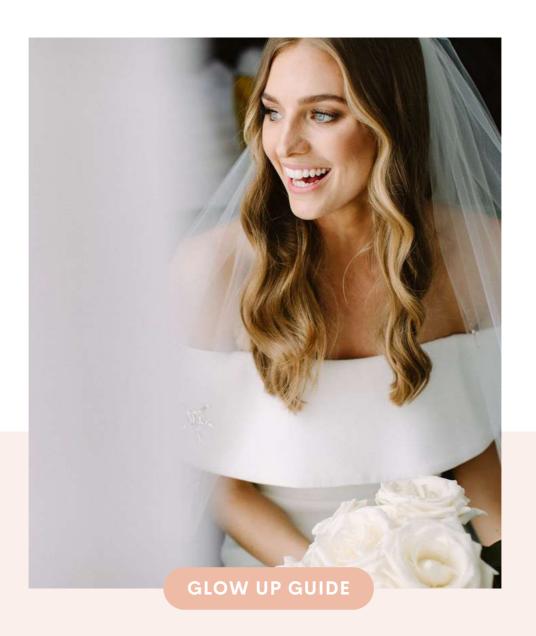


Glow Up Guide

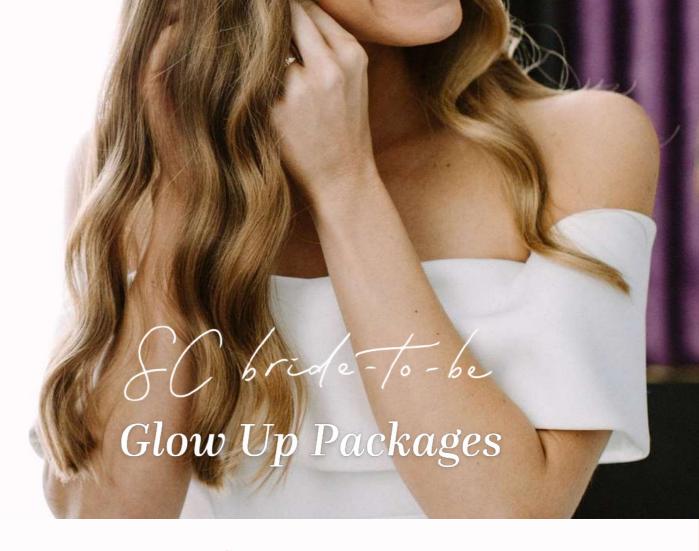
Want to know the secret to a stressfree wedding day? Getting your best accessory (aka your skin) looking clear, smooth and glowy AF!

KEEP READING



Getting married is kind of a big deal, so it's only natural you'll want to be rocking the best skin of your life as you sashay down that aisle. And if anyone can help take the stress out of your skin prep and get your complexion looking spectacular, it's us!

Whether you have months up your sleeve until the big day arrives or need an emergency skin glow-up the week before, we've got just the right package to get your complexion wedding day ready.



choose from

Skin in 1 month Skin in 3 months Skin in 6 months

BESPOKE YOUR GLOW

All packages include a customised treatment plan with all the (wedding) bells and whistles. Which of course, involves an initial Skinscope assessment, treatment plan and home care review by our medically-trained team or skin experts.

WANT 15% OFF YOUR TREATMENTS?

Brides-to-be who book and pay for treatments* up front will receive a sneaky 15% off discount. How good!

*Minimum of 4 treatments. Excludes injectables.



The treatment plan below will help you achieve your glowy skin goals and can be tailored to your needs, of course!

TREATMENT PLAN





TREATMENT PLAN

+ treatment [options below]

Review Home care

1x Bespoke MediPeel + Healite II LED

2x Healite II LED

1x HydraGlow+ Healite II LED + Collagen Facial

1x Age Element Facial

10% off injectables [optional]

1x Societe Peptide Sheet Mask (for the night before)

skinvestment



Ok now we're talking. We can do some real skin magic in 3 months to get your skin wedding day ready! Trust us, in 3 months your skincare game will be strong AF! With a combination of rejuvenating treatments and skin peels, expect that glow in no time at all!

TREATMENT PLAN

Initial skinscope assessment + treatment

Review Home care

1x PRP [Full Face]

1x Bespoke MediPeel + Healite II LED

2x Nano Fractional Resurfacing [full face]

1x Age Element Facial

1x HvdroGlow + Healite II LED + Collagen Facial

1x Complimentary Injectables Consult [optional] 10% off

injectables [optional]

1x Societe Peptide Sheet Mask (for the night before)





For the bride-to-be who is ready to go boujee for her big day! Ok, so it's not that boujee, but this package includes everything you need to get your skin glowy AF over 6 months. We're talking, ultimate skin transformation with dramatic skinprovements to your complexion.

What bride isn't up for that?

Plus, when you purchase the 'Skin in 6 months' package, you will save a total of \$590 all up!

TREATMENT PLAN

Initial skinscope assessment + treatment [options below]
Review Home care

3x Tribella [IPL, Skin Tightening & Nano Fractional RF]
2x Healite II LED

1x Bespoke Medipeel + Healite II LED

1x HydraGlow + Healite II LED + Collagen Facial
1x Age Element Facial

1x Complimentary Injectables Consult [optional] 10% off
injectables [optional]

1x Societe Peptide Sheet Mask (for the night before)



Bespoke Your Own

If none of our 'skin in' packages feel like quite the right fit, we can also create a bespoke package and treatment plan for you. Book yourself in for a consultation and we can get chatting on the best plan of attack for your wedding day skin!

