



DrClarkStore.com

Self Health Resource Center

LEADER IN PURITY | Established by Dr. Clark's Family in 1993

The Original SHRC SyncroZap™ Frequency Generator

Model A11



SYNCROZAP™ FREQUENCY GENERATOR

Items Included:

1. SyncroZap™ Frequency Generator Model A11
2. Pair (2) of wristbands or copper tubes
3. Pair (2) of coiled cords
4. Three AAA batteries (1.5V each - installed)

Accessories Available for Purchase:

1. Plate Zapping Box - Parallel
2. Portable Zap Plate
3. Disposable Electrodes (4 per pack)
4. Conductive Bands, 1 7/8" wide, 40" or 56" long
5. Conductive Slippers (pair) – one size fits most
6. Homeography Bottle Copy Kit
7. Super Zappicator Plate



COPPER TUBES

OR



WRISTBANDS



COILED CORDS

Call Toll FREE: 866-DR-CLARK (372-5275)

www.DrClarkStore.com

Chula Vista, CA 91911

FUNCTIONS

NOTE: All modes feature a guaranteed square 10V output and ¼ (0.25) V positive offset above zero line.

Body Zap Auto

The classic mode. Follows this timetable: 7 min. on, 20 min. idle, 7 min. on, 20 min. idle, 7 min. on, off. Frequency alternates between 30 and 33 kHz every 30 seconds. You'll hear a short beep at each on/idle period change, and one long beep at the end of the cycle.

Body Plate Zap – 20 min.

Single 20 minute zap and automatic shut off. Frequency alternates between 30 and 33 kHz every 30 seconds. You'll hear one long beep before shut off.

Body Plate Zap – Continuous

Continuous zapping for up to 120 minutes. Frequency alternates between 30 and 33 kHz every 30 seconds. You'll hear a short beep every 20 minutes, and one long beep before shut off.

Body Plate Zap – Continuous with 1 min. breaks

Follows this continuous timetable: 20 min. on, 1 min. idle, 20 min. on, 1 min. idle, etc. for up to 126 minutes. Frequency alternates between 30 and 33 kHz every 30 seconds. You'll hear a short beep at each on/idle period change, and one long beep at the end of the cycle.

Bottle Copy

Single 27 second zap and automatic shut off. Pre-programmed frequency of 700 Hz. This was Dr. Clark's preferred bottle copy frequency – although not stated in her books. You'll hear one long beep before shut off.

Zappicator Continuous

Continuous zapping with Zappicator box for up to 5 hours. Pre-programmed frequency of 1 kHz. You'll hear three short beeps every 10 minutes, and one long beep before shut off. **Note:** Only insert the Zappicator's red lead into the red port on the zapper. Nothing is to be connected to the black port on the zapper. **Warning: Do not use Zappicator Continuous mode for body zapping. Zapping in this mode while the wristbands are connected to your body may result in a slight electric current.**

PREPARING FOR A SESSION

For Body Zapping

You can connect the **SyncroZap™** device in the following ways: connect the coiled cords to the wristbands, copper tubes, connective bands, disposable electrodes, or conductive slippers. Both coiled cords need to be connected to a conductor (copper tube, wristband, etc.) in order to work. **Do not select Zappicator Continuous mode for body zapping.**

First Time Use

You may see red tape sticking out of the battery compartment. The Zapper cannot be used until you pull this tape out.

Wristbands

To get the best possible connectivity, use the wristbands on the forearm or lower calf for more skin contact. Wet the conductive side with tap water (do not use deionized water). Connect wristbands to the coiled cords by

snapping into place. Attach wristbands with the conductive side on bare skin. Secure firmly to ensure good contact but not too firmly that blood circulation is interrupted. A tight connection is not better.

The greater area of skin in contact with the conductor, the more effective the zapping session. Therefore, when using the wristbands we recommend you strap them around your forearms. Alternatively you can strap them around the lower parts of your calves. You can also vary the connection points; i.e., right arm and left calf, or left arm and right calf.

Let wristbands dry completely before storing.

Copper Tubes

Copper tubes were Dr. Clark's preferred connection to the Zapper. The benefit of using the copper tubes is maximum conductivity and minimum possibility of skin irritation. Wet a single layer of white paper towel with tap water (do not use deionized water). Wrap a separate piece of paper towel around each copper tube.

