

Barre

- 1 F01: Pliés
- 2 F02: Battements tendus & Battements glissés
- 3 F03: Ronds de jambe à terre and battements fondus
- 4 F04: Battements frappés
- 5 F05: Exercise for ronds de jambe en l'air with ports de bras
- 6 F06: Adage
- 7 F07: Grands battements and battements en cloche
- 8 F08: Demi-pointe enchaînement

Centre

- 9 F09: 1st port de bras
- 10 F10: 2nd port de bras
- 11 F11: Exercise for temps lié
- 12– F12: Pirouettes en dehors: solo version - continuous
- 13 version
- 14 F13: Pirouettes en dedans
- 15 F14: Adage study
- 16– F15: Soubresauts and échappés sautés to 4th position –
- 17 Solo version – continuous version
- 18 F16: Pas de bourrées
- 19 F17: Petit allegro
- 20 F18: Waltz enchaînement
Petit allegro
- 21 F19: Dance - Classical (3/4)
- 22 F20: Dance - Classical (6/8)
- 23 F21: Classical révérence

Free Movement

- 24 F22: Exercise for upper back
- 25–26 F23: Exercise for elevation and use of space: solo
version – continuous version
- 27 F24: Dance - Free Movement

Character Pieces

- 28 F25: Polonaise
- 29 F26: Polish mazurka and pas marché
- 30 F27: Krakowiak
- 31 F28: Character dance: Polish mazurka
- 32 F29: Character révérence

MUSIC NOTES

The music for Grade 6 is taken principally from two ballets: *Raymonda* (1898) by **Alexander Glazunov** (1865-1936), and *La Source* (1886), with music for acts 2 and 3 by [Léo Delibes \(1836–1891\)](#) and for acts 1 & 4 by [Léon Minkus \(1826-1917\)](#).

The following tracks are from *Raymonda*:

- 1 F01: Pliés: Act II Scene III: Hymne
- 2 F02: Battements tendus and battements glissés: Act II Scene 2: Variation 4
- 4 F04: Battements frappés: Act III: Grand pas Hongrois, Variation II
- 7 F07: Grands battements and battements en cloche: Act II: Grand pas Espagnol
- 8 F08: Demi-pointe enchaînement: Act III: Grand

6 GRADE SIX Track Listing

- pas Hongrois, Variation II
- 9 F09: 1st Port de bras: Act I Scene VI: Scène mimique
- 16-17 F15: Soubresauts and échappés sautés to 4th position: Act II, Entrée des jongleurs
- 20 F18: Waltz enchaînement: Act Scene VI, Grand Valse
- 22 F20: Dance: Act I, Scene 8: Variation II
- 24 F22: Exercise for Upper Back: Act I, Scene 8, Variation III
- 25-26 F23: Exercise for elevation and use of space: Act II, Danse des Garçons Arabes
- 27 F24: Dance: Free Movement: Act II, scene 2, Variation II

The following tracks are from Delibes' music for *La Source*:

- 3 F03: Ronds de jambe à terre and battements fondus: Act II No. 22: Mazurka
- 5 F05: Exercise for ronds de jambe en l'air with ports de bras: Act II No. 16: Scène
- 10 F10: 2nd port de bras: Act II No. 21, Scène et pas d'action
- 11 F11: Exercise for temps lié: Act III No. 26: Romance
- 12-13 F12: Pirouettes en dehors: Act II No. 18, Divertissement A: Pas de Voiles
- 15 F14: Adage study: Act II No. 18 Divertissement B: Andante

- 18 F16: Pas de bourrées: Act II No. 17, Scène: Arrivée de Nouredda
- 19 F17: Petit allegro: Act II No. 18,
- 23 F21: Classical révérence: Act II No. 16, Scène

The following tracks are from Minkus's music for *La Source*:

- 6 F06: Adage, Act I No. 8: Scène Dansée (Apparition de Naïla, la Fée de la Source)
- 14 F13: Pirouettes en dedans: Act I No. 6: Pas de la Guzla
- 21 F19: Dance: classical (3/4 time Act I, No. 9: Valse signature)

The music for Grade 6 Character is taken from a variety of sources with Polish influences or origins as follows:

- 28 F25: Polonaise: Rossini (1792-1868) *The Barber of Seville* (1816), Act II, No. 20: Finale
- 29 F26: Polish mazurka and pas marché: Frédéric Chopin (1810-1849), Mazurka Op. 68 No. 3 (1829)
- 30 F27: Krakowiak: Trad. Polish
- 31 F28: Character dance: Polish Mazurka. Franz Xaver Scharwenka (1850-1924), *Polish National Dance* Op. 3 No.3 in G major.
- 32 F29: Character révérence: Carolyn Parker