

# DR. CLARK STORE®

LEADER IN PURITY

Established by Dr. Clark's Family in 1993



## Quick Kidney Cleanse

Optional directions based on the protocols of Dr. Hulda Clark.

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### Cleanse Directions

Always take capsules on an empty stomach at least 13 minutes before a meal, or as directed by a healthcare professional.

DAY 1	1 capsule 3 times a day
DAY 2-13	3 capsules 3 times a day

After your initial cleanse, consider a seasonal kidney cleanse.

To optimize Dr. Hulda Clark's complete Quick Cleanse protocol, do all four cleanses in this order:

- 1 Quick Digestive Aid
- 2 Quick ParaZap Cleanse
- 3 Quick Kidney Cleanse
- 4 Quick Liver Cleanse

In 2008, Dr. Clark was asked to formulate cleanses that could be taken more conveniently. The Quick Cleanses are what she came up with. The Quick Kidney Cleanse is a readymade blend of natural ingredients traditionally used to nourish and cleanse the kidneys.\*

The Quick Kidney Cleanse is an alternative to the original Dr. Clark Kidney Cleanse. However, keep in mind that the original cleanse is more thorough and more potent.

**Usage Warning:** Consult with a healthcare professional before starting this cleanse if you are taking any medication or if you have a medical condition. This product is not recommended for individuals who are pregnant, nursing, or under age 18. If any severe reactions occur, stop taking this product and consult with a healthcare professional.

Company does not adopt any Dr. Clark Claims.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.