

# DO'S AND DON'T'S HAIR EXTENSIONS



## DO



### YOU MUST

Wash your hair with specialized extension shampoo and conditioner



### YOU MUST

Brush your hair several times a day to prevent tangling



### YOU MUST

Only apply conditioner and styling products from the mid-length down, avoiding the bonds



### YOU MUST

Apply a heat protective serum to your hair before using any heat tools



### YOU MUST

If possible, sleep with a silk pillow to help fight frizz

## DON'T



### YOU MUST NOT

Wash your hair or excessively sweat for 1 to 2 days after application to ensure the bonds stay strong



### YOU MUST NOT

Colour or dye your hair as this will damage your hair extensions



### YOU MUST NOT

Sleep with wet hair, try sleeping with a loose braid or ponytail



### YOU MUST NOT

Use any hydrating shampoos, use moisturizing, intensive therapy shampoos instead



### YOU MUST NOT

Frequently swim in chlorinated water as this will fade your hair extensions

[www.HAIRXTENSIONS.CO.UK](http://www.HAIRXTENSIONS.CO.UK)

[www.HAIRXTENSIONSDIRECT.CO.UK](http://www.HAIRXTENSIONSDIRECT.CO.UK)