Book and pay for treatments up front and receive 15% off
(minimum of 4 treatments)
+ 10% off injectables [optional]

optional add-ons

(10% DISCOUNT)



IV THERAPY





asper

ASPECT FRUIT ENZYME MASK



[treat your bridesmaids the night before]



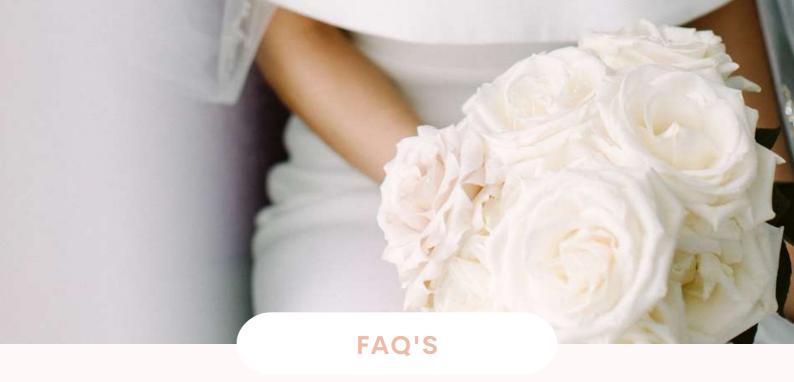


from our & Chrides

Is it too late to clear my acne or pesky pigmentation before my wedding?

For more complex and stubborn skin concerns like these, we do recommend you start on your treatment plan more in advance. Preferably 3 to 6 months prior to allow your skin enough time to correct and renew.

Step 1 is to book in to see us for an initial skin consultation so we can see what we are working with and customise a sustainable skin plan for you to suit your timeline and budget. We got you, boo!



What are the most popular treatments for brides?

How about we just list our faves for you. Not only are they popular with our brides, but they come highly recommended by us too!

Healite II LED Therapy

LED enhances your body's natural cellular recovery, to improve healing, reduce fine lines & wrinkle, reduce active acne and promote collagen and elastin induction. In other words, get yourself under the magic of LED light because it basically does it all.

Bio Remodelling

This is a revolutionary treatment that boosts hydration from beneath the skin for a rejuvenated complexion and luminous skin. Ultra-pure hyaluronic acid is injected into 10 different points of the face (5 on each side), which stimulates collagen and elastin, to tighten, lift and rehydrate from within. Although an injectable, Bio Remodelling doesn't add volume the same way dermal filler does, but still works wonders for anti-ageing by remodelling ageing and sagging tissue. This creates an almost 'airbrushed' appearance to your skin!

Bio remodelling injections are minimally invasive and require very little downtime, so its a fab treatment to have prior to an event. You may have small pricks at the injection site, so it is best to avoid wearing makeup for 24 hours to allow your skin to breathe.

Blueberry Peel

Fabulous as a skin 'pick-me-up' right before an event - aka the biggest event of your life, the potent antioxidants in this peel will brighten your skin and clear congestion! Part L-lactic acid exfoliant, part manual scrub, this treatment will soften rough, uneven skin for a balanced complexion and dramatically smoother texture.



HydraGlow Facial

It's all in the name! The HydraGlow Facial extracts impurities, blackheads and dirt, while resurfacing your skin, for skin that is squeaky clean, radiant and bright. For an extra dose of glow we can add Skin Tightening in the same treatment.

PRP Vampire Facial

We know it sounds (and can even look scary if you google it) but PRP is induces collagen production which makes it amazeballs for improving skin texture, plumpness and tightening your skin. It's not a week before game-day kinda treatment but it is a doozy and we'll make sure it fits into your prewedding timely perfectly!

Venus Tribella

This triple threat treatment combines 3 of our favourite skin resurfacing/tightening treatments (IPL, Diamond Polar and NanoFrac RF) together for the ultimate rejuvenation. Tribella enhances skin tone, elasticity, scars and skin texture rapidly and effectively.

Anti-wrinkle Injections

We know how stressful organising a wedding can be, so if a few extra tension lines have formed in the lead up to your walk down the aisle, at least you know there is a treatment to target that. Wrinkle relaxers (which are quick and painless might well add), can be used to treat and prevent unwanted fine lines and wrinkles for a more youthful complexion. Typically anti-wrinkle injections for frown lines, forehead and crows feet are most popular for brides.

We simply recommend, if you are new to wrinkle relaxer, that you try this treatment a minimum 3 months before your special day, to make sure you like the results.



How do I make sure my makeup is on point for my wedding day?

The first step to flawless makeup application is a good base. Aka healthy, texture-free skin. Which is exactly why we recommend you start on your skin journey in advance - not a week out from the day you slip into your white dress. Our recommended bride-to-be skin journey timeline is 3-6 months, to allow your course of peels, facials and treatments to do their thing! Our Bride-to-be 'Skin in' and bespoke packages are designed to get your skin game-day ready with plenty of time. Because great skin takes time, not a miracle.

The night before your wedding, we also encourage you to do a Societe Peptide Sheet Mask to calm and hydrate your skin and allow for flawless makeup application the next day.

love, fara and the & C team