

OC Integrative Medicine

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Red Yeast Rice

*Organic red yeast rice to support healthy blood lipid metabolism**



This product contains 1.2 grams of organic red yeast rice per serving derived from U.S. grown *Monascus purpureus*, a yeast that contains several compounds collectively known as monacolins. Research shows that monacolins may support overall cardiovascular health.*

Outstanding Quality

The red yeast rice in this product is USDA certified organic and non-GMO and is grown in the U.S. Our manufacturer takes great care to assay our red yeast rice to assure that there are undetectable levels of a common fungal contaminant known as citrinin, as well as substantial levels of naturally-occurring monacolin compounds.

Further Considerations

Do not use if you are pregnant, may become pregnant, or are breastfeeding. Red Yeast Rice may reduce levels of CoQ10 so we recommend supplementing with 300 mg of COQ 10 daily while on Red Yeast Rice.

Recommended Use

Take two capsules per day in the evening, preferably before bed, or as directed by your health care practitioner.

Benefits*

- Helps lower LDL cholesterol
- Helps support healthy metabolic processes
- Potentially curbs the growth of certain microbes that over time may naturally become present in the cardiovascular system
- Supports a healthy inflammatory response and protects against the damage caused by oxidative stress, thereby supporting arterial health

To contact OC Integrative Medicine, Please visit us on the web at www.oc-integrative-medicine.com.

Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.