

You're Invited!

BLAZE
GYMNASTICS



It's a ninja birthday party for

Date: _____

Time: _____

**Blaze Launchpad
7687 Frontage Road, Suite 4
Cicero, NY 13039**

Please RSVP: _____



WAIVER AND RELEASE

I hereby enter into the following agreement with Blaze Gymnastics of Syracuse, LLC as well as its members, officers, employees, agents, and representatives, as a condition of receiving and using with Blaze Gymnastics of Syracuse, LLC any gymnastics and/or ninja classes. 1. I acknowledge and fully understand that with Blaze Gymnastics of Syracuse, LLC will endeavor to provide the most effective principles to help achieve my child's fitness, performance, and personal goals, but that with Blaze Gymnastics of Syracuse, LLC cannot guarantee that any services, products, programs, methods, workouts, recommendations, or routines will be safe, effective or suitable for everyone. All such products and services, programs, techniques, recommendations, and materials embodied in such products and services are offered without warranties or guarantees of any kind, express or implied, including, but not limited to, warranties of safety or fitness for any particular purpose. Further, I hereby waive, release, and discharge, on behalf of my minor child, with Blaze Gymnastics of Syracuse, LLC and all of their members, officers, employees, agents, and representatives from any and all liability from death, injuries or damages arising from, or in any way connected with, use of its services, products, programs, methods, workouts, recommendations, facility, or routines, including any death, injuries or damages resulting from the negligent recommendations, acts, or omissions of with Blaze Gymnastics of Syracuse, LLC, no matter where those injuries occur. 2. I acknowledge and fully understand that any fitness or exercise activities, and the use of training and fitness equipment and machinery, involve risks of serious injury, permanent disability, or death, even if done correctly and with the utmost attention to safety. These risks include, but are not limited to, fainting; broken bones; strained or torn muscles; torn or strained ligaments, tendons, and other connective tissues; herniated discs and other spinal injuries; cardiovascular or cerebrovascular events, including heart attack or stroke; conditions related to overexertion, including heat stroke/exhaustion or rhabdomyolysis; or damage to the nervous system, including irreversible damage to the brain or spinal cord. I further acknowledge and fully understand that my child's participation in any fitness or exercise activities could aggravate a pre-existing condition, whether known or unknown, and that there may be other risks associated with my child's participation in fitness or exercise activities that are not known or not reasonably foreseeable at this time. I hereby acknowledge and accept the foregoing risks and dangers. Further, I hereby waive, release, and discharge, on behalf of my minor child, with Blaze Gymnastics of Syracuse, LLC from any and all liability from death, injuries or damages arising from, or in any way connected with, with Blaze Gymnastics of Syracuse, LLC fitness and performance programming services; with Blaze Gymnastics of Syracuse, LLC instruction, programming, advice or recommendations; spotting recommendations, the use of any exercises, routines, equipment or machinery, whether or not they were recommended by with Blaze Gymnastics of Syracuse, LLC; or my child's engagement in any fitness or exercise activities, including any death, injuries or damages resulting from the negligent recommendations, acts, or omissions of with Blaze Gymnastics of Syracuse, LLC, no matter where those injuries occur. 3. I acknowledge and understand that with Blaze Gymnastics of Syracuse, LLC and all of their members, officers, employees, agents, and representatives are not licensed dietitians or physicians, and do not hold themselves out to possess professional expertise in dietetics or medical matters.

CHILD NAME _____

DATE _____

PARENT NAME (PRINT) _____

PARENT SIGNATURE _____