Conductive Bands

The benefit of using the conductive body bands is greater area of connectivity. Wet the yellow side with tap water (do not use deionized water). Connect the conductive band to one coiled cord by snapping into place. Attach band to the body with the yellow side on bare skin. Secure firmly to ensure good contact but not too firmly that blood circulation is interrupted. A tight connection is not better.

The conductive band attaches to one coiled cord. Attach the remaining free coiled cord to one wristband (on arm or lower calf), one copper tube (in palm of hand or under bare foot), or one disposable electrode (attach to body where you like). Let band dry completely before storing.

Disposable Electrodes

The benefit of using the disposable electrodes is precise placement and hassle free conductivity. For maximum adhesion and to reduce skin irritation, wash the designated area of skin with soap and water, and dry thoroughly, in order to remove any oil or debris from the skin.

For safety reasons, avoid placing the electrodes on the face, on the front of the neck, on wounds or open skin, the genitals, or the rectum.

Conductive Slippers

The benefit of using the conductive slippers is hands free and hassle free operation. Wet the yellow side with tap water (do not use deionized water). Connect conductive slippers to the coiled cords by snapping into place. Rest the conductive slippers on a flat surface, yellow side facing up. Slide one bare foot into each slipper. You can remain seated or standing, or you can walk around your home while zapping. If you want to go outside while zapping, we recommend you get oversize clogs, like Crocs, to wear over the conductive slippers. Let slippers dry completely before storing.

MAINTENANCE

- Remove batteries for long term storage of the device.
- Clean device casing with a soft cloth. Avoid getting liquid inside the device.
- Clean wristbands, conductive bands and conductive slippers with water and natural soap. Rinse with running water. Store only when completely dry. It is recommended that each user should have his/her own set of conductors for hygienic purposes.
- Wipe copper tubes dry after each use. Store only when completely dry.

SAFETY PRECAUTIONS

- Keep all leads (wires) away from children.
- Zapping should be absolutely painless. If you experience any pain or discomfort please make sure you do not have the "Zappicator Continuous" selected. This is for use with Zappicator box only – not body zapping.
- If you experience "Zapper burns" – a tingly and sometimes stinging sensation - from using the wrist bands switch to using copper tubes or other conductors. The palms of the hands and bottoms of the feet are the best places to apply the current to minimize skin irritations. Always make sure your skin is free from oils, creams, and dirt (wash with soap) and that your conductors are sufficiently wet with tap water.
- Never connect Zapper into electrical outlets – directly or indirectly.

TROUBLE SHOOTING

- When in use, make sure the coiled cords are firmly pushed into the ports at all times to maintain a good connection.

- **If the Zapper keeps beeping and Low Battery light is NOT on:** The unit

indicates that there is no contact.

Make sure the conductors are wet (except disposable electrodes) and well connected to the body. If that does not solve the problem, the coiled cords may be broken. To check, short circuit the cords with the conductors disconnected, or short circuit using the copper tubes (see pictures). If beeping stops, the coiled cords are OK. If the beeping continues, the coiled cords need to be replaced.



- **If the Zapper keeps beeping and Low Battery light is on:** The unit indicates low battery. Replace the batteries.
- **If the Zapper does not turn on at all:** Batteries are completely depleted. Replace the batteries.

WARNINGS

This device shall NOT be used by people with pace-makers.

This device shall NOT be used by people with bone prosthesis.

This device shall NOT be used on infants and pregnant women.

This device shall NOT be used simultaneously with other frequency generators.

This device shall NOT be used near radio transmitters.

Never insert connectors or other parts of the device into an electrical wall outlet.

Do not alter the device so it can be plugged into an electrical wall outlet.

Use only specific accessories approved by maker.

Do not use unauthorized wristbands with this device.

Avoid water, and all other fluids, and extraneous things from getting into the device casing. Never put conductors over burns, wounds, or open skin lesions.

Keep device away from children. Zap children only under adult supervision.

SyncroZap™ is not a medical device and cannot be advocated for use for any medical purposes.

This device is for entertainment and research purposes only.

Designed in Germany. Made in Europe. Manufactured for Self Health Resource Center, Ltd. (UK).