

Allied Medical Set-Up Guide

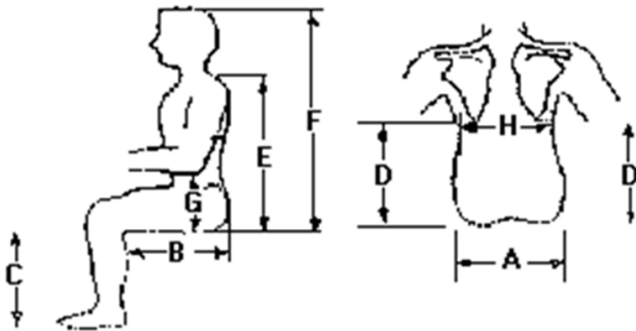
Varilite Reflex Cushion

Tools required:

- Tape measure
- Paper & Pen
- Script or Brochure.
- Instruction manual



1. Required measurements for set up



Letter	Body Part	Required (Y/N)
A	Hip	Y
B	Thigh (Right)	Y
B	Thigh (Left)	Y
C	Right Leg	N
C	Left Leg	N
D	Right back height (below scapula)	N
D	Left back height (below scapula)	N
E	Shoulder to seat	N
F	Top of head to seat	N
G	Right elbow to seat	N
G	Left elbow to seat	N
H	Back width (below scapula)	N



**ALLIED
MEDICAL**
LIMITED

The measurements required here are best taken when the client is in a seated position.

Seat Width

- This is the measurement we refer to first in any wheelchair or wheelchair cushion measurement e.g. in the case of a 14" x 16", the 14" would be the seat width.
- The measurement is very easily obtained - simply take a flat measurement across someone's hips i.e. don't wrap the tape measure around their hips and allow another centimetre or two per side to allow for different clothing to be worn and that will provide the width measurement you need.

Seat Depth

- This is also super-simple to obtain and is the measurement we refer to as the second number in any wheelchair or wheelchair cushion measurement e.g. in the case of a 14" x 16", the 16" would be the seat depth.
- To obtain the seat depth measurement we want to take a measurement from the back of someone's rear to the back of someone's knee joint when they're in a seated position. Subtract a couple of centimetres from this measurement and you'll have the seat depth covered.

2. Available adjustments and options

This cushion can be paired with a rigidiser board to counter the effects of sling seating.

3. Tips & Tricks

- Position the cushion at the front of the seatpan or sling.
- As the cushion has different foam stiffnesses designed to create the best stability and positioning, it is important to ensure you have the cushion facing the correct way. This cushion is conveniently and clearly labelled with a marker reading "Front" on the front side of the cushion.
- This cushion self inflates when the user is not on it, this means that there is no additional maintenance required.

3. Checklist

What to check	Done
Check cushion will fit on seatpan or sling on wheelchair	
Ensure cushion is positioned at the front of the seatpan or sling	



**ALLIED
MEDICAL**
LIMITED