mango
Milkshakes $\quad 5.5$ kids / 7 reg
Vanilla, chocolate, strawberry, caramel
Thickshake +3
Malt +1

## Freshly squeezed juice

7 sml / 8.5 Irg
Choice of orange, apple, carrot, pineapple, celery and ginger
Iced tea ..... 6.5Home brewed green tea with peach, mango,lychee, passionfruit or fresh lemon
Bottled still water ..... 3.5
Sparkling mineral water on tap ..... 3.5
Sparkling mineral water ( 750 ml ) ..... 6.5
Coconut water ..... 4.5
Schweppes Lemonade ..... 5
Coke/Diet/No sugar ..... 5
Bundaberg - lemon lime and bitters/ginger beer/passionfruit

[^2]
## Beverages

Coffee<br>4.8 reg / 5.5 Irg<br>Cappuccino, latte, flat white,long black, piccolo, macchiato

Short black, ristretto
4.2

Hot chocolate/Mocha (Real Belgian chocolate, milk or dark)

Chai (dirty +50 c ) /
Taro/Matcha latte
4.8 sml / 5.5 Irg

Babycino
Extras
Add 0.5

- Soy/almond/lactose free/oat/macamilk (70c with a large size), extra shot, decaf, single origin coffee

Flavours (hazelnut, vanilla or caramel)

## Loose leaf tea

by Organic tea project Sydney $\quad 5.5$ English breakfast, Earl grey, Sticky Chai (\$6), Darjeeling, Green, Minted, Ayurvedic
(Chamomile), Apres meal (Lemongrass)

## Afternoon Special:

## COFFEE \& CAKE

## Any cake or pastry and regular coffee

*Monday - Friday after 3pm / *Saturday - Sunday after 2pm

Add extra 1.0 for regular mocha or hot chocolate / Add extra 0.8 to upsize to large


[^0]:    All burgers, sandwiches and melts are served with chips or salad. If you would like both or wedges/sweet potato wedges add $\$ 2$.

[^1]:    All burgers, sandwiches and melts are served with chips or salad. If you would like both or wedges/sweet potato chips add \$2.

[^2]:    Green super smoothie

